



Mayo School of Continuous Professional Development

28th Annual

Selected Topics in Internal Medicine



January 25-29, 2016

**The Hilton Waikoloa Village
Waikoloa, The Big Island, Hawaii**

ABIM MOC, AAFP SAM, & Pain Medicine Pre-Course Modules available:
Sunday, January 24, 2016

Register Now!

www.ce.mayo.edu/node/4259

Course Description

Selected Topics in Internal Medicine is a postgraduate course designed to update general internists, internist-subspecialists, family medicine specialists, and other primary health care providers on selected internal medicine topics. Some of the most common problems encountered in clinical practice will be represented. The focus will be on clinical pearls and practice updates. Presentations will be made by experts from various disciplines in internal medicine.

Course Learning Objectives

Upon conclusion of this program, participants should be able to:

- Summarize recent updates, clinical studies, and new guidelines that impact practice in general medicine.
- Describe the indications and major adverse effects of newly FDA approved medications that are applicable to a general medicine practice.
- Review updates and clinical practice strategies in the areas of general internal medicine, gastroenterology, infectious diseases, endocrinology, rheumatology, dermatology, cardiology, pulmonology, hematology, geriatrics, perioperative medicine, psychiatry and neurology.

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Intended Audience

The target audience includes general internists, internal medicine subspecialists, family medicine physicians, and other primary healthcare providers.

Credit

General Session

Mayo Clinic College of Medicine designates this live activity for a maximum of 24.5 AMA PRA Category 1 Credits™.

Additional AMA credits can be claimed if you sign up for the following optional modules on January 24, 2016 (additional fees apply):

ABFM SAM Module: Diabetes

Mayo Clinic College of Medicine designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credits™.

ABIM SEP Module: 2015 Update in Internal Medicine

Mayo Clinic College of Medicine designates this live activity for a maximum of 2.50 AMA PRA Category 1 Credits™.

ABIM SEP Module: 2015 Update in Hospital Medicine

Mayo Clinic College of Medicine designates this live activity for a maximum of 2.50 AMA PRA Category 1 Credits™.

Opioid Management for the Non-Pain Physician

Mayo Clinic College of Medicine designates this live activity for a maximum of 4.00 AMA PRA Category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Other Health Care Professionals

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

Date and Location

The 28th annual Selected Topics in Internal Medicine course will be held January 25-29, 2016. Course headquarters will be located at The Hilton Waikoloa Village, 69-425 Waikoloa Beach Drive, Waikoloa, The Big Island, Hawaii, 96738.

Travel

A destination in itself, the Hilton Waikoloa Village property is nestled within 62 oceanfront acres, offering breathtaking tropical gardens and abundant wildlife. Explore the waterfront resort by air-conditioned trams. Or take a leisurely stroll along flagstone walkways flanked by Polynesian and Asian artwork. This hotel is:

- Located on the Kohala Coast of Hawaii, the Big Island
- 20 minutes from Kona International Airport (KOA)

The Hawaii Visitors & Convention Bureau web site, www.gohawaii.com, offers more information on all of the Hawaiian Islands or call 800-Go-Hawaii.

Travel arrangements are the sole responsibility of the individual registrant.

Faculty

Karen F. Mauck, M.D., M.Sc.
Co-Course Director
Division of General Internal Medicine,
Section of Medical Education
Mayo Clinic College of Medicine

John B. Bundrick, M.D.
Co-Course Director
Division of General Internal Medicine,
Section of Medical Education
Mayo Clinic College of Medicine

Sixty distinguished Mayo Clinic faculty, in addition to 4 visiting faculty from multiple specialties including gastroenterology, pulmonology, psychiatry, infectious diseases, palliative care, cardiology, neurology, dermatology, nephrology, endocrinology, pain medicine, physical medicine, internal medicine, family practice and inpatient internal medicine will participate in this program.

National Physician Payment Transparency Program

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).

Cancellation Policy

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo School of CPD before January 11, 2016 (cme@mayo.edu or fax#: 507-284-0532). No refunds will be made on or after January 11, 2016. Canceled registrations are non-transferable.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

Lodging Accommodations

Enjoy a choice of modern rooms and suites set across three low-rise towers at the Hilton Waikoloa Village.

Guest rooms have been reserved for attendees and their guests special course rates at the Hilton Waikoloa Village which includes the cost of internet. In order to receive the special rate, reservations must be made *before the room block is filled*. Please identify yourself as a participant of the Mayo Clinic Selected Topics in Internal Medicine course when making your reservation.

