



Mayo School of Continuous Professional Development

# Psychiatry Clinical Reviews

October 15-17, 2015

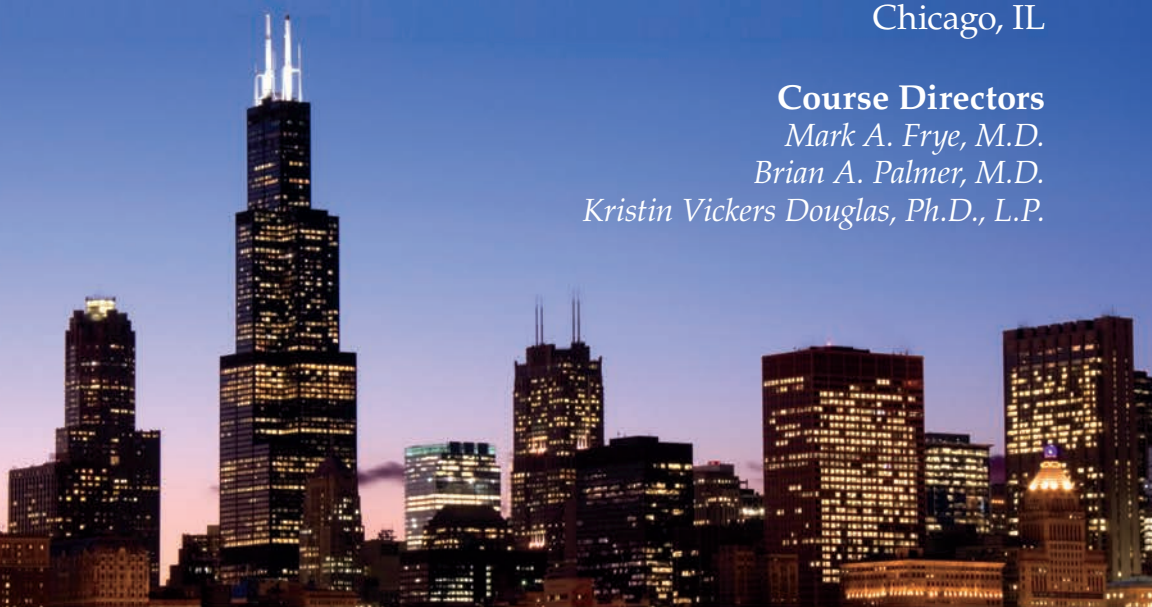
Intercontinental Chicago Magnificent Mile  
Chicago, IL

## Course Directors

*Mark A. Frye, M.D.*

*Brian A. Palmer, M.D.*

*Kristin Vickers Douglas, Ph.D., L.P.*



"Featuring an ABPN Approved Self-Assessment Activity"



## REGISTER NOW!

Registration and additional course information can be found on our NEW course website : <https://ce.mayo.edu/psychiatry-and-psychology/node/1587>

## COURSE DESCRIPTION

Our flagship course, Psychiatry Clinical Reviews (formerly known as Acute Care Psychiatry Clinical Reviews), is aimed at providing clinically relevant updates for management of psychiatric problems across all care settings. Topics to be covered include mood disorders, anxiety disorders, psychotic disorders, child and adolescent psychiatric treatment, psychotherapy techniques and strategies, sleep disorders, and a neurology update. The course, winner of the 2009 Mayo Clinic CME Innovation Award, is enjoyable and fast-paced. All participants surveyed over the past four years have found it to be a positive learning experience.

The course will be led by Drs. Mark A. Frye, M.D., Brian Palmer, M.D., and Kristin Vickers Douglas, Ph.D., L.P. of Mayo Clinic. The course will utilize brief lectures organized into clinical blocks for the morning sessions. Most lectures will be 20 minutes long with question and answer sessions ranging from 20-30 minutes. Video case examples will engage learners and a robust offering of breakout sessions will be included, based on participant feedback and hot topics in the field.

## COURSE LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Analyze and apply treatment strategies (medication, psychotherapy, combination) for major mood and anxiety disorders
- Describe evidence based options for the treatment of bipolar depression
- Describe strategies for management and treatment of psychotic disorders

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## INTENDED AUDIENCE

This multidisciplinary course is intended for health care providers who see patients with psychiatric indications. Specialties include neurologists, psychiatrists, primary care physicians including internists and family care practitioners, allied health personnel including nurse practitioners, physician assistants and nurses.

