



MAYO SCHOOL OF CONTINUOUS PROFESSIONAL DEVELOPMENT

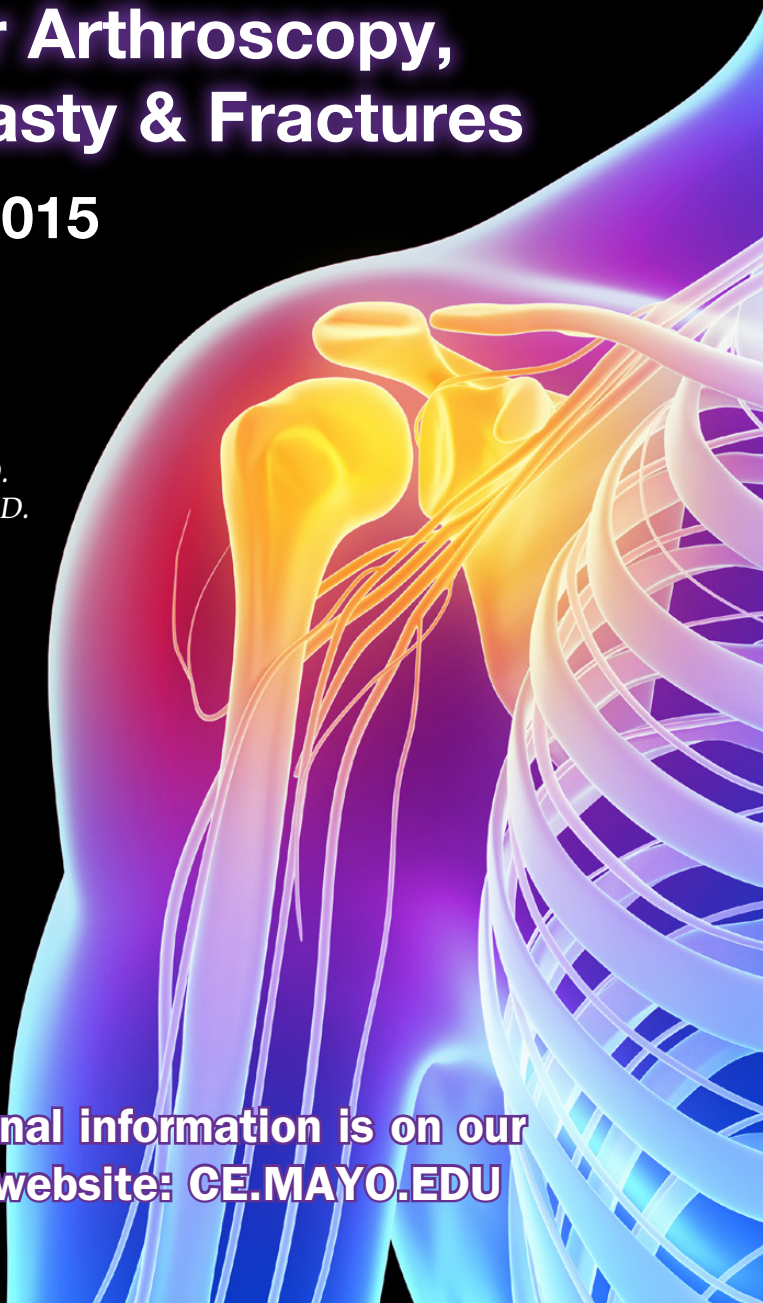
Advanced Techniques in  
**Shoulder Arthroscopy,  
Arthroplasty & Fractures**

**May 1-2, 2015**

Mayo Clinic  
Rochester, MN

Course Directors:  
*Diane L. Dahm, M.D.*  
*John W. Sperling, M.D.*  
*Scott P. Steinmann, M.D.*

**Additional information is on our  
NEW website: [CE.MAYO.EDU](http://CE.MAYO.EDU)**



## COURSE DESCRIPTION

*Advanced Techniques in Shoulder Arthroscopy, Arthroplasty & Fractures* is an advanced course for orthopedic surgeons treating disorders of the shoulder. This course includes didactic sessions and laboratory experience using cadaver specimens. Live video demonstrations and panel discussion are an integral part of the overall learning experience. This course teaches the principles and techniques for management of rotator cuff tears, SLAP lesions, instability and arthritis.

