

Mayo Clinic Psychiatry Clinical Updates  
February 25-February 28, 2020  
Grand Hyatt Kauai Resort & Spa – Koloa, Kauai, Hawaii

**Tuesday, February 25, 2020**

- 6:00 a.m. Continental Breakfast and Registration
- 7:00-7:15 Introduction, Announcements, Schedule Review, Pre-test  
*Mark A. Frye, M.D. and Kristin S. Vickers, Ph.D., L.P., ABPP*
- 7:15-7:45 Differential Diagnosis of Depression: Unipolar, Bipolar or Borderline?  
*Michael J. Gitlin, M.D.*
- 7:45-8:15 Treatment Resistant Depression  
*Mark A. Frye, M.D.*
- 8:15-8:45 Bipolar Depression  
*Michael J. Gitlin, M.D.*
- 8:45-9:00 Questions and Answers  
*Mark A. Frye, M.D. and Michael J. Gitlin, M.D.*
- 9:00-9:15 Refreshment Break
- 9:15-9:45 Late Life Depression  
*Melanie T. Gentry, M.D.*
- 9:45-10:15 Cognitive Behavioral Psychotherapies for Depression  
*Craig N. Sawchuk, Ph.D., L.P., ABPP*
- 10:15-10:30 *Rapid Recommendation: When to Consider Pharmacogenomics Testing*  
*Mark A. Frye, M.D.*
- 10:30-10:45 *Rapid Recommendation When to Consider Transcranial Magnetic Stimulation (TMS)*  
*Paul E. Croarkin, D.O., M.S.*
- 10:45-11:00 Questions and Answers  
*Mark A. Frye, M.D., Melanie T. Gentry, M.D., Craig N. Sawchuk, Ph.D., L.P., ABPP, Paul E. Croarkin, D.O., M.S.*

11:00-11:15 Move to Breakout Sessions

11:15-12:15 Breakout Sessions

Treatment Resistant Depression: Ketamine to Genotyping	Psychotherapy & Pharmacotherapy for Depression: Your Cases Discussed	Neuromodulation: ECT, TMS, DBS, VNS	Polypharmacy
<i>Mark A. Frye, M.D.</i>	<i>Craig N. Sawchuk, Ph.D., L.P., ABPP, and Michael J. Gitlin, M.D.</i>	<i>Paul E. Croarkin, D.O., M.S.</i>	<i>Melanie T. Gentry, M.D.</i>

12:15 p.m. Adjourn

**Wednesday, February 26, 2020**

6:00 a.m. Continental Breakfast

6:30-7:00 Breakfast Roundtable Discussion with the Professors  
*Mark A. Frye, M.D. ....Treatment Resistant Depression*  
*Michael J. Gitlin, M.D.....Bipolar & Borderline*  
*Craig N. Sawchuk, Ph.D., L.P., ABPP.....Psychotherapies for Depression*  
*Melanie T. Gentry, M.D. ....Late Life Depression and Psychosis*  
*Paul E. Croarkin, D.O., M.S.....ECT, TMS, DBS, VNS*

7:00-7:30 Differential Diagnosis of Psychosis  
*Robert J. Morgan, III M.D., Ph.D.*

7:30-8:00 Schizophrenia  
*Rona J. Hu, M.D.*

8:00-8:30 Mania  
*Mark A. Frye, M.D.*

8:30-9:00 Late Late Psychosis in Dementia  
*Melanie T. Gentry, M.D.*

9:00-9:15 Questions and Answers  
*Mark A. Frye, M.D., Rona J. Hu, M.D., Melanie T. Gentry, M.D., Robert J. Morgan, III M.D., Ph.D.*

- 9:15-9:30 Refreshment Break
- 9:30-10:00 Pearls of Hospital Based Psychiatry  
*Robert J. Morgan, III M.D., Ph.D.*
- 10:00-10:30 Drug of Abuse Withdrawal Strategies  
*Bhanuprakash (Bhanu) Kolla, M.D.*
- 10:30 -10:45 *Rapid Recommendation When & How to start Long Acting Injectable*  
*Rona J. Hu, M.D.*
- 10:45-11:00 Questions and Answers  
*Robert J. Morgan, III M.D., Ph.D., Bhanuprakash (Bhanu) Kolla, M.D.*
- 11:00-11:15 Move to Breakout Sessions
- 11:15-12:15 Breakout Sessions

Mania	Schizophrenia	Hospital Based Psychiatry & Drug Withdrawal	Late Late Depression and Psychosis
<i>Mark A. Frye, M.D.</i>	<i>Rona J. Hu, M.D.</i>	<i>Robert J. Morgan, III M.D., Ph.D., Bhanuprakash (Bhanu) Kolla, M.D.</i>	<i>Melanie Gentry, M.D.</i>

