

4th Annual Comprehensive Sports Medicine Update and Board Review Course

June 17-20, 2015
Program Schedule

Wednesday, June 17, 2015	
7:00 AM	Registration and Continental Breakfast
8:00 AM	Introduction <i>Jonathan Finnoff, D.O.</i>
8:10 AM	Role of the Team Physician <i>Diane Dahm, M.D.</i>
8:30 AM	Exercise Physiology <i>Jonathan Finnoff, D.O.</i>
9:00 AM	Biomechanics <i>Aaron Hellem, D.P.T.</i>
9:20 AM	Pharmacology <i>Jeff Tanji, M.D.</i>
9:40 AM	Doping in Sports <i>Jeff Tanji, M.D.</i>
10:00 AM	Questions and Answers
10:15 AM	Break
10:30 AM	Principles of Musculoskeletal Rehabilitation <i>Jacob Sellon, M.D.</i>
10:50 AM	Sports Medicine Procedures <i>Jonathan Finnoff, D.O.</i>
11:10 AM	Event Administration <i>Jacob Sellon, M.D.</i>
11:30 AM	Braces and Protective Equipment <i>Jonathan Finnoff, D.O.</i>
11:50 AM	Questions and Answers <i>Jacob Sellon, M.D. & Jonathan Finnoff, D.O.</i>
12:00 PM	Lunch

Wednesday, June 17, 2015 – Continued	
1:00 PM	Pre-Participation Examination <i>Jeff Tanji, M.D.</i>
2:00 PM	Conditioning and Training Techniques <i>Jonathan Finnoff, D.O.</i>
2:20 PM	Exercise Screening, Testing and Prescription <i>Jeff Tanji, M.D.</i>
2:40 PM	Bone Injuries and Conditions <i>Nancy Cummings, M.D.</i>
3:00 PM	Question and Answer <i>Jonathan Finnoff, D.O., Jeff Tanji, M.D. & Nancy Cummings, M.D.</i>
3:15 PM	Break
3:30 PM	Muscle and Tendon Injuries and Conditions <i>Jacob Sellon, M.D.</i>
3:50 PM	Cartilage and Joint Injuries and Conditions <i>Nancy Cummings, M.D.</i>
4:10 PM	Nutrition <i>Luke Corey, BAH, BScAHN, RD, LDN</i>
4:30 PM	Fractures and Dislocation Management <i>Nancy Cummings, M.D.</i>
4:50 PM	Question and Answer <i>Jacob Sellon, M.D., Nancy Cummings, M.D., & Luke Corey, BAH, BScAHN, RD, LDN</i>
5:00 PM	Adjourn
6:00 PM	Tour of Mayo Clinic Sports Medicine and the Minnesota Timberwolves/Lynx Practice Facility and Corporate Offices
Thursday, June 18, 2015	
7:00 AM	Registration and Continental Breakfast
8:00 AM	Exercise Associated Collapse <i>David Soma, M.D.</i>
8:30 AM	Shoulder Injuries and Conditions <i>Mederic Hall, M.D.</i>
9:20 AM	Elbow and Forearm Injuries and Conditions <i>Mark Morrey, M.D.</i>

Thursday, June 18, 2015 – Continued	
10:00 AM	Question and Answer <i>David Soma, M.D., Mederic Hall, M.D., & Mark Morrey, M.D.</i>
10:10 AM	Break
10:20 AM	Wrist and Hand Injuries and Conditions <i>Mederic Hall, M.D.</i>
11:05 AM	Pediatric Musculoskeletal Injuries and Conditions <i>David Soma, M.D.</i>
11:50 AM	Question and Answer <i>Mederic Hall, M.D. & David Soma, M.D.</i>
12:00 PM	Lunch
1:00 PM	Pelvis, Hip and Thigh Injuries and Conditions <i>Mederic Hall, M.D.</i>
1:45 PM	Knee Injuries and Conditions <i>Michael Stuart, M.D.</i>
2:45 PM	Question and Answer <i>Mederic Hall, M.D. & Michael Stuart, M.D.</i>
3:00 PM	Break
3:15 PM	Leg, Ankle and Foot Injuries and Conditions <i>Mederic Hall, M.D.</i>
4:05 PM	Eye Injuries and Conditions <i>Kristi Colbenson, M. D.</i>
4:35 PM	Sports Endocrinology <i>Chad Asplund, M.D.</i>
5:05 PM	Question and Answer <i>Mederic Hall, M.D., Chad Asplund, M.D., & Kristi Colbenson, M.D.</i>
5:15 PM	Adjourn
Friday, June 19, 2015	
7:00 AM	Registration and Continental Breakfast
7:30 AM	Thoracic Injuries and Conditions <i>Irfan Asif, M.D.</i>
8:00 AM	Neurovascular Injuries of the Upper and Lower Extremities <i>Cara Prideaux, M.D.</i>
9:00 AM	Sports Pulmonology <i>Chad Asplund, M.D.</i>

