



# Pharmacy Grand Rounds

200 First Street SW  
Rochester, Minnesota 55905  
<https://ce.mayo.edu/node/86028>

## IDK about IBD: Tune in to Learn About Medical Treatment of Inflammatory Bowel Disease

### ACPE Universal Activity Number (UAN):

JA0000238-0000-20-028-L01-P

**Session Date:** 12/29/2020

**Session Time:** 11:00 – 11:45 AM (CST)

**Session Type:** Knowledge-based

**Session Fee:** Free for Mayo Clinic staff

**CE Credit Types:** A maximum of 0.75 contact hour (0.075 CEU) for the following:

- AAPA Category 1 CME Credits
- ACPE
- *AMA PRA Category 1 Credits™*
- ANCC

### Target Audience

This continuing education (CE) session was planned to meet the needs of professional staff who deal with the selection and monitoring of medication(s) as part of their patient care duties, including: pharmacists, RNs, APRNs, PAs, MDs.

### Activity Overview

Inflammatory bowel disease (IBD), which includes ulcerative colitis and Crohn's disease, affects an estimated 3 million adults in the United States and is increasing in incidence and prevalence. In order to improve patient outcomes, pharmacist involvement in providing care to patients with IBD is essential. Pharmacists may be involved in using shared decision making to select and educate patients on the use of available conventional and biologic agents and applying strategies to optimize medical treatment. Therefore, continuing education is vital to help pharmacists become well-informed on the latest evidence-based management approaches. This presentation will review the current IBD guidelines, biologic agents, and combination therapies and will address other identified educational gaps including preventive health and IBD in pregnancy.

### Learning Objectives

At the conclusion of this knowledge-based CE session, participants should be able to:

1. Describe factors contributing to the selection of medical therapy and health maintenance in Inflammatory Bowel Disease (IBD)
2. Recall resources available to guide clinical decision making regarding medical treatment of IBD
3. Identify various roles of pharmacists in the care of patients with IBD

## Faculty Information

### Carey L. Jones, PharmD, BCACP, BCPS

Specialty Pharmacist

Mayo Clinic Specialty Pharmacy - Rochester, MN

Carey received a Doctor of Pharmacy degree from Drake University and subsequently worked as a clinical pharmacy specialist at the University of Iowa Hospitals and Clinics (UIHC) from 2014 to 2019. In this role, Dr. Jones had a clinical practice within the Digestive Health Center that focused on Inflammatory Bowel Disease. She has also co-authored multiple publications on GERD and IBD. In 2019, Dr. Jones started working at Mayo Clinic Specialty Pharmacy as a specialty pharmacist.



## Faculty Information

### Michelle D. Becker, PharmD

Clinical Pharmacist

Mayo Clinic Inflammatory Bowel Disease Clinic – Rochester, MN

Michelle earned a Doctor of Pharmacy degree with a concentration in Public and Global Health from Drake University, with subsequent completion of a PGY1 pharmacy residency at Hennepin Healthcare. Upon joining Mayo Clinic, Dr. Becker established a Medication Management Services Pharmacist position for the Inflammatory Bowel Disease Clinic at Mayo Clinic - Rochester. Dr. Becker has developed a robust clinical practice involving direct care of patients, especially when starting on new biologic therapy, and indirectly by supporting the clinical team.



## Approved Provider Statement



**JOINT ACCREDITATION™**  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity is planned and implemented by Mayo Clinic College of Medicine and Science. Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

### Credit Statements

#### AMA

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 0.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## ACPE

Mayo Clinic College of Medicine and Science designates this educational activity for a maximum of 0.75 ACPE Knowledge-based contact hours. Participants should claim only the credit commensurate with the extent of their participation in the activity.

## ANCC

Mayo Clinic College of Medicine and Science designates this activity for a maximum of 0.75 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

## AAPA



Mayo Clinic College of Medicine and Science has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 0.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

## Educational Format and CE Requirements

This CE session is available as a live presentation, including live webcast.

Participants must complete the following to record attendance and obtain CE credit:

1. Attend the entire session.
2. Text the session code to 507-200-3010 within 48 hours of the live presentation to record attendance.
  - a. This number is only used for receiving text messages related to tracking attendance
  - b. Employees are encouraged to create a contact in their mobile phone, as the same number is used to record attendance for every session
3. Complete the online evaluation for the respective session within 2 weeks of live presentation.

Pharmacist CE credit is electronically transferred to the National Association of Boards of Pharmacy CPE Monitor. To track CE, please go to [NABP CPE Monitor](#).

Non-pharmacist attendees can print out a record of attendance at [ce.mayo.edu](#) after completing the evaluation and claiming credit.

[Live Webcast](#) - access during presentation times

[Video Recording](#) - access two weeks after session date

## Disclosure Statement

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science (Mayo Clinic School of CPD) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

Listed below are individuals with control of the content of this program:

The faculty report the following relationships:

- Carey L. Jones, PharmD, BCACP, BCPS
  - Declares no financial relationship(s) pertinent to this session
  - Declares off-label use of devices and medications will be discussed during this presentation, including:
    - Azathioprine
    - Mercaptopurine
    - Methotrexate
- Michelle D. Becker, PharmD
  - Declares no financial relationship(s) pertinent to this session
  - Declares off-label use of devices and medications will be discussed during this presentation, including:
    - Azathioprine
    - Mercaptopurine
    - Methotrexate

Course Director and Planning Committee Members declare no relevant financial relationship(s) pertinent to this session. Members include:

- Brenda Amaris
- Mary Ellen Cordes, APRN, CNS, MS
- Jennifer Elmer, DNP, APRN, CCNS
- Michael Huckabee, MPAS, PA-C, PhD
- Wayne Nicholson, MD, PharmD, BCPS
- Garrett Schramm, PharmD, BCPS
- Lee Skrupky, PharmD, BCPS

For additional disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee members visit [ce.mayo.edu](https://ce.mayo.edu), About Us, Disclosures - or - <https://ce.mayo.edu/content/disclosures>

## System and Technical Requirements

For participants viewing the webcast, sessions are delivered via Mayo Clinic intranet web browser and Adobe® PDF. For participants viewing outside the Mayo Clinic firewall, a VPN connection is required for remote access. Recommended web browsers include: Google Chrome, Firefox, Internet Explorer 10 or 11. This session is planned and coordinated by **the Department of Pharmacy, Mayo Clinic.**