## CREDIT

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 20.75

*AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mayo Clinic College of Medicine designates this Self-Assessment for up to *2.0 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**APA** - The Department of Psychiatry and Psychology at Mayo Clinic, Rochester is approved by the American Psychological Association to sponsor continuing education credits for psychologists. The Department of Psychiatry and Psychology at Mayo Clinic, Rochester maintains responsibility for this program and its content.

**AAFP** - This Live activity, Psychiatry Clinical Reviews 2015, with a beginning date of 10/15/2015, has been reviewed and is acceptable for up to 20.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**AOA** - This program has been accredited by the American Osteopathic Association for 20.75 credits of AOA Category 2-A.

## Other Health Care Professionals

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

## GRANTS AND EXHIBITS

At the time of this printing, a complete listing of commercial supporters (financial or in-kind) was not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting.

Exhibits will be available for viewing at all scheduled breaks.

## DATE AND LOCATION

The Psychiatry Clinical Reviews is held October 15-17, 2015. Course headquarters are located at the Intercontinental Chicago Magnificent Mile, Chicago, Illinois.

## REGISTRATION

Register online at <https://ce.mayo.edu/psychiatry-and-psychology/node/1587>

The registration fee includes tuition, electronic course syllabus, continental breakfasts and break refreshments.

Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation will be sent upon receipt of payment and completed registration form.

## Registration Fees

### Physicians and Scientists

On/before	09/14/2015	\$725
After	09/14/2015	\$800

### Residents, Fellows, PA's, Nurses, Allied Health and Retirees

On/before	09/14/2015	\$575
After	09/14/2015	\$650

<b>ABPN MOC Module</b>		<b>\$75</b>
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## CANCELLATION POLICY

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo School of CPD on or before September 30, 2015 ([cme-jax@mayo.edu](mailto:cme-jax@mayo.edu) or fax#: 904-956-3096). No refunds will be made after September 30, 2015. Canceled registrations are non-transferable.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

### For additional information, contact:

Mayo School of Continuous Professional Development

Website: [ce.mayo.edu](http://ce.mayo.edu)

E-mail: [cme-jax@mayo.edu](mailto:cme-jax@mayo.edu)

Phone: 800-462-9633, Fax: 904-956-3096

## TRAVEL AND LODGING ACCOMMODATIONS

**Intercontinental Chicago Magnificent Mile**  
**505 North Michigan Avenue**  
**Chicago, IL 60611**  
**800-628-2112**

Special room rates are available until the block is sold out or September 24, 2015, whichever comes first. The discounted rate is \$279 plus tax.

To ensure accommodations at the discounted rate, please make your reservations directly with the hotel by calling 800-628-2112 (toll-free) by September 24, 2015. Please indicate that you are a participant of the Mayo Clinic Psychiatry Clinical Reviews Course when making your reservation. The standard hotel reservations cancellation policy will apply to all reservations. Attendees are responsible for their own reservations.

You may also wish to view [www.choosechicago.com](http://www.choosechicago.com) for additional accommodations as well as recreation and leisure activities.

Mayo School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.

Chicago O'Hare International Airport (ORD) is located 45 minutes from the Intercontinental Chicago Magnificent Mile.

## FACULTY

### Mayo Faculty

*R. Robert Auger, M.D., William V. Bobo, M.D., J. Michael Bostwick, M.D., Scott D. Eggers, M.D., Mark A. Frye, M.D., Karen Grothe, Ph.D., L.P., Maria I. Lapid, M.D., Jonathan G. Leung, Pharm.D., R.Ph., Katherine M. Moore, M.D., Brian A. Palmer, M.D., Craig N. Sawchuk, Ph.D., L.P., Christopher L. Sola, D.O., Jeffrey P. Staab, M.D., Cosima C. Swintak, M.D., Kristin Vickers Douglas, Ph.D., L.P., Mark D. Williams, M.D., and Christopher M. Wittich, M.D.*

### Guest Faculty

**Bhanu Prakash Kolla, M.D., MRCPsych**

Community Medical Centers  
Department of Psychiatry and Sleep Medicine  
Willmar, MN

