

Mayo Clinic Psychiatry Clinical Updates
March 11-14, 2022

Hyatt Regency Maui Resort and Spa, Lahaina, HI
All times listed are HST (Hawaii Standard Time)

Friday, March 11 (Mood Disorders)

6:00 a.m. Continental Breakfast and Registration

7:00-7:15 Introduction, Announcements, Schedule Review, Pre-test

Melanie T. Gentry, M.D. and Craig N. Sawchuk, Ph.D., L.P., ABPP

7:15-7:45 Differential Diagnosis of Depression: Unipolar, Bipolar or Borderline?

Michael J. Gitlin, M.D.

7:45-8:15 Treatment Resistant Depression

Mark A. Frye, M.D.

8:15-8:45 Bipolar Depression

Michael J. Gitlin, M.D.

8:45-9:00 Questions and Answers

Mark A. Frye, M.D. and Michael J. Gitlin, M.D.

9:00-9:15 Refreshment Break

9:15-9:45 Late Life Depression

Melanie T. Gentry, M.D.

9:45-10:15 Cognitive Behavioral Therapy for Mood Disorders

Craig N. Sawchuk, Ph.D., L.P., ABPP

10:15-10:45 Psychedelics in mental health treatment: Ketamine, esketamine and psilocybin

Paul E. Croarkin, D.O., M.S.

10:45-11:00 Questions and Answers

Melanie T. Gentry, M.D., Craig N. Sawchuk, Ph.D., L.P., ABPP, Paul E. Croarkin, D.O., M.S.

11:00-11:15 Move to Breakout Sessions

11:15-12:15 Breakout

General Session Space

Treatment Resistant
Depression: Ketamine to
Genotyping

Mark A. Frye, M.D.

Grand 3

Psychotherapy &
Pharmacotherapy for
Depression: Your Cases
Discussed

*Craig N. Sawchuk, Ph.D.,
L.P., ABPP
Michael J. Gitlin, M.D.*

Grand 4

Neuromodulation
*Paul E. Croarkin, D.O.,
M.S.*

Grand 5

Pseudodementia of
Depression

Melanie T. Gentry, M.D.

12:15 p.m. Adjourn

Saturday, March 12 (Psychosis and Bipolar Disorder)

6:00 a.m. Continental Breakfast

6:30-7:00 Breakfast Roundtable Discussion with the Professors

Mark A. Frye, M.D.Treatment Resistant Depression
Michael J. Gitlin, M.D......Bipolar & Borderline
Craig N. Sawchuk, Ph.D., L.P., ABPP.....CBT for Mood Disorders
Melanie T. Gentry, M.D.Late Life Depression and Psychosis
Paul E. Croarkin, D.O., M.S......ECT, TMS, DBS, VNS

7:00-7:30 Differential Diagnosis of Psychosis

Robert (Rob) J. Morgan, III M.D., Ph.D.

7:30-8:00 Schizophrenia

Matej Markota, M.D.

8:00-8:30 Advanced Psychopharmacology for Psychosis

Jonathan G. Leung, Pharm.D., R.Ph.

8:30-9:00 Behavioral and Psychological Symptoms of Dementia

Melanie T. Gentry, M.D.

9:00-9:15 Questions and Answers

*Robert (Rob) J. Morgan, III M.D., Ph.D., Matej Markota, M.D., Melanie T. Gentry, M.D.,
Jonathan G. Leung, Pharm.D., R.Ph.*

9:15-9:30 Refreshment Break

9:30-10:00 Mood dysregulation in Childhood and Adolescence

Paul Croarkin, D.O., M.S.

10:00-10:30 TBD

Kristen Vickers, Ph.D., L.P., ABPP

10:30 -10:45 *Rapid Recommendation* Clozapine management
Jonathan G. Leung, Pharm.D., R.Ph.

10:45-11:00 Questions and Answers
Paul Croarkin, D.O., M.S., Kristin S. Vickers, Ph.D., L.P., ABPP,
Jonathan G. Leung, Pharm.D., R.Ph.

11:00-11:15 Move to Breakout Sessions

11:15-12:15 Breakout

Grand 3

Neuromodulation in
Children and Adolescents
Paul Croarkin, D.O.,
M.S.

General Session Space

Schizophrenia, managing
treatment resistance
Matej Markota, M.D.

Grand 4

Hospital Based
Psychiatry
Robert (Rob) J. Morgan,
III M.D., Ph.D.

Grand 5

Polypharmacy in Older
Adults
Melanie T. Gentry, M.D.,
Leung, Jonathan G.,
Pharm.D., R.Ph.

