

34TH Annual Selected Topics in Internal Medicine
January 31 – February 4, 2022

Course Directors:
John B. Bundrick, M.D.
Christopher R. Stephenson, M.D.

SUNDAY, January 30, 2022

Optional PRE-COURSE SESSIONS – (Additional Fees apply)

Pre-Course: Perioperative Medicine

Matthew A. Bartlett, M.B., B.Ch., B.A.O., Krystin A. Hidden, M.D., Adam K. Jacob, M.D., Karen F. Mauck, M.D., M.S., and Karna K. Sundsted, M.D.

7:00 a.m. Session Begins
9:00 a.m. Break
9:15 a.m. Session Continues
11:15 a.m. Adjourn

ABFM Knowledge Self-Assessment Module: Behavioral Health Care

Elizabeth W. Cozine, M.D. and Kristin J. Somers, M.D.

7:00 a.m. Module Begins
11:00 a.m. Adjourn

ABIM SEP Module 1

2020 - 2021 Update in Internal Medicine

Thomas J. Beckman, M.D., Allison L. Ducharme-Smith, M.D., and Jill M. Huber, M.D.

7:00 a.m. Module Begins
9:30 a.m. Adjourn

ABIM SEP Module 2

2020 - 2021 Update in Hospital Medicine

Luke T. Hafdahl, M.D., William C. Mundell, M.D., and Katie M. Rieck, M.D., M.H.A.

10:00 a.m. Module Begins
12:30 p.m. Adjourn

MONDAY, January 31, 2022

- 6:00 a.m. Registration and Continental Breakfast
- 7:00 a.m. **Welcome and Course Overview**
John B. Bundrick, M.D.
Christopher R. Stephenson, M.D.
- 7:15 a.m. **Secondary Cardiovascular Prevention**
Michael W. Cullen, M.D.
- 7:50 a.m. **Cases in Treatment Augmentation for Depression (+/- Anxiety)**
Kristin J. Somers, M.D.
- 8:25 a.m. **Cervical Cancer Screening Update**
Matthew R. Meunier, M.D.
- 9:00 a.m. **Beyond Insomnia: Restless Legs and other Sleep disorders**
Michael H. Silber, M.B., Ch.B.
- 9:35 a.m. Refreshment Break
- 9:50 a.m. **Management Strategies for Functional GI Symptoms**
Yuri A. Saito Loftus, M.D.
- 10:25 a.m. **Medical Management of Obesity**
Maria L. Collazo-Clavell, M.D.
- 11:00 a.m. **Approach to the Patient w Raynaud's/Vasospasm**
Ashima Makol, M.B.B.S.
- 11:35 a.m. **What can the Urine Tell Us?**
Suzanne M. Norby, M.D.
- 12:10 p.m. Adjourn

TUESDAY, February 1, 2022

- 6:00 a.m. **Continental Breakfast and Q&A with Monday Faculty**
- 7:00 a.m. **Outpatient Approach to FUO**
Pritish K. Tosh, M.D.
- 7:35 a.m. **Treatment of Sleep Apnea without PAP**
Eric J. Olson, M.D.
- 8:10 a.m. **Hypertrophic Cardiomyopathy for the Internist**
Steve R. Ommen, M.D.
- 8:45 a.m. **Updates in Hospital Medicine**
Will M. Schouten, M.D.
- 9:20 a.m. Refreshment Break
- 9:40 a.m. **Concurrent Sessions/Workshops**
Option #1: Dealing with Patient and Family Bias
Anjali Bhagra, M.D., Alice Gallo De Moraes, M.D., and Rahma Warsame, M.D.

Option #2: The High-Value Primary Care Musculoskeletal Exam

John C. Matulis, III D.O., M.P.H., Shawn C. Oxentenko, M.D., and Terin T. Sytsma, M.D.

Option #3: Pain Management: Integrative Medicine Modalities
Christina Chen, M.D. and Tony Y. Chon, M.D.

Option #4: Escape Room: Pulmonary Nodules
Diana J. Kelm, M.D., David E. Midthun, M.D., and Darlene R. Nelson, M.D., M.H.P.E.