Golf Garden Mountain: \$225
Partial Ocean: \$255
Deluxe Ocean: \$285+

Reservations may be made by calling 1-800-HILTONS and request the group rate for Mayo Clinic Selected Topics in Internal Medicine course OR visiting the course specific reservation website at <http://group.hilton.com/MayoClinicSTIM>

Room rates are exclusive of applicable state and local taxes, fees and assessments. Group rates will apply three days prior and post the course dates upon availability.

Early Departure Fee:

If a guest who has requested a room within our room block checks out prior to the guest's reserved checkout date, the hotel will add an early checkout fee to the that guest's individual account of \$100.00 (subject to change). Guests wishing to avoid an early checkout fee should advise the hotel at or before check-in of any change in planned length of stay.

Parking:

Self-parking is \$5 tax inclusive per car, per day (subject to change) to all registered guests. Valet parking is available at \$21.00 tax inclusive per car per day (subject to change).

Gratuities & Additional Fees:

As guests arrive on their own via personal vehicles, baggage handling is pay on own and up to the individual. Should guests arrive via minibus or larger vehicle utilizing the group lobby entrance, portorage of \$8.00 per person + tax of 4.166% roundtrip will be applied to the individual guest's room.

Lodging arrangements are the sole responsibility of the individual registrant.

Mayo School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.

Save The Date

Next year's course will be held January 23-27, 2017
at the Grand Hyatt Resort & Spa, Kaua'i, Hawaii.



Registration

Register online at www.ce.mayo.edu/node/4259. The registration fee includes tuition, comprehensive electronic course syllabus, continental breakfasts, and break refreshments.

Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. An e-mail confirmation will be sent upon receipt of payment and completed registration.

Sunday, January 24, 2016: Optional Pre-Course Registration Fees*	
ABFM SAMs Module: Diabetes	\$250
ABIM SEP Module: 2015 Update in Internal Medicine	\$200
ABIM SEP Module: 2015 Update in Hospital Medicine	\$200
Opioid Management for the Non-Pain Physician	\$250

January 25-29, 2016: Course Registration Fees	
Physicians/Scientists	\$1199
Residents, Fellows, Nurses, Physician Assistants, Nurse Practitioners, and Retirees	\$1099

For additional information, contact:
Mayo School of Continuous Professional Development
Plummer 2-60
200 First Street SW
Rochester, MN 55905
Website: ce.mayo.edu
E-mail: cme@mayo.edu
Phone: 800-323-2688 or 507-284-2509
Fax: 507-284-0532



Optional Pre-course Modules **Additional fees apply*

SUNDAY, January 24, 2016

Option 1

**ABFM SAM Module:
Diabetes**

7:00 a.m. Module
9:30 a.m. Break
9:45 a.m. Continue Module
12:15 p.m. Adjourn

Option 2

**ABIM SEP Module:
2015 Update in Internal Medicine**

7:00 a.m. Module Begins
9:30 a.m. Adjourn

Option 3

**ABIM SEP Module: 2015 Update
in Hospital Medicine**

9:45 a.m. Module Begins
12:15 p.m. Adjourn

Option 4

**Opioid Management for the
Non-Pain Physician**

1:30 p.m. Session Begins
3:30 p.m. Break
3:45 p.m. Session Continues
5:30 p.m. Adjourn

Please note that some of the pre-course modules run concurrently

Program Schedule

MONDAY, January 25, 2016

- 6:00 a.m. Registration and Continental Breakfast
- 7:00 a.m. Welcome and Course Overview
- 7:15 a.m. Cases in Celiac Disease
- 7:45 a.m. Update in Pulmonary Medicine
- 8:15 a.m. Gas, Bloat, Belch and Borborygmi: Controlling Emissions
- 8:45 a.m. Update in Perioperative Medicine
- 9:15 a.m. Question & Answer Session
- 9:30 a.m. Refreshment Break
- 9:45 a.m. Understanding Altitude: How Should I Advise my Patients?
- 10:15 a.m. Navigating Target Specific Anticoagulants
- 10:45 a.m. Update in Gastroenterology
- 11:15 a.m. Hair Loss: Tips for the Generalist
- 11:45 a.m. Question & Answer Session
- 12:00 p.m. Complete Evaluations/Adjourn

