



**Comprehensive Sports Medicine Update and Board Review
Online CME Course**

Recording Number	Duration (hrs:min:sec)	Topic/Faculty
1	0:05:00	Introduction <i>Chad Asplund, M.D. and Kristi Colbenson, M.D.</i>
2	0:28:06	Role of the Team Physician <i>Kristi Colbenson, M.D.</i>
3	0:37:04	Exercise Physiology <i>Jonathan Finnoff, D.O.</i>
4	0:29:32	Biomechanics <i>Aaron Hellem, D.P.T.</i>
5	0:28:51	Pharmacology and Doping in Sports Medicine <i>Jeff Tanji, M.D.</i>
6	0:37:57	Principles of Musculoskeletal Rehabilitation <i>Jacob Sellon, M.D.</i>
7	0:15:33	Sports Medicine Procedures <i>Jonathan Finnoff, D.O.</i>
8	0:41:31	Event Administration <i>Jacob Sellon, M.D.</i>
9	0:19:41	Braces and Protective Equipment <i>Jonathan Finnoff, D.O.</i>
10	0:48:59	Pre-Participation Examination <i>Jeff Tanji, M.D.</i>
11	0:25:02	Conditioning and Training Techniques <i>Jonathan Finnoff, D.O.</i>
12	0:23:17	Exercise Screening, Testing and Prescription <i>Jeff Tanji, M.D.</i>
13	0:24:48	Bone Injuries and Conditions <i>Jason De Luigi, M.D.</i>
14	1:07:15	Muscle and Tendon Injuries and Conditions <i>Jacob Sellon, M.D.</i>
15	0:19:07	Cartilage and Joint Injuries and Conditions <i>Jason De Luigi, M.D.</i>
16	0:43:19	Sports Psychology <i>Justin Anderson, Psy.D.</i>
17	0:26:42	Fractures and Dislocation Management <i>Jason De Luigi, M.D.</i>
18	0:28:30	Exercise Associated Collapse <i>Francis O'Connor, M.D.</i>
19	1:29:33	Shoulder Injuries and Conditions <i>Mederic Hall, M.D.</i>
20	0:37:56	Elbow and Forearm Injuries and Conditions <i>David Soma, M.D.</i>
21	0:44:47	Wrist and Hand Injuries and Conditions <i>Mederic Hall, M.D.</i>
22	0:41:09	Pediatric Musculoskeletal Injuries and Conditions <i>David Soma, M.D.</i>
23	0:57:29	Pelvis, Hip and Thigh Injuries and Conditions <i>Mederic Hall, M.D.</i>
24	1:00:49	Knee Injuries and Conditions <i>Michael Stuart, M.D.</i>
25	0:29:39	Eye Injuries and Conditions <i>Kristi Colbenson, M.D.</i>
26	0:55:50	Leg, Ankle, and Foot Injuries and Conditions <i>Mederic Hall, M.D.</i>

27	0:35:19	Head, Ears, Nose and Throat Injuries and Conditions <i>Kristi Colbenson, M.D.</i>
28	0:41:49	The Pediatric Athlete <i>David Soma, M.D.</i>
29	1:01:00	Lumbar Spine Injuries and Conditions <i>Gerard Malanga, M.D.</i>
30	1:12:29	Environmental Illness <i>Francis O'Connor, M.D.</i>
31	0:37:05	Sports Rheumatology <i>Francis O'Connor, M.D.</i>
32	0:38:10	Cervical Spine Injuries and Conditions <i>Gerard Malanga, M.D.</i>
33	0:37:36	Sports Infectious Disease <i>Francis O'Connor, M.D.</i>
34	0:56:42	Sports Cardiology <i>Cindy Chang, M.D.</i>
35	0:45:43	The Adaptive Athlete <i>Jason De Luigi, M.D.</i>
36	0:37:15	Sports Gastroenterology <i>Cindy Chang, M.D.</i>
37	0:28:06	Abdominal Injuries and Conditions <i>Cindy Chang, M.D.</i>
38	1:07:22	Neurovascular Injuries of the Upper and Lower Extremities <i>Cara Prideaux, M.D.</i>
39	0:37:32	Thoracic Injuries and Conditions <i>Cindy Chang, M.D.</i>
40	0:29:46	Sports Pulmonology <i>Chad Asplund, M.D.</i>
41	0:25:07	Sports Hematology <i>Amy Powell, M.D.</i>
42	0:20:50	Sports Dermatology <i>Chad Asplund, M.D.</i>
43	0:25:52	Sports Obstetrics and Gynecology <i>Neha P. Raukar, M.D., M.S.</i>
44	0:31:17	Nutrition <i>Luke Corey</i>
45	0:19:29	Sports Allergy and Immunology <i>Amy Powell, M.D.</i>
46	0:33:17	Sports Neurology <i>Chad Asplund, M.D.</i>
47	0:31:59	The Master's Athlete <i>Amy Powell, M.D.</i>
48	0:25:17	Sports Nephrology and Urology <i>Chad Asplund, M.D.</i>
49	0:40:27	The Female Athlete <i>Amy Powell, M.D.</i>
50	0:36:01	Sports Endocrinology <i>Neha P. Raukar, M.D., M.S.</i>
51	0:02:51	Closing Comments <i>Chad Asplund, M.D. and Kristi Colbenson, M.D.</i>
Total	31:25:47	