

# 7<sup>th</sup> Annual Comprehensive Sports Medicine Update and Board Review Course

June 20-23, 2018

Program Schedule

## Wednesday, June 20, 2018

7:00 AM	Registration and Continental Breakfast
8:00 AM	Introduction <i>Jonathan Finnoff, D.O.</i>
8:10 AM	Nutrition <i>Amanda Gilles, R.D.</i>
8:30 AM	Exercise Physiology <i>Jonathan Finnoff, D.O.</i>
9:00 AM	Biomechanics <i>Aaron Hellem, D.P.T.</i>
9:20 AM	Pharmacology <i>Jeff Tanji, M.D.</i>
9:40 AM	Doping in Sports <i>Jeff Tanji, M.D.</i>
10:00 AM	Questions and Answers <i>Jonathan Finnoff, D.O., Amanda Gilles, R.D., Aaron Hellem, D.P.T.</i>
10:15 AM	Break
10:30 AM	Principles of Musculoskeletal Rehabilitation <i>Jacob Sellon, M.D.</i>
10:50 AM	Sports Medicine Procedures <i>Jonathan Finnoff, D.O.</i>
11:10 AM	Event Administration <i>Jacob Sellon, M.D.</i>
11:30 AM	Braces and Protective Equipment <i>Jonathan Finnoff, D.O.</i>
11:50 AM	Questions and Answers <i>Jonathan Finnoff, D.O., Jacob Sellon, M.D.</i>
12:00 PM	Lunch

**Wednesday, June 20, 2018 – Continued**

1:00 PM	Pre-Participation Examination <i>Jeff Tanji, M.D.</i>
2:00 PM	Conditioning and Training Techniques <i>Jonathan Finnoff, D.O.</i>
2:20 PM	Exercise Screening, Testing and Prescription <i>Jeff Tanji, M.D.</i>
2:40 PM	Bone Injuries and Conditions <i>Ellie Jelsing, M.D.</i>
3:00 PM	Question and Answer <i>Jonathan Finnoff, D.O., Jeff Tanji, M.D. &amp; Ellie Jelsing, M.D.</i>
3:15 PM	Break
3:30 PM	Muscle and Tendon Injuries and Conditions <i>Jacob Sellon, M.D.</i>
3:50 PM	Cartilage and Joint Injuries and Conditions <i>Ellie Jelsing, M.D.</i>
4:10 PM	Role of the Team Physician <i>Nancy Cummings, M.D.</i>
4:30 PM	Fractures and Dislocation Management <i>Ellie Jelsing, M.D.</i>
4:50 PM	Question and Answer <i>Jacob Sellon, M.D., Ellie Jelsing, M.D., &amp; Nancy Cummings, M.D.</i>
5:00 PM	Adjourn

**Thursday, June 21, 2018**

7:00 AM	Registration and Continental Breakfast
8:00 AM	Exercise Associated Collapse <i>David Soma, M.D.</i>
8:30 AM	Shoulder Injuries and Conditions <i>Mederic Hall, M.D.</i>
9:20 AM	Elbow and Forearm Injuries and Conditions <i>David Soma, M.D.</i>
10:00 AM	Question and Answer <i>David Soma, M.D. &amp; Mederic Hall, M.D.</i>
10:10 AM	Break
10:20 AM	Wrist and Hand Injuries and Conditions <i>Mederic Hall, M.D.</i>
11:05 AM	Pediatric Musculoskeletal Injuries and Conditions <i>David Soma, M.D.</i>
11:50 AM	Question and Answer <i>Mederic Hall, M.D. &amp; David Soma, M.D.</i>
12:00 PM	Lunch
1:00 PM	Pelvis, Hip and Thigh Injuries and Conditions <i>Mederic Hall, M.D.</i>
1:45 PM	Knee Injuries and Conditions <i>Michael Stuart, M.D.</i>
2:45 PM	Question and Answer <i>Mederic Hall, M.D. &amp; Michael Stuart, M.D.</i>
3:00 PM	Break
3:15 PM	Eye Injuries and Conditions <i>Kristi Colbenson, M. D.</i>
3:45 PM	Leg, Ankle, and Foot Injuries and Conditions <i>Mederic Hall, M.D.</i>
4:35 PM	Head, Ears, Nose and Throat Injuries and Conditions <i>Kristi Colbenson, M. D.</i>
5:05 PM	Question and Answer <i>Mederic Hall, M.D., &amp; Kristi Colbenson, M. D.</i>
5:15 PM	Adjourn