12:15 p.m. Adjourn

Sunday March 13 (Addictions, Sleep, and Wellness)

6:00 a.m. Continental Breakfast

6:30-7:00 Breakfast Roundtable Discussion with the Professor
Bhanuprakash (Bhanu) Kolla, M.D......Addiction & Drug Withdrawal
Mark A. Frye, M.D. and Michael J. Gitlin, M.D......Bipolar Disorder
Matej Markota, M.D...... Schizophrenia
Robert (Rob) J. Morgan, III M.D., Ph.D......Hospital Psychiatry

7:00-7:15 Evidence-Based Psychotherapy Resources
Craig N. Sawchuk, Ph.D., L.P., ABPP

7:15-7:45 Sleep Disorders in Psychiatry
Bhanuprakash (Bhanu) Kolla, M.D.,

7:45-8:15 Cognitive Behavioral Therapy for Insomnia
Craig N. Sawchuk, Ph.D., L.P., ABPP

8:15-8:45 Pharmacotherapy of Addiction
Bhanuprakash (Bhanu) Kolla, M.D.

8:45-9:15 Suicide – Risk Factors and Treatment Strategies
J. Michael Bostwick, M.D.

9:15-9:30 Questions and Answers
Craig N. Sawchuk Ph.D., L.P., ABPP, Bhanuprakash (Bhanu) Kolla, M.D., & J. Michael Bostwick, M.D.

9:30-9:45 Refreshment Break

9:45-10:15 Trauma in the Midst of a Pandemic and Protests

Monica Taylor-Desir, MD, MPH

10:15-10:45 Mania

Mark A. Frye, M.D

10:45-11:00 *Rapid Communication* Top COVID-19 Publications

Robert (Rob) J. Morgan, III M.D., Ph.D

11:00-11:15 Questions and Answers

Bhanuprakash (Bhanu) Kolla, M.D., Kristin Vickers, Ph.D., L.P., ABPP,

Robert (Rob) J. Morgan, III M.D., Ph.D.

11:15-11:30 Move to Breakout Sessions

11:30-12:30 Breakout

Grand 3

General Session Space

Grand 4

Grand 5

Professional Wellness and
Mental Health in COVID-19

Cultural Humility,
Immigration & Acculturation

Case-Based Addiction

Evidence Based
Psychotherapy: Your Cases
Discussed

*.J. Michael Bostwick,
M.D. & Kristin Vickers, Ph.D.,
L.P., ABPP*

*Monica Taylor-Desir,
MD, MPH*

*Bhanuprakash (Bhanu) Kolla,
M.D.*

*Craig Sawchuk Ph.D., L.P.,
ABPP*

12:30 p.m. Adjourn

Monday, March 14 (Women's Health)

6:00 a.m. Continental Breakfast

6:30-7:00 Breakfast Roundtable Discussion with the Professor

Bhanuprakash (Bhanu) Kolla, M.D.....Addiction

Katherine M. Moore, M.D.....Pharmacotherapy Anxiety Disorders

Craig N. Sawchuk, Ph.D. and Kristin Vickers, Ph.D...Psychotherapy Anxiety Disorders

7:00-7:30 Perinatal Psychiatry Update

Katherine Moore, M.D.

7:30-8:00 Perimenopause and Depression

Katherine Moore, M.D.

8:00-8:30 Sexual Health in Women

Jennifer Vencill, Ph.D., L.P., ABPP

8:30-8:45 Question and Answer

Katherine M. Moore, M.D. and Jennifer Vencill, Ph.D., L.P., ABPP

8:45-9:00 Refreshment Break

9:00-9:30 Cognitive Complaints in Midlife: Brain Fog, Dementia and Adult ADHD

Melanie T. Gentry, M.D.

9:30-10:00 Psychogenomic Testing in Children and Young Adults

Jennifer L. Vande Voort, M.D.

10:00-10:30 Promoting Wellness among Healthcare Providers during COVID-19

Kristin Vickers, Ph.D., L.P., ABPP

10:30-10:45 Questions and Answers

Melanie T. Gentry, M.D. , Jennifer L. Vande Voort, M.D. and Kristin Vickers, Ph.D., L.P., ABPP

10:45-11:00 Course Post-Test and Evaluation

Melanie T. Gentry, M.D. and Craig N. Sawchuk, Ph.D., L.P., ABPP

11:00-11:15 Move to Breakout Sessions

11:15-12:15 Breakout

Grand 3

Perinatal Psychiatry

*Katherine M. Moore, M.D.
Craig N. Sawchuk, Ph.D.,
L.P., ABPP*

Grand 4

Sexual Health

*Jennifer Vencill, Ph.D., L.P.,
ABPP*

General Session Space

Child and Adolescent
Psychopharmacology

*Jennifer L. Vande Voort,
M.D.*

Grand 5

Wellness

*Kristin Vickers, Ph.D., L.P.,
ABPP*

12:15 p.m. Adjourn

SCHEDULE SUBJECT TO CHANGE