

Mayo Clinic Psychiatry Clinical Updates
February 26-March 1, 2019
The Fairmont Orchid – The Big Island, Hawaii

Tuesday, February 26, 2019

- 6:00 a.m. Continental Breakfast and Registration
- 7:00 – 7:15 Introduction, Announcements, Schedule Review, Pre-test
Mark A. Frye, M.D. and Kristin S. Vickers, Ph.D., L.P., ABPP
- 7:15 – 7:45 Differential Diagnosis of Depression: Unipolar, Bipolar or Borderline?
Mark A. Frye, M.D.
- 7:45-8:15 Principles for the Treatment of Unipolar Depression
Michael J. Gitlin, M.D.
- 8:15-8:45 Management of Treatment Resistant Major Depressive Disorder
Michael J. Gitlin, M.D.
- 8:45-9:00 Questions and Answers
Mark A. Frye, M.D. and Michael J. Gitlin M.D.
(Moderator: *Kristin S. Vickers, Ph.D., L.P., ABPP*)
- 9:00-9:15 Refreshment Break
- 9:15-9:45 3rd Generation Psychotherapies for Depression
Kristin S. Vickers, Ph.D., L.P., ABPP
- 9:45-10:15 Geriatric Psychiatry Update
Melanie T. Gentry M.D.
- 10:15-10:40 When to Consider Pharmacogenomic Testing
Mark A. Frye, M.D.
- 10:40-10:55 Questions and Answers
Mark A. Frye M.D., Melanie T. Gentry M.D., Kristin S. Vickers, Ph.D., L.P., ABPP
(Moderator: *Michael J. Gitlin M.D.*)
- 10:55-11:10 Move to Breakout Sessions

11:10-12:10 Breakout Sessions

Plaza 1	Plaza 2	Plaza 3
Psychotherapy & Pharmacotherapy for Depression	Introduction to Pharmacokinetic & Pharmacodynamic Testing	Geriatrics
<i>Kristin S. Vickers, Ph.D., L.P., ABPP, and Michael J. Gitlin M.D.</i>	<i>Mark A. Frye M.D.</i>	<i>Melanie T. Gentry M.D.</i>

12:10 p.m. Adjourn

Wednesday, February 27, 2019

6:00 a.m. Continental Breakfast

6:30-7:00 Breakfast Roundtable Discussion with the Professors
Mark A. Frye, M.D.Differential Diagnosis of Pharmacogenomics
Michael J. Gitlin M.D......Depression/Treatment Resistant Depression
Kristin S. Vickers, Ph.D., L.P., ABPP.....New Psychotherapies for Depression

7:00-7:45 Principles and Updates in Schizophrenia Treatment
Rona J. Hu, M.D.

7:45-8:15 Principles and Updates in Bipolar I & II disorder
Mark A. Frye M.D.

8:15-8:45 Perinatal Psychiatry
Katherine M. Moore M.D.

8:45-9:00 Questions and Answers
Mark A. Frye M.D., Rona J. Hu, M.D., Katherine M. Moore M.D.
 (Moderator: *Kristin S. Vickers, Ph.D., L.P., ABPP*)

9:00-9:15 Refreshment Break

9:15-9:45 Suicide – Risk Factors and Treatment Strategies
J. Michael Bostwick M.D.

- 9:45-10:15 Pearls of Hospital Based Psychiatry
Robert (Rob) J. Morgan, III M.D., Ph.D.
- 10:15-10:30 Questions and Answers
J. Michael Bostwick M.D. and Robert (Rob) J. Morgan, III M.D., Ph.D.
(Moderator: Mark A. Frye M.D.)
- 10:30-10:45 Move to Breakout Sessions
- 10:45-11:45 Breakout Sessions

Plaza 1	Plaza 2	Plaza 3	Grand Ballroom (Salon 1 & 2)
Schizophrenia	Bipolar	Suicide	Perinatal Psychiatry
<i>Rona J. Hu, M.D.</i>	<i>Mark A. Frye M.D.</i>	<i>J. Michael Bostwick M.D.</i>	<i>Katherine M. Moore M.D.</i>