Option #5: A Toolset for Serious Illness Conversations
Elise C. Carey, M.D., Molly A. Feely, M.D., and Jacob J. Strand, M.D.

Option #6: Buprenorphine Prescribing: How to Do It
Benjamin Lai, M.B., B.Ch., B.A.O. and Charles P. Reznikoff, M.D.

Option #7: Neurologic Exam for the Non-Neurologist
Jennifer M. Martinez-Thompson, M.D. and Derek W. Stitt, M.D.

Option #8: Motivational Interviewing
Cesar A. Gonzalez, Ph.D., L.P. and Katherine (Katie) M. Schupack, D.O.

10:40 a.m. Move to Concurrent Sessions/ Workshops

11:00 a.m. Concurrent Sessions/Workshops

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12:00 p.m. Adjourn

WEDNESDAY, February 2, 2022

6:00 a.m. Continental Breakfast and Q&A with Tuesday Faculty

7:00 a.m. Post-COVID: Managing the Long-Haulers
Megan M. Duloher Scrodin, M.D. and Ravindra Ganesh, M.B.B.S., M.D.

8:10 a.m. Pearls in Atrial Fibrillation Management
Abhishek J. Deshmukh, M.B.B.S.

8:45 a.m. Cases from the Men's Health Clinic

C. Scott Collins, M.D.

9:20 a.m. Refreshment Break

9:35 a.m. Updates in PE and DVT Management
Ariela L. Marshall, M.D.

10:10 a.m. Dermatology for Skin of Color
Hafsa M. Cantwell, M.D.

10:45 a.m. How to Keep Your Older Patients Upright
Brandon P. Verdoorn, M.D.

11:20 a.m. Practice-Changing Publications the Outpatient Clinician Wants to Know About
Majken Wingo, M.D.

12:05 p.m. Adjourn

THURSDAY, February 3, 2022

6:00 a.m. Continental Breakfast and Q&A with Wednesday Faculty

7:00 a.m. Medication Updates
Christopher M. Wittich, M.D.

7:35 a.m. Assessment of the Older Driver: Tips and Tricks for the Busy Clinician
Emily L. Leasure, M.D.

8:10 a.m. Update on C Diff
Darrell S. Pardi, M.D.

8:45 a.m. Contraception Potpourri
Hannah C. Nordhues, M.D.

9:20 a.m. Refreshment Break

9:35 a.m. Adrenal: What the Primary Care Clinician Needs to Know
William F. Young, Jr., M.D.

10:10 a.m. Inflammatory Bowel Disease for the Generalist
Laura E. Raffals, M.D.

10:45 a.m. GI Evaluation of Iron Deficiency Anemia
Stephanie L. Hansel, M.D., M.S.

11:20 a.m. Lupus for the Primary Care Clinician -- Dx and Early Mgmt
Uma Thanarajasingam, M.D., Ph.D.

11:55 a.m. Adjourn

FRIDAY, February 4, 2022

6:00 a.m. Continental Breakfast and Q&A with Thursday Faculty

7:00 a.m. Back to the Basics: Why Family History Matters
Denise M. Dupras, M.D., Ph.D.

7:35 a.m. Pearls on Diagnosis and Management of Dizziness
Scott D. Eggers, M.D.

8:10 a.m. **The Abnormal CBC**
Carrie A. Thompson, M.D.

8:45 a.m. **What's New In Heart Failure?**
Paul M. McKie, M.D.

9:20 a.m. Refreshment Break

9:35 a.m. **An Update on Sepsis: What's Changed?**
John G. Park, M.D.

10:10 a.m. **DM and CKD**
Aleksandra Kukla, M.D.

10:45 a.m. **Work Restrictions and FMLA: Pro Tips**
Clayton T. Cowl, M.D., M.S.

11:20 a.m. **PMR and GCA: Dx and Mgmt**
Matthew J. Koster, M.D.

11:55 a.m. Concluding Remarks

12:00 p.m. Adjourn

Mahalo!