



Principles of Pain Management and Palliative Care: Essential Tools for the Clinician

Pre-Course Workshop: Sunday, March 17, 2019
General Session: Monday-Friday, March 18-22, 2019

Sunday, March 17, 2019 Optional Workshops – Pre-Registration and Payment Required	
1:00 p.m.	Addiction Workshop Marvin Seppala, M.D. Hazelden Betty Ford Foundation Faculty Location: Springs Salons A & B
4:00 p.m.	Adjourn

Monday, March 18, 2019	
6:00 AM	Registration and Continental Breakfast Location: Salon 1 Foyer/Ballroom Courtyard
7:00 AM	Welcome and Course Introduction / Overview : Course Directors Jacob J. Strand, M.D. and Thomas P. Pittelkow, D.O., M.P.H.
7:30 AM	The Concept of Total Pain Daniel K. Partain, M.D.
8:00 AM	The One-Minute Office Functional Assessments for Pain Jason P. Dauffenbach, D.O.
8:30 AM	Initial Assessment of Pain Patient – Standardized Approach Jason P. Dauffenbach, D.O.
9:00 AM	Panel Discussion / Q&A Moderator: John M. Wilkinson, M.D.
9:15 AM	Break
9:30 AM	Opioids: Basic Pharmacology and Indications Bryan C. Hoelzer, M.D.
10:00 AM	Clinical Cases: Opioid I Terry L. Hunt, II, M.D.
10:30 AM	Opioids: Appropriate Use, Management and Current Guidelines Bryan C. Hoelzer, M.D.
11:00 AM	Clinical Cases: Opioid II Terry L. Hunt, II, M.D.
11:30 AM	Panel Discussion / Q&A Moderator: John M. Wilkinson, M.D.
11:45 AM	Transition to Breakouts

Concurrent Breakout Sessions

11:50 AM – 12:50 PM - Choose One

Option 1:

**Symptom Management Pearls: Nausea, Dyspnea,
Cough, Constipation**

Macaila C. Eick, APRN, C.N.P., Regina M. Mackey, M.D.,
Daniel K. Partain, M.D.

Option 2:

Advanced/Implantable Interventions

Markus A. Bendel, M.D.

Tuesday, March 19, 2019

6:30 AM	Breakfast Location: Salon 1 Foyer/Ballroom Courtyard
7:00 AM	Identifying Unique Spine Conditions in Clinic – A Case Based Approach Stephen J. Wisniewski, M.D.
7:30 AM	Spine: Physical Examination Pearls Edward R. Laskowski, M.D.
8:15 AM	The Surgeon is Your Friend: When to Call a Spine Surgeon Meghan E. Murphy, M.D.
8:45 AM	Panel Discussion / Q&A Moderator: John M. Wilkinson, M.D.
9:00 AM	Break
9:15 AM	Managing Acute or Perioperative Pain Susan M. Moeschler, M.D.
9:45 AM	Pediatric Pain – Most Common Conditions Tracy E. Harrison, M.D.
10:15 AM	Symptomatic Management of Neuropathic Pain James C. Watson, M.D.
11:00 AM	Basic Approach to Headache Christopher J. Boes, M.D.
11:30 AM	Panel Discussion / Q&A Moderator: John M. Wilkinson, M.D.
11:45 AM	Transition to Breakouts

Concurrent Breakout Sessions

11:50 AM – 12:50 PM - Choose One

Option 1:

Advanced Care Planning

F. Andrew Bock, D.O., April R. Christensen, M.D., M.S.,
Emily A. Olson, APRN, C.N.P., M.S.N.

Difficult Cases in Advance Care Planning

Bring your toughest cases in advance care planning or goals of care conversations and we'll work through potential approaches to the situations that are the most challenging

Option 2:

Advanced/Implantable Interventions

Markus A. Bendel, M.D.