11:45 a.m. Adjourn

Thursday, February 28, 2019

- 6:00 a.m. Continental Breakfast
- 6:30-7:00 Breakfast Roundtable Discussion with the Professor
J. Michael Bostwick M.D......Suicide
Mark A. Frye M.D......Bipolar
Rona J. Hu, M.D......Schizophrenia
Robert (Rob) J. Morgan, III M.D., Ph.D......Hospital Psychiatry
Katherine M. Moore M.D......Perinatal Psychiatry
- 7:00-7:45 Anxiety Disorders
Katherine M. Moore M.D.
- 7:45-8:15 Biological Treatment of Substance Use Disorders
Bhanuprakash (Bhanu) Kolla, M.D.
- 8:15-8:45 Legal Issues in Psychiatry
Rona J. Hu, M.D.

- 8:45-9:00 Questions and Answers
Rona J. Hu, M.D., Bhanuprakash (Bhanu) Kolla, M.D., and Katherine M. Moore M.D.
 (Moderator: *Kristin S. Vickers, Ph.D., L.P., ABPP*)
- 9:00-9:15 Refreshment Break
- 9:15-9:50 Principles of Psychiatric Case Formulation
J. Michael Bostwick, M.D.
- 9:50-10:25 Sleep Disorder Pearls
Bhanuprakash (Bhanu) Kolla, M.D.
- 10:25-10:40 Questions and Answers
J. Michael Bostwick, M.D. and Bhanuprakash (Bhanu) Kolla, M.D.
 (Moderator: *Mark A. Frye M.D.*)
- 10:40-11:00 Wrap-Up and Next Day Preview
Mark A. Frye M.D. and Kristin S. Vickers, Ph.D., L.P., ABPP
- 11:00-11:15 Move to Breakout Sessions
- 11:15-12:15 Breakout Sessions

Plaza 1	Plaza 2	Plaza 3	Grand Ballroom (Salon 1 & 2)
Case-Based Anxiety	Addiction / Sleep	Schizophrenia	Suicide
<i>Katherine M. Moore M.D.</i>	<i>Bhanuprakash (Bhanu) Kolla, M.D.</i>	<i>Rona J. Hu, M.D.</i>	<i>J. Michael Bostwick, M.D.</i>

12:15 p.m. Adjourn

Friday, March 1, 2019

6:00 a.m. Continental Breakfast

- 6:30-7:00 Breakfast Roundtable Discussion with the Professor
J. Michael Bostwick, M.D......Case Formulation
Rona J. Hu, M.D......Legal Issues in Psychiatry
Bhanuprakash (Bhanu) Kolla, M.D......Sleep Disorders
Katherine M. Moore M.D......Anxiety Disorders
- 7:00-7:40 TBD
TBD
- 7:40-8:20 Psychiatry in the Primary Care Setting
Jay D. Mitchell M.D.
- 8:20-8:35 Questions and Answers
TBD and Jay D. Mitchell M.D.
(Moderator: *Mark A. Frye M.D.*)
- 8:35-8:50 Refreshment Break
- 8:50-9:30 Treatment of Depression in Adolescents and Young Adults
Alastair J. McKean, M.D.
- 9:30-10:10 Treatment of ADHD in Adolescents and Young Adults
Cosima C. Swintak, M.D.
- 10:10-10:25 Questions and Answers
Cosima C. Swintak, M.D. and Alastair J. McKean, M.D.
(Moderator: *Mark A. Frye M.D.*)
- 10:25-10:40 Course Post-Test and Evaluation
Mark A. Frye M.D. and Kristin S. Vickers, Ph.D., L.P., ABPP
- 10:40-10:55 Move to Breakout Sessions

10:55-11:55 Breakout Sessions

Plaza 1	Plaza 2	Grand Ballroom (Salon 1 & 2)
Child	Clinician Burnout: Practical Self-Care Strategies	General Medicine
<i>Cosima C. Swintak, M.D. and Alastair J. McKean, M.D.</i>	<i>Kristin S. Vickers, Ph.D., L.P., ABPP</i>	<i>Jay D. Mitchell M.D.</i>

11:55 a.m. Adjourn