<table>
<thead>
<tr>
<th>Run Time</th>
<th>Part One</th>
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| 21:46    | What is Post COVID-19 Syndrome?  
Michael R. Mueller, M.D. |
| 28:19    | COVID-19 Activity Rehabilitation  
Greg Vanichkachorn, M.D., M.P.H. |
| 23:55    | Discussing Central Sensitization with your Patients  
Elizabeth C. Wight, M.D. |
| 20:59    | Management of Sleep Disturbance/Sleep Hygiene  
Bhanu Kolla, M.D. |
| 28:29    | Cognitive Behavioral Therapy for Chronic Pain Syndromes  
Wesley P. Gilliam, Ph.D., L.P. |
| 16:04    | Physical Therapy for Post Exertional Malaise  
Mike P. Trenary, P.T., D.P.T. |
| Part Two |          |
| 20:19    | “Brain Fog”: Managing Cognitive Inefficiencies  
Karen E. Blackmon, Ph.D. |
| 21:37    | Persistent Anosmia After COVID-19  
Erin K. O’Brien, M.D. |
| 19:23    | Long-term Pulmonary Complications After COVID-19  
Eva M. Carmona Porquera, M.D., Ph.D. |
| 20:40    | Long-term Cardiac Complications After COVID-19  
Katie A. Young, M.D. |
| 20:56    | Long-term Neurologic Complications After COVID-19  
Michel Toledano, M.D. |
| 32:42    | Psychiatric Sequelae from COVID-19 and Post COVID Syndrome  
Craig N. Sawchuk, Ph.D., L.P. |
| 28:32    | Persistent Thromboembolic Disease After COVID-19  
Rayya A. Saadiq, D.O. |