

# Mayo Clinic's Updates in Palliative Medicine 2022

Hyatt Regency Sonoma Wine Country, Santa Rosa, CA

*All times are listed as pacific daylight time zone*

Updates in Palliative Care	
Thursday, May 5, 2022	
6:00 AM	<b>Registration &amp; Breakfast</b>
6:50 AM	<b>Welcome, Course Introduction, &amp; Overview</b>
7:00 AM	<b>Non-Pharmacologic Interventions for Behavioral Dyscontrol in Dementia</b>
7:30 AM	<b>Cases in Refractory Symptoms (Nausea/Dyspnea/Constipation) – What to Do When the Usual Meds Don't Work</b>
8:00 AM	<b>Acute &amp; Chronic Side Effects of XRT to the H&amp;N – Mucositis, Xerostomia, &amp; Dysgeusia, Oh My!</b>
8:30 AM	<b>I'm Sooooo Tired. Fatigue Management in Palliative Care.</b>
9:00 AM	<b>Break</b>
9:15 AM	<b>Addressing Health Disparities in Serious Illness Care</b>
9:45 AM	<b>Cultural Curiosity in Palliative Care</b>
10:15 AM	<b>Using Interpreters in Palliative Care – Best Practices Specific to Palliative Care/Serious Illness Clinical Scenarios</b>
10:45 AM	<b>Break</b>
11:00 AM	<b>No Longer a Child but Not Yet an Adult – Palliative Care in Adolescents</b>
11:30 AM	<b>Daddy's Dying – How to Support Children Whose Family Member is Dying</b>
12:00 PM	<b>Crises of Faith – An Approach to Spiritual Distress</b>
12:30 PM	<b>Adjourn</b>
<i>Optional Session: Pre-Registration and Payment Required Boxed Lunch Provided</i>	
1:00 PM	<b>ABFM Knowledge Self-Assessment (KSA): Palliative Care</b> Knowledge Self-Assessment (KSA) is focused on evaluating and enhancing your knowledge base in a particular topic area common to family medicine. This KSA has been designed to provide you with an opportunity to assess your knowledge related to caring for patients at the end of life.
4:00 PM	<b>Adjourn KSA</b>

Updates in Palliative Care	
Friday, May 6, 2022	
6:30 AM	<b>Breakfast</b>
6:50 AM	<b>Welcome &amp; Overview</b>
7:00 AM	<b>Neuropathic Pain – Beyond Gabapentinoids and Duloxetine</b>
7:30 AM	<b>Methadone for Refractory Pain</b>
8:00 AM	<b>Interventional Pain Procedures in Palliative Care</b>
8:30 AM	<b>Differential Diagnosis of Refractory Pain – Case Based</b>
9:00 AM	<b>Break</b>
9:15 AM	<b>Adaptive Coping – What Is It and How Do I Help My Patients Achieve It?</b>

9:45 AM	Patient's Doing Great – Let's Have a GOC Discussion! The paradox of why GOC discussions are best done during times of stability rather than decision points.
10:15 AM	Miracles, Futility and the Family Who Wants Everything Done
10:45 AM	<i>Break</i>
11:00 AM	When Depressed Mood Isn't Depression: Addressing Demoralization and Anticipatory Grief
11:30 AM	Managing Anxiety in Patients with Serious Illness -- Beyond Benzos
12:00 PM	Are You Under-Utilizing Your Social Worker? Scope of Practice for Palliative Social Work
12:30 PM	<i>Adjourn</i>
<i>Optional Session: Pre-Registration and Payment Required Boxed Lunch Provided</i>	
1:00 PM	Palliative MOC (ABIM MOC Palliative)
	<i>Adjourn Workshop</i>

Updates in Palliative Care	
Saturday, May 7, 2022	
6:30 AM	<i>Breakfast</i>
6:50 AM	Welcome & Overview
7:00 AM	In Pain & Not Following the Rules
7:30 AM	Dual Diagnosis: Addiction and Terminal Illness
8:00 AM	Old Dog, New Tricks: The Role of Buprenorphine/Naloxone for Pain in Palliative Care
8:30 AM	Cases Using Buprenorphine for Pain in Palliative Care
9:00 AM	<i>Break</i>
9:15 AM	Techno-Palliative Care --- Moving Palliative into the Virtual World. Evidence Based Ways to Utilize Virtual Visits in Palliative Care & Hospice.
9:45 AM	Hospice Hullabaloo – What Can You Manage Over the Phone? A Case-Based Exploration of Safe Hospice Care.
10:15 AM	The Impact of Frailty – A Primer on Using Frailty to Prognosticate Other Serious Illnesses
10:45 AM	<i>Break</i>
11:00 AM	Advanced Pharmacology for Refractory Pain – Ketamine, IV Lidocaine, Dexmedetomidine
11:30 AM	Mary Jane is in the House – Cannabinoids in Palliative Care
12:00 PM	Psychedelics in Palliative Care – Legit or Just a Wild Trip?
12:30 PM	Course Wrap-Up
12:35 PM	<i>Adjourn Conference</i>