



Mayo School of Continuous Professional

PSYCHIATRY CLINICAL REVIEWS

OCTOBER 6-8, 2016

Intercontinental Chicago Magnificent Mile
Chicago, IL

Course Directors

Brian A. Palmer, M.D., M.P.H.

Kristin Vickers Douglas, Ph.D., ABPP



Featuring an ABPN Approved Self-Assessment Activity



REGISTER NOW!

Registration and additional course information can be found
on our NEW course website:

<https://ce.mayo.edu/node/6559>

Course Description

Our flagship course, Psychiatry Clinical Reviews (formerly known as Acute Care Psychiatry Clinical Reviews), is aimed at providing clinically relevant updates for management of psychiatric problems across all care settings. Topics to be covered include mood disorders, anxiety disorders, psychotic disorders, child and adolescent psychiatric treatment, psychotherapy techniques and strategies, sleep disorders and a neurology update. Winner of the Mayo Clinic CME Innovation Award, this course is enjoyable and fast-paced. All participants surveyed over the past several years have found it to be a positive learning experience.

The course will be led by Drs. Brian Palmer, M.D., M.P.H. and Kristin Vickers Douglas, Ph.D., ABPP of Mayo Clinic. The course is organized around cases seen at Mayo Clinic, with experts integrating appropriate research findings and clinical experience to address important clinical questions. Most lectures will be 30 minutes with question and answer sessions ranging from 20-30 minutes. An audience response system will engage learners, and a robust offering of breakout sessions will be included, based on participant feedback and hot topics in the field. Clinicians are encouraged to register early to ensure a spot and take advantage of early registration discounts.

Course Learning Objectives

Upon conclusion of this program, participants should be able to:

- Analyze and apply treatment strategies (medication, psychotherapy, combination) for major mood and anxiety disorders
- Describe evidence based options for the treatment of bipolar depression
- Describe strategies for management and treatment of psychotic disorders

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Intended Audience

This multidisciplinary course is intended for health care providers who see patients with psychiatric indications. Specialties include neurologists, psychiatrists, primary care physicians including internists and family care practitioners, allied health personnel including nurse practitioners, physician assistants and nurses.

Credit

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 18.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mayo Clinic College of Medicine designates this Self-Assessment for up to 2.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

APA

The Department of Psychiatry and Psychology at Mayo Clinic, Rochester is approved by the American Psychological Association to sponsor continuing education credits for psychologists. The Department of Psychiatry and Psychology at Mayo Clinic, Rochester maintains responsibility for this program and its content.

AAFP

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

AOA

This program has been accredited by the American Osteopathic Association for 18.25 credits of AOA Category 2-A.

Other Health Care Professionals

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

Grants

At the time of this printing, a complete listing of commercial supporters (financial or in-kind) was not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting.

Date and Location

The Psychiatry Clinical Reviews is held October 6-8, 2016. Course headquarters are located at the Intercontinental Chicago Magnificent Mile, Chicago, Illinois.

Registration

Register online at <https://ce.mayo.edu/node/6559>. The registration fee includes tuition, electronic course syllabus, continental breakfasts and break refreshments. Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation will be

sent upon receipt of payment and completed registration form.

Registration Fees

Physicians/Scientists

On/before	09/06/2016	\$725
After	09/06/2016	\$800

Residents, Fellows, PAs, Nurses, Allied Health and Retirees

On/before	09/06/2016	\$575
After	09/06/2016	\$650

ABPN MOC Module	\$75
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Reception (Optional):

Thursday, October 6th at 4:30 pm
Complimentary for attendee
\$50 per additional guest

Architecture River Cruise (Optional):

Friday, October 7, 2016 at 7:30 pm
\$50 per person

Cancellation Policy

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo School of CPD on or before September 15, 2016 (cme-jax@mayo.edu). No refunds will be made after September 15, 2016. Canceled registrations are non-transferable.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

For additional information, contact:
Mayo School of Continuous Professional Development

Website: ce.mayo.edu

E-mail: cme-jax@mayo.edu

Phone: 800-462-9633

Travel and Lodging Accommodations
Intercontinental Chicago Magnificent Mile
505 North Michigan Avenue
Chicago, IL 60611
800-628-2112

Special room rates are available until the block is sold out or September 12, 2016, whichever comes first. The discounted rate is \$279 plus tax.

To ensure accommodations at the discounted rate, please make your reservations directly with the hotel by calling 800-628-2112 (toll-free) by September 12, 2016. Please indicate that you are a participant of the Mayo Clinic Psychiatry Clinical Reviews Course when making your reservation. The standard hotel reservations

cancellation policy will apply to all reservations. Attendees are responsible for their own reservations.

You may wish to view

www.choosechicago.com for recreation and leisure activities.