## COURSE LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Identify patterns of rotator cuff tearing, including supraspinatus, infraspinatus and subscapularis.
- Diagnose shoulder instability due to both fracture and ligamentous laxity.
- Apply the indications for surgery in instability and rotator cuff tears.
- Differentiate the various surgical approaches for treatment of rotator cuff tears and instability.
- Demonstrate the ability to repair ligamentous laxity, debride arthritic lesions and repair SLAP lesions.
- Formulate an arthroscopic approach to the patient with arthritis, rotator cuff lesions, instability and SLAP tears.
- Evaluate the patient with shoulder arthritis.
- Employ various surgical approaches for shoulder arthroplasty.
- Describe the appropriate use of the reverse total shoulder technique.
- Demonstrate reconstruction using the reverse total shoulder.
- Describe treatment of shoulder fractures.

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## INTENDED AUDIENCE

Orthopedic surgeons with heavy patient loads experiencing rotator cuff issues; physicians are expected to participate in hands-on supervised training.

## CREDIT

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 14.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Other Health Care Professionals**

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

## GRANTS AND EXHIBITS

At the time of this printing, a complete listing of commercial supporters (financial or in-kind) was not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting.

Exhibits will be available for viewing at all scheduled breaks.

## DATE AND LOCATION

*Advanced Techniques in Shoulder Arthroscopy, Arthroplasty & Fractures* will be held Friday-Saturday, May 1-2, 2015. Course headquarters will be located in the Anatomy Lab on the ninth floor of the Stable Building, Mayo Clinic, 100 Second Avenue Southwest, Rochester, Minnesota. Meeting facilities are easily accessible by skyway and pedestrian subway, which connect Mayo Clinic to shops, restaurants, and hotels.

## REGISTRATION

To register online, visit <https://ce.mayo.edu/node/2526>. The registration fee includes tuition, comprehensive electronic course syllabus, continental breakfasts, break refreshments, lunch, and reception. Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present the confirmation letter when checking in at the meeting registration desk.

### **For additional information, contact:**

Mayo School of Continuous Professional Development  
Plummer 2-60  
200 First Street SW  
Rochester, MN 55905

**Website:** [ce.mayo.edu](http://ce.mayo.edu)

**E-mail:** [cme@mayo.edu](mailto:cme@mayo.edu)

**Registration Fee:** \$1,100

### **Reception – Friday, May 1, 2015**

Attendees and their guest(s) are cordially invited to join course faculty for the course reception on May 1, 2015. This casual reception welcomes you to the Gonda 14 Lobby, officially opens the course, and offers you the perfect opportunity to make connections with existing and new colleagues. Pre-registration is requested.

## CANCELLATION POLICY

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo School of CPD before **April 17, 2015** ([cme@mayo.edu](mailto:cme@mayo.edu) or fax#: 507-284-0532). No refunds will be made on or after April 17, 2015. Canceled registrations are non-transferable.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

## TRAVEL

Rochester, Minnesota, is a friendly city that greets thousands of visitors from around the world each year. The city is serviced by a modern international airport with multiple flights daily via American or Delta Airlines. Access to and from the airport is provided by taxi, shuttle service, and rental car. The airport is located approximately 10 miles from the Mayo Clinic campus.

Mayo Clinic's appointed travel company, Ultramar Travel, is available to assist with your travel arrangements. To make your reservation, phone Ultramar Travel toll-free at 1-866-629-6885.

*Note to Travelers:* Several cities in the United States are named Rochester. When you make airline reservations and check your baggage, be sure that your destination is Rochester, Minnesota (RST) and that your baggage has been properly tagged.

## LODGING ACCOMMODATIONS

Guest rooms have been reserved for attendees and their guests with special course rates at the following downtown Rochester hotel. In order to receive the special rate, reservations must be made before the room block is filled or before the expiration date of April 11, 2015, whichever comes first. Reservations will be taken following this date based on space and rate availability. Please identify yourself as a participant of the Advanced Techniques in Shoulder Arthroscopy, Arthroplasty & Fractures when making your reservation.

### **Rochester Marriott Hotel**

101 First Avenue SW  
877-623-7775 or 507-280-6000  
\$139 single/double

The hotel listed above is connected by skyway and pedestrian subway to conference facilities, downtown shops, and restaurants. You may wish to visit the Rochester Convention and Visitors Bureau website ([www.rochestercvb.org](http://www.rochestercvb.org)) and/or [www.rochester411.com](http://www.rochester411.com) for additional accommodation options and area information.

## PARKING

Parking is available in hotel, city, and Mayo patient/visitor ramps. The cost for parking is not included in the registration fee. A map indicating the location of downtown parking facilities is available on the Rochester Convention and Visitors Bureau website ([www.rochestercvb.org](http://www.rochestercvb.org)).

