

Post-COVID Syndrome: The Current State Online CME Course

Activity Description

Post-COVID Syndrome: The Current State is a multidisciplinary online CME course designed to build and enhance your knowledge of persistent symptoms that happen in up to 1/3 of patients after infection and recovery from COVID-19. Experts from the Mayo Clinic provide clinically relevant pearls for clinicians in Internal Medicine, Family Medicine, and other primary care-related specialties. If you are looking to broaden your skills to understand and help manage these patients, this is the course for you.

Target Audience

This course is designed for physicians, nurse practitioners, physician assistants, nurses and other allied health professionals who may find the course beneficial.

Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Define Post COVID Syndrome
- Distinguish post COVID symptoms from syndrome
- Discuss indicated evaluation after recovery from COVID-19

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statements

AMA

Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 6.00 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Healthcare Professionals

A record of attendance will be provided to all registrants for requesting credits in accordance with state nursing boards, specialty societies or other professional associations.

Disclosure Summary

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of

pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

Listed below are individuals with control of the content of this program who have disclosed...

Relevant financial relationship(s) with industry:

None

No relevant financial relationship(s) with industry:

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References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:

Erin K. O'Brien, M.D.	Generic	Budesonide
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For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: <https://ce.mayo.edu/content/disclosures>.

Disclaimer

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity.

Method of Participation

Participation in this activity consists of reviewing the educational material, completing the learner assessment and evaluation.

How to Obtain Credit

To obtain credit, learner must complete the assessment with a pass rate of 80% or higher.

Release and Expiration Dates

Release Date:	July 8, 2021
Expiration Date:	July 7, 2024

Faculty and Course Director Listing and Credentials

Mayo Clinic Course Directors

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Bibliographic Resources

Carfi A, Bernabei R, Landi F. Persistent Symptoms in Patients After Acute COVID-19. *Jama*. 2020;324:603–605.

6-month consequences of COVID-19 in patients discharged from hospital: a cohort study, *The Lancet*, Volume 397, Issue 10270

Post-discharge persistent symptoms and health-related quality of life after hospitalization for COVID-19, *Journal of Infection*, Volume 81, Issue 6, 2020, Pages e4-e6

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