



# Pain Medicine for the Non-Pain Specialist

## Program Schedule – March 16-19, 2016

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Wednesday, March 16, 2016	
6:30 a.m.	Registration & Continental Breakfast Palms Ballroom Foyer
7:00 a.m.	Pain 101: Laying the Groundwork Jason S. Eldrige, M.D. and Susan M. Moeschler, M.D.
7:15 a.m.	Behavioral Comorbidities in Chronic Pain Christopher D. Sletten, Ph.D., L.P.
8:00 a.m.	Managing the Anxious Pain Patient Kristin Somers, M.D.
8:30 a.m.	Difficult Patient W. Michael Hooten, M.D.
9:10 a.m.	Q and A Moderator: John M. Wilkinson, M.D.
9:30 a.m.	Break
9:45 a.m.	Fibromyalgia and Myofascial Pain Syndromes Jeffrey M. Thompson, M.D.
10:15 a.m.	Integrative Medicine for Chronic Pain Kevin C. Fleming, M.D.
10:35 a.m.	Pediatric Pain Topics Kendra J. Grim, M.D.
11:05 a.m.	Abdominal Pain Conor G. Loftus, M.D.
11:35 a.m.	Q and A Moderator: John M. Wilkinson, M.D.
12:00 p.m.	Adjourn

Optional Workshop #1 - Wednesday, March 16 Pre-Registration Required (Limited Enrollment)	
1:30 p.m.	<p><b>Palliative Care Optional Workshop</b> Location: Palms Ballroom</p> <p>Non-Pain Symptom Management</p> <p>This workshop will use an interactive case based approach to teach evidence based concepts in the symptom management of nausea/vomiting, constipation, dyspnea, active dying, delirium, anxiety and depression for patients with serious, life-limiting illness. Additionally, we will include a discussion on medical marijuana.</p> <p>Workshop Co-Directors: Molly A. Feely, M.D. Jacob J. Strand, M.D.</p> <p>Workshop Faculty: Andy Bock, D.O. Rachel C. Gentes, R.N., C.N.P.</p>
4:30 p.m.	Adjourn Workshop
Optional Workshop #2 - Wednesday, March 16 Pre-Registration Required (Limited Enrollment)	
1:30 p.m.	<p><b>Hands-On Physical Exam Workshop: Pearls and Hands-On Experience</b> Location: Royal Salons 1-4</p> <p>Workshop Director: John A. Freeman, D.O.</p> <p><b>Introduction:</b> John A. Freeman, D.O.</p> <p><b>Station Topics:</b> Cervical (Thoracic) and Lumbar Spine: Michael D. Osborne, M.D. Shoulder: Stephen J. Wisniewski, M.D. Pelvis (Hip and SIJ): Matthew A. Butters, M.D. Knee: TBD</p>
4:30 p.m.	Adjourn Workshop

## Thursday, March 17, 2016

6:30 a.m.	Continental Breakfast Palms Ballroom Foyer
7:00 a.m.	Panel Discussion: Psychosocial W. Michael Hooten, M.D., Christopher D. Sletten, M.D., Kristin J. Somers, M.D. Palms Ballroom
7:30 a.m.	<b>Opioid Module 1</b> Moderator: Bryan C. Hoelzer, M.D.  Opioids: Basic Pharmacology, Indications and Appropriate Use Bryan C. Hoelzer, M.D.  Management of Opioid Induced Side Effects Molly A. Feely, M.D.  Medical Marijuana Jacob J. Strand, M.D.  Q & A Moderator: John M. Wilkinson, M.D.
9:30 a.m.	Break
9:45 a.m.	<b>Opioid Module 2</b> Moderator: Bryan C. Hoelzer, M.D.  Toxicology Screening: The Essentials of Interpretation Loralie J. Langman, Ph.D.  Addiction and Opioids Marvin Seppala, M.D.  Legal Issues in Opioid Prescribing Joanne L. Martin, J.D.  Tapering Opioids W. Michael Hooten, M.D.  Q & A Moderator: John M. Wilkinson, M.D.
11:45 a.m.	CRPS Halena Gazelka, M.D.
12:15 p.m.	Q & A Moderator: John M. Wilkinson, M.D.
12:30 p.m.	Adjourn General Session

Optional Workshops #1 – Thursday, March 17 Pre-Registration Required (Limited Enrollment)	
1:30 p.m.	<p><b>Hands-On Injection Workshop</b> Location: Royal Salons 1-4</p> <p>Workshop Co-Directors: W. David Mauck, M.D. Karen F. Mauck, M.D. William C. Mundell, M.D.</p> <p><b>Station Topics:</b> Knee – Jason H. Szostek, M.D. Foot/Ankle – William C. Mundell, M.D. Thigh/Buttock – W. David Mauck, M.D. Shoulder – Karen F. Mauck, M.D.</p>
4:30 p.m.	Adjourn Hands-On Injection Workshop
Optional Workshops #2 – Thursday, March 17 Pre-Registration Required (Limited Enrollment)	
1:30 p.m.	<p><b>Palliative Care Workshop :</b> <b>Complex Cases in Pain and Palliative Care: Putting it All Together</b> Palms Ballroom</p> <p>This workshop will use an interactive, case-based approach to engage the audience in discussing management of complex palliative care patient cases. Cases will focus on practical pearls for common calls about hospice patients, what you need to know about methadone, managing multiple distressing symptoms in a patient with serious illness, communications techniques for goals of care and code status discussions and practical techniques for discontinuing or declining to start opioid medications in a patient with chronic pain.</p> <p>Case based group participation:</p> <ul style="list-style-type: none"> <li>• DNI/DNR Discussions</li> <li>• Discontinuing Opioids</li> <li>• Common symptom management calls on hospice patients</li> <li>• What you need to know about methadone</li> <li>• Panel discussion on end of life pain management with palliative care, primary care and pain clinicians.</li> </ul> <p>Workshop Co-Directors: Molly A. Feely, M.D. Jacob J. Strand, M.D.</p> <p>Workshop Faculty: Andy Bock, D.O. Halena M. Gazelka, M.D. Rachel C. Gentes, R.N., C.N.P.</p>
4:30 p.m.	Adjourn Workshops