Mayo School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.

Architecture River Cruise (Optional) FRIDAY, OCTOBER 7, 2016 AT 7:30 PM Cost - \$50 per person

Experience the “top tour in Chicago and one of the top ten tours in the U.S.” according to TripAdvisor. The Chicago Architecture Foundation River Cruise is a must for out-of-towners and Chicagoans alike. CAF-certified volunteer tour guides—called docents—interpret more than 50 buildings along the Chicago River. You’ll find out how Chicago grew from a small settlement into one of the world’s largest cities in less than 100 years. In 90 minutes, get the real story on Chicago architecture and its history.

Your CAF river cruise departs from a dock just 8 blocks north of the CAF Shop and Tour Center. Located at the southeast corner of the Michigan Avenue Bridge at Wacker Drive, a blue awning marks the boat dock entrance stairs that lead down to the river.

Tour Tips

- All tours depart rain or shine.
- Arrive 30 minutes prior to your cruise departure time.
- A full-service bar and snack bar are available onboard.
- Tickets may not be refunded or exchanged if you miss your boat. Allow extra time.

Faculty

Mayo Faculty

R. Robert Auger, M.D.

William V. Bobo, M.D., M.P.H.

J. Michael Bostwick, M.D.

Robert P. Bright, M.D.

Scott D. Eggers, M.D.

Mark A. Frye, M.D.

David J. Katzelnick, M.D.

Bhanuprakash Kolla, M.D., MRCPsych

Jonathan G. Leung, Pharm.D., R.Ph.

Alastair J. McKean, M.D.

Katherine M. Moore, M.D.

Robert J. Morgan, III, M.D., Ph.D.

Brian A. Palmer, M.D., M.P.H.

Jeffrey P. Staab, M.D.

Cosima C. Swintak, M.D.

Kristin Vickers Douglas, Ph.D., ABPP

Christopher M. Wittich, M.D.

Guest Faculty

Joan M. Anzia, M.D.
Professor in Psychiatry and Behavioral
Sciences
Northwestern Memorial Hospital
Chicago, IL

Rona J. Hu, M.D.
Clinical Associate Professor of Psychiatry
Stanford Medicine
Stanford, CA

John M. Zajecka, M.D.
Professor of Psychiatry
Rush University Medical Center
Chicago, IL

PROGRAM AGENDA

THURSDAY, OCTOBER 6, 2016

7:00 a.m.	Continental Breakfast and Registration
8:00 – 8:15	Introduction, Schedule Review, Pre-test <i>Brian A. Palmer, M.D., M.P.H.</i>
8:15 – 8:35	The Construct of Depression: What Matters and Why? <i>William V. Bobo, M.D., M.P.H.</i>
8:35 – 9:15	Principles for the Treatment of Unipolar Depression <i>John M. Zajecka, M.D.</i>
9:15 – 9:40	Treatment of Bipolar Depression Mark A. Frye, M.D.
9:40 – 10:00	Questions and Answers <i>Drs. Bobo, Frye, and Zajecka (Moderator: Dr. Palmer)</i>
10:00 – 10:15	Coffee Break
10:15 – 10:45	Substance Use Disorder Treatment Updates <i>Bhanuprakash Kolla, M.D., MRCPsych</i>
10:45 – 11:15	Anxiety Disorder Updates <i>Katherine M. Moore, M.D.</i>
11:15 – 11:40	Borderline Personality Disorder <i>Brian A. Palmer, M.D., M.P.H.</i>
11:35 – 12:00	Questions and Answers <i>Drs. Kolla, Moore, and Palmer (Moderator: Dr. Frye)</i>
12:00 – 1:15	Lunch (on your own)

Thursday Breakout Options

(1:15 pm or 3:00 pm)

Room A	Cases from the Depression Center <i>John M. Zajecka, M.D. and Mark A. Frye, M.D.</i>
Room B	Employing Third Wave Psychotherapy Principles in Practice <i>Kristin Vickers Douglas, Ph.D., ABPP</i>
Room C	Mistakes (Opportunities) in the Treatment of Borderline Personality Disorder <i>Brian A. Palmer, M.D., M.P.H.</i>
Room D	Biological Treatment of Substance Use Disorders <i>Bhanuprakash Kolla, M.D., MRCPsych</i>
Room E	High Yield Child Psychiatry for the Adult Psychiatrist and Primary Care Physician <i>Alastair J. McKean, M.D. and Cosima C. Swintak, M.D.</i>
2:45	Break
3:00	Thursday Breakout Options
4:30-5:30 p.m.	Wine and Hors d'oeuvres Reception for Attendees and Faculty Guests welcome for additional fee