**Friday, June 22, 2018**

7:00 AM	Registration and Continental Breakfast
7:30 AM	The Disabled Athlete <i>Cara Prideaux, M.D.</i>
8:00 AM	Sports Pulmonology <i>Chad Asplund, M.D.</i>
8:30 AM	Neurovascular Injuries of the Upper and Lower Extremities <i>Cara Prideaux, M.D.</i>
9:30 AM	Cervical Spine Injuries and Conditions <i>Edward Laskowski, M.D.</i>
10:00 AM	Question and Answer <i>Cara Prideaux, M.D., Edward Laskowski, M.D., &amp; Chad Asplund, M.D.</i>
10:15 AM	Break
10:30 AM	Sports Neurology <i>Chad Asplund, M.D.</i>
11:10 AM	Lumbar Spine Injuries and Conditions <i>Edward Laskowski, M.D.</i>
11:50 AM	Question and Answer <i>Chad Asplund, M.D &amp; Edward Laskowski, M.D.</i>
12:00 PM	Lunch
1:00 PM	Sports Cardiology <i>Irfan Asif, M.D.</i>
2:00 PM	Sports Dermatology <i>Chad Asplund, M.D.</i>
2:30 PM	Sports Gastroenterology <i>Irfan Asif, M.D.</i>
3:00 PM	Question and Answer <i>Chad Asplund, M.D. &amp; Irfan Asif, M.D.</i>
3:15 PM	Break
3:30 PM	Abdominal Injuries and Conditions <i>Irfan Asif, M.D.</i>
4:00 PM	Sports Nephrology and Urology <i>Chad Asplund, M.D.</i>

**Friday, June 22, 2018 – Continued**

4:30 PM	Thoracic Injuries and Conditions <i>Irfan Asif, M.D.</i>
5:00 PM	Sports Endocrinology <i>Chad Asplund, M.D.</i>
5:30 PM	Question and Answer <i>Chad Asplund, M.D. &amp; Irfan Asif, M.D.</i>
5:40 PM	Adjourn

**Saturday, June 23, 2018**

7:00 AM	Registration and Continental Breakfast
7:30 AM	Sports Infectious Disease <i>Francis O'Connor, M.D.</i>
8:00 AM	Sports Hematology <i>Amy Powell, M.D.</i>
8:30 AM	The Pediatric Athlete <i>Francis O'Connor, M.D.</i>
9:00 AM	Sports Obstetrics and Gynecology <i>Amy Powell, M.D.</i>
9:30 AM	Sports Psychology <i>Max Trenerry, Ph.D., LP</i>
10:00 AM	Question and Answer <i>Amy Powell, M.D., Francis O'Connor, M.D., &amp; Max Trenerry, Ph.D., LP</i>
10:15 AM	Break
10:30 AM	Sports Allergy and Immunology <i>Amy Powell, M.D.</i>
11:00 AM	Sports Rheumatology <i>Francis O'Connor, M.D.</i>
11:30 AM	The Geriatric Athlete <i>Amy Powell, M.D.</i>
12:00 PM	Question and Answer <i>Amy Powell, M.D. &amp; Francis O'Connor, M.D.</i>
12:10 PM	Lunch
1:00 PM	Environmental Illness <i>Francis O'Connor, M.D.</i>

**Saturday, June 23, 2018 – Continued**

2:00 PM	The Female Athlete <i>Amy Powell, M.D.</i>
2:45 PM	Question and Answer <i>Amy Powell, M.D. &amp; Francis O'Connor, M.D.</i>
3:00 PM	Closing Comments <i>Jonathan Finnoff, D.O.</i>
3:05 PM	Adjourn