## NATIONAL PHYSICIAN PAYMENT TRANSPARENCY PROGRAM

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).

## FACULTY

### **Course Directors**

- *Diane L. Dahm, M.D.* – Mayo Clinic, Professor of Orthopedics, College of Medicine
- *John W. Sperling, M.D.* – Mayo Clinic, Professor of Orthopedics, College of Medicine
- *Scott P. Steinmann, M.D.* – Mayo Clinic, Professor of Orthopedics, College of Medicine

### **Guest Faculty**

- *Robert T. Burks, M.D.* – University of Utah Health Care, University Orthopaedic Center, Director of Sports Medicine, Salt Lake City, UT
- *Lynn A. Crosby, M.D.* – GR Health Medical Center, Director of Shoulder Surgery, Augusta, GA
- *W. Ben Kibler, M.D., F.A.C.S.M.* – Lexington Clinic Orthopedics-Sports Medicine Center, Lexington, KY
- *Mark A. Mighell, M.D.* – Florida Orthopedic Institute, Co-director of Shoulder and Elbow Surgery, Tampa, FL
- *Glen Ross, M.D.* – New England Baptist Hospital, Pro Sports Orthopedics, Brookline, MA

### **Mayo Faculty**

- *Bassem T. Elhassan, M.D.* – Associate Professor of Orthopedics, College of Medicine
- *Aaron J. Krych, M.D.* – Associate Professor of Orthopedics, College of Medicine
- *Mark E. Morrey, M.D.* – Assistant Professor of Orthopedics, College of Medicine
- *Shawn W. O'Driscoll, M.D., Ph.D.* – Professor of Orthopedics, College of Medicine
- *Joaquin Sanchez-Sotelo, M.D., Ph.D.* – Professor of Orthopedics, College of Medicine
- *John W. Sperling, M.D.* – Professor of Orthopedics, College of Medicine

## PROGRAM HIGHLIGHTS

### Friday, May 1, 2014

- 7:00 a.m. **Breakfast**
- 8:00 a.m. **Lectures and Case Discussion**
- 12:00 p.m. **Lunch**
- 1:00 p.m. **Surgical Skills Cadaver Workshop**
- 4:30 p.m. **Adjourn**
- 7:00 p.m. **Conference Reception**

#### Shoulder Arthroscopy

- Partial Rotator Cuff Repair: Debride or Repair
- Rotator Cuff Repair: Single or Double Row Options for the Massive Tear
- Treatment of Posterior Instability and MDI SLAP and Biceps Lesions
- Management of the Patient with First Time Anterior Dislocation
- Panel Discussion: Arthroscopic Cases
- Surgical Skills Cadaver Workshop
  - Rotator Cuff Repair
  - Instability Repair
  - Slap Repair
  - Nerve Dissection
  - Glenoid Resurfacing

### Saturday, May 2, 2014

- 7:00 a.m. **Breakfast**
- 8:00 a.m. **Lectures and Case Discussion**
- 12:00 p.m. **Lunch**
- 1:00 p.m. **Surgical Skills Cadaver Workshop**
- 4:30 p.m. **Course Adjourns**

#### Shoulder Fractures

- Clavicle Fractures
- Proximal Humerus Fractures
- Humeral Shaft Fractures
- Scapula Fractures
- Distal Humerus Fractures
- Panel Discussion

#### Shoulder Arthroplasty

- Anatomical Solutions to Total Shoulder Design
- Biomechanics of Shoulder Arthroplasty
  - Shoulder Arthroplasty for the Sequelae of Trauma
- Revision Shoulder Arthroplasty
- Rotator Cuff Deficiency Arthropathy
- Reverse for Cuff Deficient Shoulder
- Panel Discussion: TSA and Fractures
- Surgical Skills Cadaver Lab
  - Fracture
  - Primary TSA
  - Reverse

## FACULTY DISCLOSURE

As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

**MAYO CLINIC**

200 First Street SW  
Rochester, MN 55905

Advanced Techniques in  
**Shoulder Arthroscopy,  
Arthroplasty & Fractures**

**May 1-2, 2015**

Stabile Building, Mayo Clinic Campus  
Rochester, Minnesota

**To Register Please Contact:**

Mayo School of Continuous Professional Development  
CME Registrar

Phone: (507) 284-2509 or 800-323-2688

Fax: (507) 284-0532

E-mail: [cme@mayo.edu](mailto:cme@mayo.edu)

Website: [ce.mayo.edu](http://ce.mayo.edu)

*If you already received a copy of this brochure,  
please give to an interested colleague.*

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