**Katherine L. Wisner, M.D.**

Professor of Psychiatry  
Northwestern University Feinberg School of Medicine  
Chicago, IL

**Peter J. Weiden, M.D.**

University of Illinois at Chicago  
Department of Psychiatry  
Neuropsychiatric Institute  
Chicago, IL

**John M. Zajecka, M.D.**

Professor of Psychiatry  
Rush University Medical Center  
Chicago, IL

## PROGRAM AGENDA Thursday, October 15, 2015

6:45 a.m.	Continental Breakfast and Registration
7:30	Introduction, Schedule Review, and Pre-test <i>Mark A. Frye, M.D., Brian A. Palmer, M.D. and Kristin Vickers Douglas, Ph.D., L.P.</i>
8:00	Clinical Pearls in Differential Diagnosis: Borderline Personality Disorder, Bipolar Disorder and Unipolar Depression <i>Brian A. Palmer, M.D. and William V. Bobo, M.D.</i>

8:30	Core Concepts and Treatment of Unipolar Depression - <i>John M. Zajecka, M.D.</i>
9:10	Question & Answer ( <i>Brian A. Palmer, M.D., William V. Bobo, M.D., John M. Zajecka, M.D.</i> )
9:35	Break
9:55	Treating Bipolar Depression - <i>Mark A. Frye, M.D.</i>
10:20	Borderline Personality Disorder - <i>Brian A. Palmer, M.D.</i>
10:45	Treatment of Depression in Pregnancy/Women's Maternal Health <i>Katherine L. Wisner, M.D.</i>
11:20	Question & Answer ( <i>Mark A. Frye, M.D., Brian A. Palmer, M.D., Katherine L. Wisner, M.D.</i> )
Noon-1:15 p.m.	Lunch (on your own)

### Breakout 1

1:15-2:45 p.m.

- A - Motivational Interviewing Skill Building - *Kristin Vickers Douglas, Ph.D., L.P.*
- B - Masters in Depression - *John M. Zajecka, M.D., Mark A. Frye, M.D., Katherine L. Wisner, M.D.*
- C - Borderline Personality Disorder – Mistakes and Opportunities  
*Brian A. Palmer, M.D.*
- D - Obesity Treatment: Meds and Therapy  
*Karen Grothe, Ph.D., L.P. and William V. Bobo, M.D.*
- E - Child and Adolescent Psychopharmacology  
*Cosima C. Swintak, M.D.*
- F - Anxiety Disorders - *Katherine M. Moore, M.D. and Craig N. Sawchuk, Ph.D., L.P.*

2:45

Break

### Breakout 2

3:00-4:30 p.m.

- A - Motivational Interviewing Skill Building - *Kristin Vickers Douglas, Ph.D., L.P.*
- B - Masters in Depression - *John M. Zajecka, M.D., Mark A. Frye, M.D., Katherine L. Wisner, M.D.*
- C - Borderline Personality Disorder – Mistakes and Opportunities  
*Brian A. Palmer, M.D.*
- D - Obesity Treatment: Meds and Therapy  
*Karen Grothe, Ph.D., L.P. and William V. Bobo, M.D.*
- E - Child and Adolescent Psychopharmacology  
*Cosima C. Swintak, M.D.*
- F - Anxiety Disorders - *Katherine M. Moore, M.D. and Craig N. Sawchuk, Ph.D., L.P.*

4:30 p.m.

Adjourn

## Friday, October 16, 2015

7:00 a.m.	Continental Breakfast and Registration
7:30	Thursday Wrap-up, Review, and Questions
7:50	Schizophrenia – Acute Treatment and Long-term Outcome <i>Peter J. Weiden, M.D.</i>
8:30	Mania – Acute Treatment and Long-term Outcome - <i>William V. Bobo, M.D.</i>
9:10	Questions & Answers - <i>William V. Bobo, M.D., Peter J. Weiden, M.D.</i>
9:35	Break
9:55	Pharmaceutical High Yield Pearls: Kinetics, Dynamics, Absorption, Interaction - <i>Jonathan G. Leung, Pharm.D., R.Ph.</i>
10:25	Update of Diabetes, Hypertension, Lipid Treatments for your psychiatric patient - <i>Christopher M. Wittich, M.D.</i>
11:05	Addiction Treatment for the Generalist - <i>Bhanu Prakash Kolla, M.D., MRCPsych</i>
11:30	Questions & Answers - <i>Jonathan G. Leung, Pharm.D., R.Ph., Christopher M. Wittich, M.D. and Bhanu Prakash Kolla, M.D., MRCPsych</i>
Noon-1:15 p.m.	Lunch (on your own)

**Breakout 1**

1:15-2:45 p.m.