Friday, June 19, 2015 – Continued	
9:30 AM	Lumbar Spine Injuries and Conditions <i>Edward Laskowski, M.D.</i>
10:00 AM	Question and Answer <i>Irfan Asif, M.D., Cara Prideaux, M.D., Edward Laskowski, M.D., & Chad Asplund, M.D.</i>
10:15 AM	Break
10:30 AM	Sports Neurology <i>Chad Asplund, M.D.</i>
11:10 AM	Cervical Spine Injuries and Conditions <i>Edward Laskowski, M.D.</i>
11:50 AM	Question and Answer <i>Chad Asplund, M.D. & Edward Laskowski, M.D.</i>
12:00 PM	Lunch
1:00 PM	Sports Cardiology <i>Irfan Asif, M.D.</i>
2:00 PM	Sports Dermatology <i>Chad Asplund, M.D.</i>
2:30 PM	Sports Gastroenterology <i>Irfan Asif, M.D.</i>
3:00 PM	Question and Answer <i>Chad Asplund, M.D. & Irfan Asif, M.D.</i>
3:15 PM	Break
3:30 PM	Abdominal Injuries and Conditions <i>Irfan Asif, M.D.</i>
4:00 PM	Sports Nephrology and Urology <i>Chad Asplund, M.D.</i>
4:30 PM	The Disabled Athlete <i>Cara Prideaux, M.D.</i>
5:00 PM	Head, Ears, Nose and Throat Injuries and Conditions <i>Kristi Colbenson, M.D.</i>
5:30 PM	Question and Answer <i>Kristi Colbenson, M.D., Cara Prideaux, M.D., Chad Asplund, M.D. & Irfan Asif, M.D.</i>
5:40 PM	Adjourn

Saturday, June 20, 2015	
7:00 AM	Registration and Continental Breakfast
7:30 AM	Sports Infectious Disease <i>Francis O'Connor, M.D.</i>
8:00 AM	Sports Hematology <i>Amy Powell, M.D.</i>
8:30 AM	The Pediatric Athlete <i>Francis O'Connor, M.D.</i>
9:00 AM	Sports Obstetrics and Gynecology <i>Amy Powell, M.D.</i>
9:30 AM	Sports Psychology <i>Aynsley Smith, Ph.D.</i>
10:00 AM	Question and Answer <i>Amy Powell, M.D., Francis O'Connor, M.D., & Aynsley Smith, Ph.D.</i>
10:15 AM	Break
10:30 AM	Sports Allergy and Immunology <i>Amy Powell, M.D.</i>
11:00 AM	Sports Rheumatology <i>Francis O'Connor, M.D.</i>
11:30 AM	The Geriatric Athlete <i>Amy Powell, M.D.</i>
12:00 PM	Question and Answer <i>Amy Powell, M.D. & Francis O'Connor, M.D.</i>
12:10 PM	Lunch
1:00 PM	Environmental Illness <i>Francis O'Connor, M.D.</i>
2:00 PM	The Female Athlete <i>Amy Powell, M.D.</i>
2:45 PM	Question and Answer <i>Amy Powell, M.D. & Francis O'Connor, M.D.</i>
3:00 PM	Closing Comments <i>Jonathan Finnoff, D.O.</i>
3:05 PM	Adjourn