TUESDAY, January 26, 2016

- 6:00 a.m. Continental Breakfast
- 6:30 a.m. Breakfast Roundtable Discussion with the Professor: dedicated time set aside for attendees to meet with presenters from the previous day (*Optional session*)
- 7:00 a.m. Prescriptions You Should Never Write
- 7:30 a.m. Common Foot Complaints in the Outpatient Clinic
- 8:00 a.m. Pleural Effusion: A Clinical Approach to Diagnosis and Management
- 8:30 a.m. Update in Infectious Diseases
- 9:00 a.m. Question & Answer Session
- 9:15 a.m. Refreshment Break
- 9:30 a.m. Update in General Internal Medicine
- 10:15 a.m. Question and Answer Session
- 10:30 a.m. Move to Concurrent Sessions
- 10:45 a.m. Concurrent Sessions/

Workshops* See full listing at the end of this program schedule

- 12:15 p.m. Complete Evaluations/Adjourn

WEDNESDAY, January 27, 2016

- 6:00 a.m. Continental Breakfast
- 6:30 a.m. Breakfast Roundtable Discussion with the Professor: dedicated time set aside for attendees to meet with presenters from the previous day (*Optional session*)
- 7:00 a.m. New Drugs in General Medicine: Where do they fit?
- 7:30 a.m. Breast Cancer Risk Reduction Strategies: Who Needs Chemoprevention?
- 8:00 a.m. Type 2 Diabetes: Navigating the Therapeutic Options
- 8:30 a.m. Update in Geriatrics
- 9:00 a.m. Question & Answer Session
- 9:15 a.m. Refreshment Break
- 9:30 a.m. Obesity: When Lifestyle Interventions Alone are Ineffective
- 10:30 a.m. Question and Answer Session
- 10:45 a.m. Medical Quiz Show
- 11:30 a.m. Complete Evaluations/Adjourn

THURSDAY, January 28, 2016

- 6:00 a.m. Continental Breakfast
- 6:30 a.m. Breakfast Roundtable Discussion with the Professor: dedicated time set aside for attendees to meet with presenters from the previous day (*Optional session*)
- 7:00 a.m. Osteoporosis—Missed Opportunities
- 7:30 a.m. Secondary Pulmonary Hypertension: What the Internist Needs to Know
- 8:00 a.m. Lipids 2016
- 8:30 a.m. Managing Common Dermatologic Issues in Primary Care
- 9:00 a.m. Question and Answer Session
- 9:15 a.m. Refreshment Break

- 9:30 a.m. Cases in Abnormal CBC:
Beyond the Basics
- 10:00 a.m. Fluid and Diuretic
Management of Congestive
Heart Failure
- 10:30 a.m. Question and Answer
Session
- 10:45 a.m. Move to Concurrent Sessions
- 11:00 a.m. Concurrent Sessions/
Workshops *See full listing
at the end of this program
schedule
- 12:30 p.m. Complete Evaluations/
Adjourn

FRIDAY, January 29, 2016

- 6:00 a.m. Continental Breakfast
- 6:30 a.m. Breakfast Roundtable
Discussion with the
Professor: dedicated time
set aside for attendees to
meet with presenters from
the previous day (*Optional
session*)
- 7:00 a.m. Cases in Hypertension
Management
- 7:30 a.m. Diagnosis and Management
of Early Inflammatory
Arthritis
- 8:00 a.m. Can't Miss Headache
Syndromes
- 8:30 a.m. Update in Endocrinology
- 9:00 a.m. Questions & Answer Session
- 9:15 a.m. Refreshment Break
- 9:30 a.m. Fevers: A Case Based
Approach
- 10:00 a.m. Bipolar Disorder (and
that which is not): How
to Recognize and Why it
Matters
- 10:30 a.m. Questions & Answer Session
- 10:45 a.m. Complete Evaluations/
Adjourn

*TUESDAY and THURSDAY Concurrent Sessions:

Option #1

Cases in Medication Management
for Obesity

Option #2

Demystifying Medical Marijuana:
Practical Guidance for the Clinician

Option #3

Cases in Perioperative Medicine

Option #4

Cardiac Murmur Workshop

Option #5

Developing Resilience Skills

Option #6

Cases in Anticoagulation Management

Option #7

Hospital Care of the Elderly Patient:
Challenging Clinical Cases

Option #8

Cervical Spine and Shoulder Exam:
Hands on Workshop

Option #9

Cases in Sleep Medicine

Option #10

Palliative Medicine: Symptom
Management

Option #11

Basic Office Dermatology Procedures:
Hands on Workshop



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Register Online Now!
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