23rd Annual Mayo Clinic Internal Medicine Update:  
Sedona  
October 14-17, 2021  

Program Schedule

Thursday, October 14, 2021

6:30 a.m.  Registration & Continental Breakfast
7:20 a.m.  Welcome & Introductions

MODERATOR:  Charles J. Manak, M.D.

7:30 a.m.  Contraception: Contrasts, Contraindications, Contraptions, and Prevention of Contractions  
Paru S. David, M.D.

8:00 a.m.  The Problematic Prostate: Non-Cancer Prostate Problems  
Scott M. Cheney, M.D.

8:30 a.m.  Bioethics in Medicine: Cases to Consider  
Ellen C. Meltzer, M.D., M.S.

9:00 a.m.  Q & A

9:45 a.m.  Break

10:15 a.m.  Wound Management for Outpatient Practice  
Candy L. Boyes, R.N., RN-BC, C.W.O.C.N.  
and Jessica C. Morris, M.S.N., R.N., C.W.O.C.N.

10:45 a.m.  Chronic Kidney Disease Management in Primary Care  
Mira T. Keddis, M.D.

11:15 a.m.  Diabetes – Medication Update (Sglt2/Glp1)  
Bithika M. Thompson, M.D.

11:45 a.m.  Diabetes – Rationale Strategies for Insulin Management (Case Based)  
Bithika M. Thompson, M.D.

12:15 p.m.  Q & A

1:15 p.m.  Adjourn
# Program Schedule

**Friday, October 15, 2021**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>7:00 a.m.</td>
<td>Continental Breakfast</td>
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<td>7:25 a.m.</td>
<td>Announcements</td>
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<td><strong>MODERATOR:</strong></td>
<td>Charles J. Manak, M.D.</td>
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<tr>
<td>7:30 a.m.</td>
<td><strong>Office Based Quality Improvement: Prioritizing Advance Care Planning During a Pandemic - Practical Tips for Primary Care</strong> Adebisi (Bisi) Alli, D.O., M.S.</td>
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<td>8:00 a.m.</td>
<td><strong>How to Manage Women at High Risk for Breast Cancer</strong> Sandhya Pruthi, M.D.</td>
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<td>8:30 a.m.</td>
<td><strong>Screening for Nutritional Deficiencies</strong> Lori R. Roust, M.D. and Sherry M. Tarleton, RDN</td>
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<td>9:00 a.m.</td>
<td>Q &amp; A</td>
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<td>Break</td>
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<td>10:15 a.m.</td>
<td><strong>Peripheral Arterial Disease – Surgical Management Options</strong> Victor J. Davila, M.D.</td>
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<td>10:45 a.m.</td>
<td><strong>A Daily Risk: Diagnostic Errors. Bias and Behaviors in Clinical Practice and Impact on Patient Safety</strong> Neera Agrwal, M.D., Ph.D.</td>
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<td>11:15 a.m.</td>
<td><strong>Therapeutic Use of CBD: What Does the Evidence Show?</strong> Harn J. Shiue, Pharm.D.</td>
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<td>11:45 a.m.</td>
<td><strong>Recognition and Management of Non-Myeloma Plasma Cell Dyscrasias for PCP’s</strong> Jeremy T. Larsen, M.D.</td>
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<td>12:15 p.m.</td>
<td>Q &amp; A</td>
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<td>1:15 p.m.</td>
<td>Adjourn</td>
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Program Schedule

Saturday, October 16, 2021

7:00 a.m.        Continental Breakfast
7:25 a.m.        Announcements

MODERATOR:        Charles J. Manak, M.D.

7:30 a.m.        Transitions of Care: Adolescent to Adult – Cases to Consider
                 Kellie K. Kruger, M.D.

8:00 a.m.        Managing Pain: Medication and Non-Medication Modalities
                 Min Yoo, M.D.

8:30 a.m.        Amyloidosis: Hope is Here
                 Julie L. Rosenthal, M.D.

9:00 a.m.        Q & A

9:45 a.m.        Break

10:15 a.m.       How to Manage Your Patients on Bio Modulators: A Primer for The
                 Primary Provider (IBD)
                 Shabana F. Pasha, M.D.

10:45 a.m.       Pulmonary Update
                 Richard A. Helmers, M.D.

11:15 a.m.       Algorithms for Management of Atrial Fibrillation
                 Dan Sorajja, M.D.

11:45 a.m.       Occupational Lung Disease: Recognition, Evaluation and Management
                 Natalya Azadeh, M.D., M.P.H.

12:15 p.m.       Q & A

1:15 p.m.        Adjourn
# Program Schedule

**Sunday, October 17, 2021**

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<thead>
<tr>
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<tr>
<td>6:15 a.m.</td>
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<td>6:45 a.m.</td>
<td>Announcements</td>
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<td><strong>MODERATOR:</strong></td>
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| 7:00 a.m.| **Evaluation and Management of Chronic Liver Disease**  
Hugo E. Vargas, M.D. |
| 7:30 a.m.| **HIV For the Primary Care Physician**  
Neil M. Ampel, M.D. |
| 8:00 a.m.| **Acute Stroke Management for Primary Care**  
Kara A. Sands, M.D. |
| 8:30 a.m.| Q & A                                                               |
| 9:05 a.m.| Break                                                              |
| 9:25 a.m.| **Guideline Based Management of Transgender Patients (Wpath, Endocrine Society)**  
Juliana (Jewel) M. Kling, M.D., M.P.H. |
| 9:55 a.m.| **Tips for Caregivers of Patients with Dementia: Preventing Caregiver Fatigue**  
Amit A. Shah, M.D. |
| 10:25 a.m.| **Osteoporosis: A Focus on Treatments**  
Sydney A. Westphal, M.D. |
| 10:55 a.m.| Q & A                                                               |
| 11:35 a.m.| Adjourn                                                            |