



4th Annual
Mayo Clinic Sports Medicine Summit:
Care for the Athlete
Livestream
Program Schedule

Thursday, February 11, 2021

** Published times are Mountain Standard Time*

2:30 p.m.	Webinar Log-In
3:00 p.m.	Welcome and Introductions Matthew B. Anastasi, M.D., C.A.Q.S.M. and Anikar Chhabra, M.D., M.S.
Session I: COVID and Primary Care Sports Medicine Moderator: Matthew B. Anastasi, M.D., C.A.Q.S.M.	
3:10 p.m.	COVID Update: A Year Later M. Teresa Seville, M.D.
3:35 p.m.	COVID Vaccines M. Teresa Seville, M.D.
4:00 p.m.	Cardiac Testing Recommendations in COVID Positive Patients Jay W. Schneider, M.D., Ph.D.
4:25 p.m.	Cardiac Complications in COVID Positive Athletes Jay W. Schneider, M.D., Ph.D.
4:50 p.m.	Pulmonary Complications in COVID Positive Athletes Laszlo T. Vaszar, M.D.
5:15 p.m.	Roundtable Discussion and Q & A Faculty
6:00 p.m.	Adjourn

Friday, February 12, 2021

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7:30 a.m. **Webinar Log-In**

8:00 a.m. **Opening Comments and Announcements**
Matthew B. Anastasi, M.D., C.A.Q.S.M. and Anikar Chhabra, M.D., M.S.

Session II: The Athletic Hip

Moderator: Anikar Chhabra, M.D., M.S.

8:10 a.m. **Physical Exam of the Hip in the Athlete**
Kostas J. Economopoulos, M.D.

8:30 a.m. **Soft Tissue Injuries in the Athletic Hip**
Matthew M. Crowe, M.D.

8:50 a.m. **Femoroacetabular Hip Impingement: Diagnosis and Treatment**
Kostas J. Economopoulos, M.D.

9:10 a.m. **Rehabbing the Athletic Hip**
Catie Y. Ramos, P.T., D.P.T.

9:30 a.m. **Hip Radiology Pearls and Cases**
Jonathan A. Flug, M.D.

9:50 a.m. **Hip Ultrasound Demonstration**
Nirvikar Dahiya, M.D.

10:10 a.m. **Roundtable Discussion and Q & A**
Faculty

10:30 a.m. **Break**

Session III: Knee Update

Moderator: Matthew B. Anastasi, M.D., C.A.Q.S.M.

10:50 a.m. **Physical Exam of the Knee**
George Pujalte, M.D.

11:10 a.m. **Patellar Instability**
JT (John M.) Tokish, M.D.

11:30 a.m. **Meniscal Updates Including Root Tears**
Aaron J. Krych, M.D.

11:50 a.m. **Approach to Cartilaginous Lesions**
Anikar Chhabra, M.D., M.S.

12:10 p.m. **Current ACL Controversies**
Bruce A. Levy, M.D.

12:30 p.m. **ACL Rehab and Progression**
Amanda E. Pipkin, P.T., D.P.T., S.C.S.

Friday, February 12, 2021 *(continued)*

12:50 p.m. **Knee Radiology Pearls and Cases**
Jeremiah R. Long, M.D.

1:10 p.m. **Knee Ultrasound Demonstration**
Bryan K. Ganter, M.D.

1:30 p.m. **Roundtable Discussion and Q & A**
Faculty

1:50 p.m. **Break**

Session IV: Athletic Foot and Ankle Injuries

Moderator: Anikar Chhabra, M.D., M.S.

2:20 p.m. **Physical Exam of the Foot and Ankle**
Matthew B. Anastasi, M.D., C.A.Q.S.M.

2:40 p.m. **Diagnosis and Treatment of Acute Ankle Sprains**
Steven K. Poon, M.D., C.A.Q.S.M.

3:00 p.m. **Ankle Impingement Syndromes**
Chad A. Asplund, M.D.

3:20 p.m. **Ankle Fracture Pearls: Conservative Versus Surgical**
Karan A. Patel, M.D.

3:40 p.m. **Cartilage Lesions of the Ankle**
Karan A. Patel, M.D.

4:00 p.m. **Achilles Tendinopathy/Tear Update**
Karan A. Patel, M.D.

4:20 p.m. **Achilles/Ankle Sprain Therapy Updates**
Jedediah E. Lee, P.T., D.P.T., S.C.S.

4:40 p.m. **Foot/Ankle Radiology Pearls and Cases**
Jonathan A. Flug, M.D.

5:00 p.m. **Foot/Ankle Ultrasound Demonstration**
Arthur J. (Jason) De Luigi, D.O., M.H.A.

5:20 p.m. **Roundtable Discussion and Q & A**
Faculty

5:50 p.m. **Closing Comments, Evaluation and Adjourn**
Matthew B. Anastasi, M.D., C.A.Q.S.M. and Anikar Chhabra, M.D., M.S.