## Friday, March 18, 2016

6:30 a.m.	Continental Breakfast and Panel Discussion: Opioids Molly A. Feely, M.D., Jason S. Eldrige, M.D., Susan M. Moeschler, M.D., Marvin Seppala, M.D. Palms Ballroom Foyer Palms Ballroom
7:00 a.m.	Inpatient Pain Protocols Paul E. Carns, M.D.
7:30 a.m.	<div> <b>Spine Pain: Axial Versus Non-Axial</b>  <b>Low Back Pain: A Practical Clinical Approach</b> </div> <div>Lumbar Spine: Practical Overview Richard H. Rho, M.D.</div> <div>Physical Examination Pearls Edward R. Laskowski, M.D.</div> <div>Clinical Application: Case Presentations James C. Watson, M.D.</div>
8:45 a.m.	Q & A Moderator: John M. Wilkinson, M.D.
9:00 a.m.	<div> <b>Spine Pain: Axial Versus Non-Axial</b>  <b>Neck Pain: A Practical Clinical Approach</b> </div> <div>Neck Pain: Practical Overview Richard H. Rho, M.D.</div> <div>Physical Examination Pearls Edward R. Laskowski, M.D.</div> <div>Clinical Application: Case Presentations James C. Watson, M.D.</div>
10:30 a.m.	Q & A Moderator: John M. Wilkinson, M.D.
10:45 a.m.	Break
11:00 a.m.	Basics of Spine Imaging Jared T. Verdoorn, M.D.
11:30 a.m.	Spinal Cord Stimulation, Pumps and Your Patients Tim J. Lamer, M.D.
12:00 p.m.	The Complex Spine Patient Stephen J. Wisniewski, M.D.
12:20 p.m.	Q & A Moderator: John M. Wilkinson, M.D.
12:30 p.m.	Adjourn General Session

<b>Optional Workshop #1 – Friday, March 18</b> <b>Pre-Registration Required (Limited Enrollment)</b>	
1:30 p.m.	<b>ABFM - Self Assessment Module (SAM) – Pain Management</b> Location: Palms Ballroom  Session Moderators: Andy Bock, D.O. Elizabeth W. Cozine, M.D. John M. Wilkinson, M.D.
5:30 p.m.	Adjourn ABFM – Self Assessment Module Workshop
<b>Optional Workshop #2 – Friday, March 18</b> <b>Pre-Registration Required (Limited Enrollment)</b>	
1:30 p.m.	<b>Addiction Medicine for Primary Care Providers</b> Location: Royal Salons 1-4  Session will include the following topics: <ul style="list-style-type: none"> <li>• Neurobiology of Addiction</li> <li>• Identifying Addiction in Primary Care</li> <li>• New Drugs of Abuse</li> <li>• Marijuana, Implications for Healthcare and Youth</li> <li>• Identification and Treatment of Intoxication and Withdrawal Syndromes</li> <li>• Psychosocial Treatments for Addiction</li> <li>• Pharmacologic Treatments for Addiction</li> <li>• Diversion in the Healthcare Workplace</li> <li>• Evaluation and Treatment of Healthcare Professionals with Addiction</li> </ul> Workshop Director: Marvin Seppala, M.D. Hazelden Betty Ford Foundation  Hazelden Betty Ford Foundation - Workshop Faculty: Keith Berge, M.D. Joe Lee, M.D. Laura Moss, M.D. Val Slaymaker, Ph.D., L.P. Pamela Schultz, M.D. Marc Myer, M.D.
5:30 p.m.	Adjourn: Addiction Medicine for Primary Care Providers Pre-Course Session

## Saturday, March 19, 2016

7:00 a.m.	Continental Breakfast and Panel Discussion: Spine Edward R. Laskowski, M.D., James C. Watson, M.D., Richard H. Rho, M.D., Stephen J. Wisniewski, M.D. Palms Ballroom-Foyer Palms Ballroom
7:30 a.m.	<div><b>Updates in Neuropathic Pain</b> Moderator: James C. Watson, M.D.</div> <div>Introduction, Post-Herpetic Neuralgia James C. Watson, M.D.</div> <div>Diagnostic Approach to Painful Neuropathies Lyell K. Jones, Jr., M.D.</div> <div>Symptomatic Management of Neuropathic Pain James C. Watson, M.D.</div> <div>Q &amp; A Moderator: John M. Wilkinson, M.D.</div>
9:00 a.m.	How to Prevent Burnout Anjali Bhagra, MBBS
9:45 a.m.	Q & A Moderator: John M. Wilkinson, M.D.
10:00 a.m.	Break
10:15 a.m.	<div><b>Update in Headache with a Focus on Migraine</b> Moderator: Jerry W. Swanson, M.D.</div> <div>Headache Jerry W. Swanson, M.D.</div> <div>Acute Treatment of Migraine Beth E. Robertson, M.D.</div> <div>Preventive Treatment of Migraine and Chronic Migraine Headaches Ivan Garza, M.D.</div> <div>Interesting Non-Migraine Headache Cases Jerry W. Swanson, M.D., Beth E. Robertson, M.D., Ivan Garza, M.D.</div>
11:45 a.m.	Q & A John M. Wilkinson, M.D.
12:00 p.m.	Adjourn