

**Mayo Clinic Rehabilitation Medicine Update 2018
Program Schedule**

Friday, February 2, 2018				
7:00 – 7:50 a.m.	Registration & Continental Breakfast & Exhibitors			
7:50 – 8:00 a.m.	Welcome			
8:00 – 8:30 a.m.	“Dr.” -- My Back Still Hurts <i>Randy A. Shelerud, M.D.</i>			
8:30 – 9:00 a.m.	Which Exercises Really Help for Low Back Pain <i>Mark A. Kargela, P.T., D.P.T., OCS</i>			
9:00 – 9:30 a.m.	To Inject or Not Inject – What Works <i>John A. Freeman, D.O.</i>			
9:30 – 9:45 a.m.	Question & Answer Panel			
9:45 – 10:15 a.m.	Break and Exhibitors			
10:15 – 10:45 a.m.	Regenerative Medicine – Real, Hope or Hype <i>Shane A. Shapiro, M.D.</i>			
10:45 – 11:15 a.m.	Regeneration of the Intervertebral Disc <i>Wenchun Qu, M.D., M.S., Ph.D.</i>			
11:15 – 11:45 a.m.	Therapy Recommendations for Regenerative Medicine Procedures <i>Corey M. Kunzer, P.T., D.P.T., SCS</i>			
11:45 – noon	Question & Answer Panel			
Noon – 12:30 p.m.	Break and Exhibitors Pick up box lunch			
12:30 – 1:15 p.m.	Keynote: Creativity and Evidence-based Medicine: A Happy Marriage? <i>Matthew J. Taylor, P.T., Ph.D.</i>			
1:15 – 1:45 p.m.	“I have Fallen again” - Fall Prevention Programs <i>Kathryn K. Brewer, M.Ed., P.T., D.P.T., GCS</i>			
1:45 – 2:15 p.m.	Gait and Balance Evaluation <i>David C. Weber, M.D.</i>			
2:15 – 2:45 p.m.	Vestibular Training to Prevent Falls – <i>Stephanie Betcher, P.T., D.P.T.</i>			
2:45 – 3:00 p.m.	Question & Answer Panel			
3:00 p.m.	Break and Exhibitors move to workshops			
3:15 – 5:45 p.m.	Regenerative Medicine Workshop <i>W. Qu S. Shapiro (additional Registration)</i>	Falls/Vestibular Workshop <i>D. Weber K. Brewer S. Betcher</i>	Research/writing/ Quality assurance project <i>J. Basford A. Cheville A. Kollengode J. Hollman</i>	Orthopedic Physical Exam of the Lower Extremity Workshop <i>J. Brault D. Krause</i>
6:00 – 7:30 p.m.	Welcome Reception			
Saturday, February 3, 2018				
6:30 – 8:00 a.m.	Continental Breakfast & Exhibitors			
7:00 – 8:00 a.m.	Mindfulness based Stress Reduction <i>Roberto P. Benzo, M.D.</i>			
8:00 – 8:30 a.m.	Rehabilitation Management of the Critically Ill Patient <i>Erica Bellamkonda, M.D.</i>			
8:30 – 9:00 a.m.	From Bed Ridden to Independent – Functional Progression <i>Patrick J. Cornelius, P.T., D.P.T., CCS</i>			
9:00 – 9:30 a.m.	Do you think the patient can swallow those pills? Dysphagia Management <i>Janelle M. Hatlevig, O.T., BCPR</i>			

9:30 – 9:45 a.m.	Question & Answer Panel			
9:45 – 10:15 a.m.	Break and Exhibitors			
10:15 – 10:45 a.m.	Functional Movement Disorder – The “BEST” treatment <i>Jeffrey M. Thompson, M.D.</i>			
10:45 – 11:15 a.m.	Restoring Normal Movement the “BEST” way! <i>Sarah E. Dahlhauser, O.T., O.T.D., Sarah A. Boyd, P.T., D.P.T.</i>			
11:15 – 11:45 a.m.	Central Sensitization Syndrome: Understanding the Basics and Practical Implementation for Patient Care <i>Cynthia O. Townsend, Ph.D., L.P.</i>			
11:45 – Noon	Question & Answer Panel			
Noon – 12:30 p.m.	Break and Exhibitors Pick up Box Lunch			
12:30 – 1:15 p.m.	Lunchtime Lecture: Concussion – What we know <i>Amaal J. Starling, M.D.</i>			
1:15 – 1:45 p.m.	More than just a H/A – management of concussion in school – (include concussion and exercise) <i>Cara C. Prideaux, M.D.</i>			
1:45 – 2:15 p.m.	Practical Management of Persistent Concussion Symptoms <i>Jessica L. Petersen, O.T.</i>			
2:15 – 2:45 p.m.	Pitfalls of Early Specialization <i>Karen L. Newcomer, M.D.</i>			
2:45 – 3:00 p.m.	Question & Answer Panel			
3:00 p.m.	Break and Exhibitors – move to workshops			
3:15 – 5:45 p.m.	Regenerative Medicine Workshop <i>W. Qu</i> <i>S. Shapiro</i> (additional Registration)	Treating Functional Movement Disorders <i>J. Thompson</i> <i>S. Dahlhauser</i> <i>S. Boyd</i> <i>B. Geissler</i>	Hand Conditions and Hand Therapy. <i>K. Bengtson</i> <i>B. Ganter</i> <i>J. Petersen</i> <i>C. Ivy</i>	Critical Illness/Dysphagia <i>P. Cornelius</i> <i>J. Hatlevig</i> <i>E. Bellamkonda</i> <i>J. Tompkins</i>
Sunday, February 4, 2018				
6:30 – 8:00 a.m.	Continental Breakfast & Exhibitors			
7:00 – 8:00 a.m.	The Eyes Free the Neck – Feldenkrais Awareness Through Movement Class <i>Mary L. Jurisson, M.D.</i>			
8:00 – 8:30 a.m.	Osteoporosis and the Fracture Liaison Service <i>Michael D. Whitaker, M.D.</i>			
8:30 – 9:00 a.m.	Preventing Another Compression FX – Exercise/Posture That Helps <i>Kathryn K. Brewer, M.Ed., P.T., D.P.T., GCS</i>			
9:00 – 9:30 a.m.	Wellness and Exercise for Seniors <i>Pauline H. Lucas, P.T., D.P.T., WCS</i>			
9:30 – 9:45 a.m.	Question & Answer Panel			
9:45 – 10:00 a.m.	Break & Exhibitors			
10:00 – 10:30 a.m.	Prosthetics Done Right <i>Karen L. Andrews, M.D.</i>			
10:30 – 11:00 a.m.	Staying Healthy after Spinal Cord Injury <i>Megan L. Gill, P.T., D.P.T., NCS, Lisa A. Beck, APRN, CNS, M.S.</i>			
11:00 – 11:30 a.m.	Is Telemedicine Right for You? <i>Bradford W. Landry, D.O.</i>			
11:30 – 11:45 a.m.	Question & Answer Panel			
11:45 – 12:15 p.m.	Wrap up and Adjourn			