Wednesday, March 20, 2019

6:30 AM	Breakfast Location: Salon 1 Foyer/Ballroom Courtyard
7:00 AM	When Pain Gets Old: Pain Management in the Geriatric Population Brandon P. Verdoorn, M.D.
7:30 AM	Pain and Cancer, Cancer and Pain Mihir Kamdar, M.D.
8:00 AM	Dying in Pain April R. Christensen, M.D.
8:30 AM	Pain Mimics Sara E. Wordingham, M.D.
9:00 AM	Panel Discussion / Q&A Moderator: Elizabeth W. Cozine, M.D.
9:15 AM	Break
9:30 AM	Behavioral Comorbidities Christopher D. Sletten, Ph.D., L.P.
10:00 AM	Comorbid Management of Depression & Anxiety Kristin J. Somers, M.D.
10:30 AM	Musculoskeletal Pain: Common Sports-related Injuries Jacob L. Sellon, M.D.
11:00 AM	Myofascial Pain & Fibromyalgia Arya B. Mohabbat, M.D.
11:30 - 11:45 AM	Panel Discussion / Q&A Moderator: Elizabeth W. Cozine, M.D.
11:50 AM	Symptom Management Pearls: Nausea, Dyspnea, Cough, Constipation Macaila C. Eick, APRN, C.N.P., Regina M. Mackey, M.D., Daniel K. Partain, M.D.
12:50 PM	Adjourn Day

Thursday, March 21, 2019

6:30 AM	Breakfast Location: Salon 1 Foyer/Ballroom Courtyard
7:00 AM	Practical Approaches to Cognitive Behavioral Therapy Joan B. Cronin, APRN, CNS, M.S. and Chelsey M. Hoffmann, P.A.-C., M.S.
7:30 AM	CBT Simulation Joan B. Cronin, APRN, CNS, M.S. and Chelsey M. Hoffmann, P.A.-C., M.S.
8:00 AM	Addressing Emotion Gordon J. Wood, M.D.
8:30 AM	Addressing Emotion Simulation Gordon J. Wood, M.D.
9:00 AM	Panel Discussion / Q&A Moderator: Elizabeth W. Cozine, M.D.
9:15 AM	Break
9:30 AM	Challenging Patient and Families Christopher D. Sletten, Ph.D. L.P.
10:00 AM	Cancer Pain and Not Following the Rules Mihir Kamdar, M.D.
10:30 AM	Novel Analgesics: Who, What, Why, Where, When? Nafisseh S. Warner, M.D.
11:00 AM	Panel Discussion / Q&A Moderator: Elizabeth W. Cozine, M.D.
11:15 AM	Course Director Panel
11:45 AM	Transition to Breakouts

Concurrent Breakout Sessions

11:50 AM – 12:50 PM - Choose One

Option 1:

Advanced Care Planning

F. Andrew Bock, D.O., April R. Christensen, M.D., M.S.,
Emily A. Olson, APRN, C.N.P., M.S.N.

Bring your toughest cases in advance care planning or goals of care conversations and we'll work through potential approaches to the situations that are the most challenging

Option 2:

Recipe for Creating a Pain Program - Ingredients for Success

Joan B. Cronin, APRN, CNS, M.S. and Chelsey M. Hoffmann, P.A.-C., M.S.

- Patient selection
- Cbt as part of pain rehab
- Patient buy-in?

Friday, March 22, 2019

6:30 AM	Breakfast Location: Salon 1 Foyer/Ballroom Courtyard
7:00 AM	Agreements/PDMP/Surveillance Jennifer L. Goins, M.D.
7:30 AM	The Art of Medicine: Tapering Jennifer L. Goins, M.D.
8:00 AM	Clinical Cases: Cancer and Serious Medical Illness Kelly J. Christensen, P.A.-C.
8:40 AM	Panel Discussion / Q&A Moderator: Elizabeth W. Cozine, M.D.
8:55 AM	Break
9:10 AM	A Patient Walks into the Clinic on Methadone Maisha T. Robinson, M.D.
9:40 AM	Integrative Medicine Principles and Pain Management Techniques Anjali Bhagra, M.D.
10:10 AM	Buprenorphine: Yes, You Do Need to Know About this Nafiseh S. Warner, M.D.
10:30 AM	Medical Cannabis: An Evidence Based Lifeline in a Sea of Hyperbole? Christopher S. Wie, M.D.
11:00 AM	Panel Discussion / Q&A Moderator: Elizabeth W. Cozine, M.D.
11:15 AM	Wrap-Up/Course Closure
11:30 AM	Adjourn