

23rd Annual Mayo Clinic Internal Medicine Update: Sedona October 28-31, 2021

We are in this together!

Thank you for understanding our return to in-person attendance requirements.

- *Proof of COVID-19 vaccination AND attest to a negative COVID-19 test within 72 hours of attendance.*
- *Face Masks are to be worn during the course.*
- *Meeting Rooms open 15 minutes before the daily announcements*
 - *Meeting Room Locations: (resort map at front desk)*
 - *First Floor:*
 - *Canyon Ballroom (location of presenters)*
 - *Dry Creek Canyon**
 - *Oak Creek Canyon**
 - *Lower Level - North Parking Lot (follow the blue and white signs, outside main lobby and down the stairs)*
 - *Tequa Conference Center**
 - *Please note that the Tequa Conference Center is not being used on Sunday. All rooms on the first floor will be available.*

** Presentation is offered via Zoom*

Social Distancing:

- *Food and Beverage:*
 - *Cannot be taken into the meeting rooms.*
 - *To go boxes are offered for breakfast. Enjoy your breakfast in:*
 - *Your guestroom*
 - *Canyon Patio*
 - *Lobby Sitting Lounge*

[Polling During the Conference Using Turning Point](#)

We recommend that you download the Turning Point app on your device (phone or computer) prior to the conference. Turning Point will be used for audience polling only.

The Turning Point App looks like this:



The Turning Point Session ID is: **jlb2**

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Program

Thursday, October 28, 2021

6:00 a.m.	Registration & Continental Breakfast <i>(new start time noted)</i>
7:20 a.m.	Welcome & Introductions (Turning Point application will be used.)
MODERATOR:	Juliana M. (Jewel) Kling, M.D., M.P.H.
7:30 a.m.	Amyloidosis: Hope is Here Julie L. Rosenthal, M.D.
8:00 a.m.	Transitions of Care: Adolescent to Adult – Cases to Consider Kellie K. Kruger, M.D.
8:30 a.m.	Osteoporosis: A Focus on Treatments Sydney A. Westphal, M.D.
9:00 a.m.	Q & A
9:45 a.m.	Break
10:15 a.m.	Managing Pain: Medication and Non-Medication Modalities Min Yoo, M.D. (Turning Point to be used)
10:45 a.m.	Algorithms for Management of Atrial Fibrillation Dan Sorajja, M.D.
11:15 a.m.	Tips for Caregivers of Patients with Dementia: Preventing Caregiver Fatigue Amit A. Shah, M.D.
11:45 a.m.	Evaluation and Management of Chronic Liver Disease Hugo E. Vargas, M.D.
12:15 p.m.	Q & A
1:15 p.m.	Adjourn

Program Schedule

Friday, October 29, 2021

- 6:30 a.m. **Continental Breakfast** *(new start time noted)*
- 7:25 a.m. **Announcements**
(Turning Point application will be used today.)
- MODERATOR:** Juliana M. (Jewel) Kling, M.D., M.P.H.
- 7:30 a.m. **Office Based Quality Improvement: Prioritizing Advance Care Planning During a Pandemic - Practical Tips for Primary Care**
Adebisi (Bisi) Alli, D.O., M.S.
- 8:00 a.m. **Occupational Lung Disease: Recognition, Evaluation and Management**
Natalya Azadeh, M.D., M.P.H.
- 8:30 a.m. **Peripheral Arterial Disease – Surgical Management Options**
Victor J. Davila, M.D.
- 9:00 a.m. **Q & A**
- 9:45 a.m. **Break**
- 10:15 a.m. **Contraception: Contrasts, Contraindications, Contraptions, and Prevention of Contractions**
Paru S. David, M.D.
- 10:45 a.m. **Acute Stroke Management for Primary Care**
Kara A. Sands, M.D.
(Turning Point to be used)
- 11:15 a.m. **How to Manage Women at High Risk for Breast Cancer**
Lauren F. Cornell, M.D.
(Turning Point to be used)
- 11:45 a.m. **Bioethics in Medicine: Cases to Consider**
Ellen C. Meltzer, M.D., M.S.
(Turning Point to be used)
- 12:15 p.m. **Q & A**
- 1:15 p.m. **Adjourn**

Program Schedule

Saturday, October 30, 2021

- 6:30 a.m. **Continental Breakfast** *(new start time noted)*
- 7:25 a.m. **Announcements**
(Turning Point application will be used today.)
- MODERATOR:** Juliana M. (Jewel) Kling, M.D., M.P.H.
- 7:30 a.m. **Chronic Kidney Disease Management in Primary Care**
Mira T. Keddis, M.D.
(Turning Point to be used)
- 8:00 a.m. **Therapeutic Use of CBD: What Does the Evidence Show?**
Harn J. Shiue, Pharm. D.
- 8:30 a.m. **Recognition and Management of Non-Myeloma Plasma Cell Dyscrasias
for PCP's**
Jeremy T. Larsen, M.D.
- 9:00 a.m. **Q & A**
- 9:45 a.m. **Break**
- 10:15 a.m. **How to Manage Your Patients on Bio Modulators: A Primer for The
Primary Provider (IBD)**
Talha A. Malik, M.D.
(Turning Point to be used)
- 10:45 a.m. **The Problematic Prostate: Non- Cancer Prostate Problems**
Scott M. Cheney, M.D.
- 11:15 a.m. **Guideline Based Management of Transgender Patients (Wpath,
Endocrine Society)**
Juliana M. (Jewel) Kling, M.D., M.P.H.
(Turning Point to be used)
- 11:45 a.m. **Screening for Nutritional Deficiencies**
Lori R. Roust, M.D. and Sherry Tarleton, RDN
- 12:15 p.m. **Q & A**
- 1:15 p.m. **Adjourn**

Program Schedule

Sunday, October 31, 2021

- 6:00 a.m. **Continental Breakfast** *(new start time noted)*
- 6:45 a.m. **Announcements**
(Turning Point application will be used today.)
- MODERATOR:** Juliana M. (Jewel) Kling, M.D., M.P.H.
- 7:00 a.m. **Diabetes – Medication Update (Sglt2/Glp1)**
Bithika M. Thompson, M.D.
(Turning Point to be used)
- 7:30 a.m. **Diabetes – Rationale Strategies for Insulin Management (Case Based)**
Bithika M. Thompson, M.D.
(Turning Point to be used)
- 8:00 a.m. **A Daily Risk: Diagnostic Errors. Bias and Behaviors in Clinical Practice and Impact on Patient Safety**
Neera Agrwal, M.D., Ph.D.
(Turning Point to be used)
- 8:30 a.m. **Q & A**
- 9:05 a.m. **Break**
- 9:25 a.m. **HIV For the Primary Care Physician**
Neil Ampel, M.D.
- 9:55 a.m. **Pulmonary Update**
Richard A. Helmers, M.D.
- 10:25 a.m. **Wound Management for Outpatient Practice**
Candy L. Boyes, R.N., RN-BC, C.W.O.C.N. and
Jessica C. Morris, M.S.N., R.N., C.W.O.C.N.
- 10:55 a.m. **Q & A**
- 11:35 a.m. **Adjourn**