FRIDAY, OCTOBER 7, 2016

7:00 a.m.	Continental Breakfast and Registration
8:00 – 8:40	Acute and Long-term Psychotic Disorder Treatment <i>Rona J. Hu, M.D.</i>
8:40 – 9:00	High Yield Pharmacokinetic and Pharmacodynamic Pearls <i>Jonathan Leung, Pharm.D., R.Ph.</i>
9:00 – 9:15	Metabolic Effect Monitoring and Treatment <i>Christopher M. Wittich, M.D.</i>
9:15 – 9:40	Mania Matters <i>Mark A. Frye, M.D.</i>
9:40 – 10:00	Questions and Answers <i>Drs. Hu, Leung, Wittich, and Frye (Moderator: Dr. Palmer)</i>
10:00 – 10:15	Coffee Break

10:15 – 10:25	Case Presentation <i>Kristin Vickers Douglas, Ph.D., ABPP</i>
10:25 – 10:50	Menopause and Depression <i>William V. Bobo, M.D., M.P.H.</i>
10:50-11:05	What's the Current Thinking on Hormone Replacement <i>Christopher M. Wittich, M.D.</i>
10:50 – 11:15	Perinatal Depression <i>Katherine M. Moore, M.D.</i>
11:15 – 11:40	Adult ADHD <i>J. Michael Bostwick, M.D.</i>
11:40 – 12:00	Questions and Answers <i>Drs. Vickers Douglas, Bobo, Wittich, Moore, and Bostwick</i> (Moderator: Dr. Frye)
Noon-1:15 p.m.	Lunch (on your own)

Friday Breakout Options

(1:15 pm or 3:00 pm)

Room A	Perinatal Psychiatry: Beyond the Basics <i>William V. Bobo, M.D., M.P.H. and Katherine M. Moore, M.D.</i>
Room B	Neurology Pearls for Psychiatrists <i>Scott D. Eggers, M.D.</i>
Room C	Psychosis: Cases in Acute Stabilization and Long-Term Management <i>Rona J. Hu, M.D. and Jonathan G. Leung, Pharm.D., R.Ph.</i>
Room D	Becoming a Better Medical Educator <i>Joan M. Anzia, M.D. and Cosima C. Swintak, M.D.</i>
Room E	Suicide: Role of Narrative and Brief Interventions <i>J. Michael Bostwick, M.D. and Brian A. Palmer, M.D., M.P.H.</i>
2:45	Break
3:00	Friday Breakout Options
4:30	Adjourn
7:30 p.m.	Architecture River Cruise (Optional) (additional registration required)

SATURDAY, OCTOBER 8, 2016

7:00 a.m.	Continental Breakfast and Registration
8:00 – 8:35	The Most Important Psychiatry Papers in the Past Year <i>Robert J. Morgan III, M.D., Ph.D.</i>
8:35 – 9:10	Cases in Psychosomatic Medicine <i>Robert P. Bright, M.D.</i>
9:10 – 9:40	Population Approaches to Depression <i>David J. Katzelnick, M.D.</i>
9:40 – 10:00	Questions and Answers <i>Drs. Morgan, Bright, and Katzelnick (Moderator: Dr. Palmer)</i>
10:00 – 10:15	Coffee Break
10:15 – 10:50	What Everyone Should Know about Sleep <i>R. Robert Auger, M.D.</i>
10:50 – 11:25	Treatment of Somatic Symptom Disorders <i>Jeffrey P. Staab, M.D.</i>
11:25 – 11:45	Questions and Answers <i>Drs. Staab and Auger (Moderator: Dr. Vickers Douglas)</i>
11:45 – 12:00	Course Post-Test and Evaluation <i>Brian A. Palmer, M.D., M.P.H.</i>
Noon-1:15 p.m.	Lunch (on your own)

Saturday Breakout Options

1:15-2:45 p.m.	
Room A	Somatic Symptom Disorders: Cases and Approaches <i>Jeffrey P. Staab, M.D.</i>
Room B	Psychiatry and Behavioral Health in Primary Care <i>David J. Katzelnick, M.D. and Kristin Vickers Douglas, Ph.D., ABPP</i>
Room C	Sleep Disorders: Beyond the Basics <i>R. Robert Auger, M.D.</i>
2:45 p.m.	Adjourn

Program schedule is subject to change without notice.

MAYO 200 First Street SW
CLINIC Rochester, MN 55905

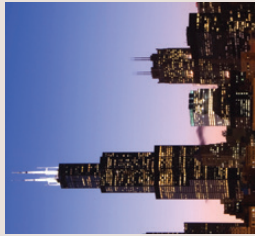


Faculty Disclosure

As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

National Physician Payment Transparency Program

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).



SAVE THE DATE

Psychiatry Clinical Reviews 2017

October 5-7, 2017

Intercontinental Chicago Magnificent Mile
Chicago, IL

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