- A - High Yield Internal Medicine for Psychiatrists  
*Christopher M. Wittich, M.D. and Brian A. Palmer, M.D.*
- B - High Yield Neurology for Psychiatrists  
*Scott D. Eggers, M.D. and J. Michael Bostwick, M.D.*
- C - Geriatric Psychiatry Updates: Depression Dementia and Beyond  
*Christopher L. Sola, D.O. and Maria I. Lapid, M.D.*
- D - Women's Mental Health  
*Katherine L. Wisner, M.D., William V. Bobo, M.D., Katherine M. Moore, M.D.*
- E - Masters in Psychosis - *Peter J. Weiden, M.D.*
- F - Sleep Disorders - *R. Robert Auger, M.D.*

2:45

Break

**Breakout 2**

3:00-4:30 p.m.

- A - High Yield Internal Medicine for Psychiatrists  
*Christopher M. Wittich, M.D. and Brian A. Palmer, M.D.*
- B - High Yield Neurology for Psychiatrists  
*Scott D. Eggers, M.D. and J. Michael Bostwick, M.D.*
- C - Geriatric Psychiatry Updates: Depression Dementia and Beyond  
*Christopher L. Sola, D.O. and Maria I. Lapid, M.D.*
- D - Women's Mental Health  
*L. Wisner, M.D., William V. Bobo, M.D., Katherine M. Moore, M.D.*
- E - Masters in Psychosis - *Peter J. Weiden, M.D.*
- F - Sleep Disorders - *R. Robert Auger, M.D.*

4:30

Adjourn

**Saturday, October 17, 2015**

- 7:00 a.m. Continental Breakfast
- 7:45 Friday Wrap-Up & Review
- 8:00 The Suicidal Person - *J. Michael Bostwick, M.D.*
- 8:15 Suicide Assessment, Epidemiology, Phenomenology - *William V. Bobo, M.D.*
- 8:40 Suicide Pharmacology, Neurobiology, and Clinical/Legal Implications  
*Mark A. Frye, M.D.*
- 9:05 Brief Interventions for Suicidal Patients - *Brian A. Palmer, M.D.*
- 9:30 Questions & Answers - *J. Michael Bostwick, M.D., William V. Bobo, M.D., Mark A. Frye, M.D., Brian A. Palmer, M.D.*
- 9:55 Break
- 10:10 Post-Traumatic Stress Disorder - *Jeffrey P. Staab, M.D.*
- 10:40 Integrated Behavioral Health: Models for Population Interventions  
*Mark D. Williams, M.D.*
- 11:10 Questions & Answers (*Jeffrey P. Staab, M.D., Mark D. Williams, M.D.*)
- 11:40 Course Feedback and Post-test
- Noon-1:15 p.m. Lunch (on your own)

**Breakout 1**

1:15-3:45 p.m.

- A - Dual Diagnosis Assessment and Treatment  
*Bhanu Prakash Kolla, M.D., MRCPsych*
- B - Somatic Symptom Disorders-How, When What to Treat  
*Jeffrey P. Staab, M.D..*
- C - Population Mental Health Strategies: In-Depth Approaches  
*Mark D. Williams, M.D. and Craig N. Sawchuk, Ph.D., L.P.*

3:45 p.m.

Adjourn

Program schedule is subject to change without notice.



MAYO 4500 San Pablo Road  
CLINIC Jacksonville, Florida 32224



## **FACULTY DISCLOSURE**

As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

## **NATIONAL PHYSICIAN PAYMENT TRANSPARENCY PROGRAM**

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).

# SAVE THE DATE

Psychiatry Clinical Reviews 2016

October 6-8, 2016

Intercontinental Chicago

Magnificent Mile

Chicago, IL



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