12:15 p.m. Adjourn

### Thursday, February 27, 2020

- 6:00 a.m. Continental Breakfast
- 6:30-7:00 Breakfast Roundtable Discussion with the Professor  
*Bhanuprakash (Bhanu) Kolla, M.D.*.....Addiction & Drug Withdrawal  
*Mark A. Frye, M.D and Michael J. Gitlin, M.D.*.....Bipolar Disorder  
*Rona J. Hu, M.D.*..... Schizophrenia  
*Robert J. Morgan, III M.D., Ph.D.*.....Hospital Psychiatry  
*Melanie T. Gentry, M.D.*.....Geriatric Psychiatry
- 7:00-7:15 Differential Diagnosis of Anxiety Disorders  
*Craig N. Sawchuk, Ph.D., L.P., ABPP*

- 7:15-7:45 Pharmacotherapy of Anxiety Disorders  
*Katherine M. Moore, M.D.*
- 7:45-8:15 Psychotherapy of Anxiety Disorders  
*Craig N. Sawchuk, Ph.D., L.P., ABPP*
- 8:15-8:45 Emerging Novel Pharmacotherapies  
*Mark A. Frye M.D.*
- 8:45-9:15 Enhancing Treatment Engagement and Adherence  
*Kristin S. Vickers, Ph.D., L.P., ABPP*
- 9:15-9:30 Questions and Answers  
*Craig N. Sawchuk Ph.D., Katherine Moore, M.D., Mark A. Frye M.D.  
Kristin S. Vickers, Ph.D., L.P., ABPP*
- 9:30-9:45 Refreshment Break
- 9:45-10:15 Pharmacotherapy of Addiction  
*Bhanuprakash (Bhanu) Kolla, M.D.*
- 10:15-10:45 Adult Attention Deficit Disorder  
*Cosima C. Swintak, M.D.*
- 10:30-11:00 *Rapid Communication* Top 3 Psychiatry Publications of 2019  
*Robert J. Morgan, III M.D., Ph.D.*
- 11:00-11:15 Questions and Answers  
*Bhanuprakash (Bhanu) Kolla, M.D., Cosima C. Swintak, M.D.,  
Robert J. Morgan, III M.D., Ph.D.*
- 11:15-11:30 Move to Breakout Sessions

11:30-12:30 Breakout Sessions

Adult Attention Deficit Disorder	New Emerging Pharmacotherapies	Case-Based Addiction	Case-Based Anxiety: Your Cases Discussed
<i>Cosima Swintak M.D</i>	<i>Mark A. Frye M.D.</i>	<i>Bhanu Kolla, M.D. Craig Sawchuk Ph.D.</i>	<i>Katherine M. Moore, M.D. Kristin S. Vickers, Ph.D., L.P., ABPP</i>

12:30 p.m. Adjourn

**Friday, February 28, 2020**

6:00 a.m. Continental Breakfast

6:30-7:00 Breakfast Roundtable Discussion with the Professor

*Bhanuprakash (Bhanu) Kolla, M.D.*.....Addiction  
*Katherine M. Moore, M.D.*.....Pharmacotherapy Anxiety Disorders  
*Craig N. Sawchuk Ph.D. & Kristin Vickers Ph.D.* ..Psychotherapy Anxiety Disorders  
*Cosima C. Swintak, M.D.*.....Attention Deficit Disorder

7:00-7:30 Perinatal Psychiatry

*Katherine M. Moore, M.D.*

7:30-8:00 Obesity Pharmacotherapy

*Mark A. Frye, M.D.*

8:00-8:30 Obesity and Bariatrics

*Matthew M. Clark, Ph.D., L.P.*

8:30-8:45 Question and Answer

*Katherine M. Moore, M.D., Mark A. Frye M.D., Matthew M. Clark, Ph.D., L.P.*

8:45-9:00 Refreshment Break

9:00-9:30 Medical Marijuana

*Melanie T. Gentry, M.D.*

9:30-10:00 Suicide

*Michael J. Gitlin, M.D.*

10:00-10:15 Questions and Answers

*Michael J. Gitlin, M.D., Melanie T. Gentry, M.D.*

10:15-10:30 Resources for Psychotherapy and Patient Education

*Kristin S. Vickers, Ph.D., L.P., ABPP*

10:30-11:00 Course Post-Test and Evaluation

*Mark A. Frye, M.D. and Kristin S. Vickers, Ph.D., L.P., ABPP*

11:00-11:15 Move to Breakout Sessions

11:15-12:15 Breakout Sessions

Perinatal Psychiatry	Clinician Burnout: Practical Self-Care Strategies	Suicide	Obesity
<i>Katherine M. Moore M.D.</i>	<i>Kristin S. Vickers, Ph.D., L.P., ABPP</i>	<i>Michael J. Gitlin, M.D.</i>	<i>Mark A. Frye M.D. Matthew M. Clark, Ph.D., L.P.</i>

12:15 p.m. Adjourn