Thank you for understanding our return to in-person attendance requirements.

- Proof of COVID-19 vaccination AND attest to a negative COVID-19 test within 72 hours of attendance.
- Face Masks are to be worn during the course.
- Meeting Rooms open 15 minutes before the daily announcements
  - Meeting Room Locations: (resort map at front desk)
    - First Floor:
      - Canyon Ballroom (location of presenters)
      - Dry Creek Canyon*
      - Oak Creek Canyon*
    - Lower Level - North Parking Lot (follow the blue and white signs, outside main lobby and down the stairs)
      - Tequa Conference Center*
      - Please note that the Tequa Conference Center is not being used on Sunday. All rooms on the first floor will be available.

* Presentation is offered via Zoom

Social Distancing:
- Food and Beverage:
  - Cannot be taken into the meeting rooms.
  - To go boxes are offered for breakfast. Enjoy your breakfast in:
    - Your guestroom
    - Canyon Patio
    - Lobby Sitting Lounge

Polling During the Conference Using Turning Point
We recommend that you download the Turning Point app on your device (phone or computer) prior to the conference. Turning Point will be used for audience polling only.

The Turning Point App looks like this:

![Turning Point App Icon]

The Turning Point Session ID is: jlb2
23rd Annual Mayo Clinic Internal Medicine Update: Sedona
October 28-31, 2021

Program

Thursday, October 28, 2021

6:00 a.m.  Registration & Continental Breakfast (new start time noted)

7:20 a.m.  Welcome & Introductions
(Turning Point application will be used.)

MODERATOR:  Juliana M. (Jewel) Kling, M.D., M.P.H.

7:30 a.m.  Amyloidosis: Hope is Here
Julie L. Rosenthal, M.D.

8:00 a.m.  Transitions of Care: Adolescent to Adult – Cases to Consider
Kellie K. Kruger, M.D.

8:30 a.m.  Osteoporosis: A Focus on Treatments
Sydney A. Westphal, M.D.

9:00 a.m.  Q & A

9:45 a.m.  Break

10:15 a.m.  Managing Pain: Medication and Non-Medication Modalities
Min Yoo, M.D.
(Turning Point to be used)

10:45 a.m.  Algorithms for Management of Atrial Fibrillation
Dan Soraja, M.D.

11:15 a.m.  Tips for Caregivers of Patients with Dementia:
Preventing Caregiver Fatigue
Amit A. Shah, M.D.

11:45 a.m.  Evaluation and Management of Chronic Liver Disease
Hugo E. Vargas, M.D.

12:15 p.m.  Q & A

1:15 p.m.  Adjourn
Program Schedule

Friday, October 29, 2021

6:30 a.m.  Continental Breakfast *(new start time noted)*

7:25 a.m.  Announcements
*(Turning Point application will be used today.)*

**MODERATOR:**  Juliana M. (Jewel) Kling, M.D., M.P.H.

7:30 a.m.  Office Based Quality Improvement: Prioritizing Advance Care Planning During a Pandemic - Practical Tips for Primary Care
Adebisi (Bisi) Alli, D.O., M.S.

8:00 a.m.  Occupational Lung Disease: Recognition, Evaluation and Management
Natalya Azadeh, M.D., M.P.H.

8:30 a.m.  Peripheral Arterial Disease – Surgical Management Options
Victor J. Davila, M.D.

9:00 a.m.  Q & A

9:45 a.m.  Break

10:15 a.m.  Contraception: Contrasts, Contraindications, Contraptions, and Prevention of Contractions
Paru S. David, M.D.

10:45 a.m.  Acute Stroke Management for Primary Care
Kara A. Sands, M.D.
*(Turning Point to be used)*

11:15 a.m.  How to Manage Women at High Risk for Breast Cancer
Lauren F. Cornell, M.D.
*(Turning Point to be used)*

11:45 a.m.  Bioethics in Medicine: Cases to Consider
Ellen C. Meltzer, M.D., M.S.
*(Turning Point to be used)*

12:15 p.m.  Q & A

1:15 p.m.  Adjourn
Program Schedule

Saturday, October 30, 2021

6:30 a.m.  Continental Breakfast *(new start time noted)*

7:25 a.m.  Announcements  
*(Turning Point application will be used today.)*

MODERATOR:  Juliana M. (Jewel) Kling, M.D., M.P.H.

7:30 a.m.  Chronic Kidney Disease Management in Primary Care  
Mira T. Keddis, M.D.  
*(Turning Point to be used)*

8:00 a.m.  Therapeutic Use of CBD: What Does the Evidence Show?  
Harn J. Shiue, Pharm. D.

8:30 a.m.  Recognition and Management of Non-Myeloma Plasma Cell Dyscrasias for PCP’s  
Jeremy T. Larsen, M.D.

9:00 a.m.  Q & A

9:45 a.m.  Break

10:15 a.m.  How to Manage Your Patients on Bio Modulators: A Primer for The Primary Provider (IBD)  
Talha A. Malik, M.D.  
*(Turning Point to be used)*

10:45 a.m.  The Problematic Prostate: Non- Cancer Prostate Problems  
Scott M. Cheney, M.D.

11:15 a.m.  Guideline Based Management of Transgender Patients (Wpath, Endocrine Society)  
Juliana M. (Jewel) Kling, M.D., M.P.H.  
*(Turning Point to be used)*

11:45 a.m.  Screening for Nutritional Deficiencies  
Lori R. Roust, M.D. and Sherry Tarleton, RDN

12:15 p.m.  Q & A

1:15 p.m.  Adjourn
## Program Schedule

### Sunday, October 31, 2021

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:00 a.m.</td>
<td>Continental Breakfast <em>(new start time noted)</em></td>
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<tr>
<td>6:45 a.m.</td>
<td>Announcements <em>(Turning Point application will be used today.)</em></td>
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<tr>
<td>MODERATOR:</td>
<td>Juliana M. (Jewel) Kling, M.D., M.P.H.</td>
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<td>7:00 a.m.</td>
<td>Diabetes – Medication Update <em>(Sglt2/Glp1)</em> Bithika M. Thompson, M.D.</td>
<td><em>(Turning Point to be used)</em></td>
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<tr>
<td>7:30 a.m.</td>
<td>Diabetes – Rationale Strategies for Insulin Management <em>(Case Based)</em></td>
<td><em>(Turning Point to be used)</em></td>
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<td>8:00 a.m.</td>
<td>A Daily Risk: Diagnostic Errors. Bias and Behaviors in Clinical Practice and Impact on Patient Safety Neera Agrwal, M.D., Ph.D.</td>
<td><em>(Turning Point to be used)</em></td>
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<td>8:30 a.m.</td>
<td>Q &amp; A</td>
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<td>9:05 a.m.</td>
<td>Break</td>
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<td>9:25 a.m.</td>
<td>HIV For the Primary Care Physician Neil Ampel, M.D.</td>
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<tr>
<td>9:55 a.m.</td>
<td>Pulmonary Update Richard A. Helmers, M.D.</td>
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<tr>
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<td>Q &amp; A</td>
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<tr>
<td>11:35 a.m.</td>
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