



## REGISTER TODAY

Mayo School of Continuous Professional Development

# Mayo Clinic Comprehensive Shoulder and Elbow Course: Current Concepts and Controversies



WESTIN KIERLAND RESORT AND SPA • SCOTTSDALE, ARIZONA

**Saturday-Sunday,  
January 21-22, 2017**

### Course Highlights-Topics

- State-of-the-art shoulder and elbow updates
- Hot topic debates
- Surgical techniques

Course Directors: Diane L. Dahm, M.D., John W. Sperling, M.D., Scott P. Steinmann, M.D.

**[ce.mayo.edu/shoulder-elbow2017](http://ce.mayo.edu/shoulder-elbow2017)**

## COURSE DESCRIPTION

This course provides information on the latest treatment options for shoulder and elbow arthroplasty, arthroscopy, fracture and reconstruction. Course lectures and curriculum focus on the best current practice in diagnosis, treatment and new technology. Faculty with international expertise in shoulder and elbow surgery discuss how to optimize surgical techniques and how to avoid complications.

Didactic sessions emphasize tips and pearls on how to approach complex shoulder and elbow reconstruction. Attendees are encouraged to bring cases for discussion.

## COURSE LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Define the latest treatment of shoulder and elbow arthritis
- Describe the treatment options for rotator cuff tears and shoulder instability
- Distinguish key factors to consider in the treatment of shoulder and elbow trauma

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## CREDIT

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 13.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program has been accredited by the American Osteopathic Association for 13.5 AOA Category 2-A CME credits.

## DATE AND LOCATION

The Comprehensive Shoulder and Elbow Course is January 21-22, 2017 in the Herberger Ballroom at the Westin Kierland in Scottsdale, Arizona.

## REGISTRATION

Register online at [ce.mayo.edu/shoulder-elbow2017](http://ce.mayo.edu/shoulder-elbow2017)

The registration fee includes tuition, continental breakfasts and break refreshments. Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation is sent upon receipt of payment and completed registration. Please present the confirmation letter when checking in at the meeting registration desk.

### Registration Fees:

\$625 MD/PhD  
\$525 Allied Health/Student/Retiree

### For additional information, contact:

Mayo School of Continuous

Professional Development

**Website:** [ce.mayo.edu](http://ce.mayo.edu)

**E-mail:** [cme@mayo.edu](mailto:cme@mayo.edu)

**Phone:** 800-323-2688 (toll free)

## CANCELLATION POLICY

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo School of CPD before **January 6, 2017** (cme@mayo.edu). **No refunds will be made on or after January 6, 2017.** Canceled registrations are non-transferable.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

## LODGING ACCOMMODATIONS

### Westin Kierland Resort and Spa

6902 E Greenway Pkwy  
Scottsdale, AZ

**Phone:** 800-354-5892 (toll free)

A block of rooms has been reserved for course attendees and their guests at a special group rate of **\$319** per night plus taxes for single or double occupancy.

To ensure accommodations at the discounted rate, please make your reservations directly with the hotel by calling 800-354-5892 (toll-free) before the room block is filled or by **December 22, 2016**, whichever comes first. Please indicate that you are a participant of the Mayo Clinic Shoulder/Elbow course when making your reservation. Group rates are available three days before and three days after the meeting, based on availability.

Optional Resort Fee (\$19 plus tax, daily) provides unlimited internet access, access to Agave Spa Yoga and Well Walk fitness classes, expanded shuttle service to Kierland Commons and Scottsdale Quarter, and tennis court and equipment rental.

***Lodging arrangements are the sole responsibility of the individual registrant.***

Mayo School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.



# FACULTY

## Course Directors

*Diane L. Dahm, M.D.*

*John W. Sperling, M.D.*

*Scott P. Steinmann, M.D.*

## Mayo Faculty

*Robert H. Cofield, M.D.*

*Bassem T. Elhassan, M.D.*

*David E. Hartigan, M.D.*

*Steven J. Hatrups, M.D.*

*Aaron J. Krych, M.D.*

*Mark E. Morrey, M.D.*

*Bernard F. Morrey, M.D.*

*Cedric J. Ortiguera, M.D.*

*Kevin J. Renfree, M.D.*

*Joaquin Sanchez-Sotelo, M.D., Ph.D.*

## Guest Faculty

*Richard J. Hawkins, M.D.*

University of South Carolina School of Medicine Greenville Greenville, SC

*Robert N. Hotchkiss, M.D.*

Hospital for Special Surgery New York, NY

*Michael McKee, M.D.*

St. Michael's Hospital Research Toronto, Ontario, Canada

*Matthew T. Provencher*

The Steadman Clinic

Vail, CO

## NATIONAL PHYSICIAN PAYMENT TRANSPARENCY PROGRAM

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).



## PROGRAM HIGHLIGHTS

### SATURDAY, JANUARY 21, 2017

6:15 a.m. Registration and Continental Breakfast  
7:15 a.m. Welcome  
*Scott P. Steinmann, M.D.*

#### Shoulder Instability

Moderator: *Diane L. Dahm, M.D.*  
7:30 a.m. First Time Anterior Dislocation: Should We Operate?  
*Matthew T. Provencher, M.D.*  
7:40 a.m. Discussion  
7:50 a.m. When Do We Need to Address the Hill-Sachs in Shoulder Instability?  
*David E. Hartigan, M.D.*  
8:00 a.m. Discussion  
8:10 a.m. Combined Bankart and SLAP Lesions in 2017: Indications for Repair  
*Matthew T. Provencher, M.D.*  
8:20 a.m. Discussion  
8:30 a.m. Posterior Shoulder Instability: Indications and Technique  
*Diane L. Dahm, M.D.*

8:40 a.m. Discussion  
8:50 a.m. Shoulder Instability Case Presentations  
Moderator: *Diane L. Dahm, M.D.*  
Panel: *David E. Hartigan, M.D., Aaron J. Krych, M.D., Matthew T. Provencher, M.D.*  
9:20 a.m. Refreshment Break

#### Elbow

Moderator: *Robert N. Hotchkiss, M.D.*  
9:30 a.m. Arthroscopic Management of the Stiff Elbow  
*Scott P. Steinmann, M.D.*  
9:40 a.m. Discussion  
9:50 a.m. Distal Biceps Tears – Single vs. Two-Incision  
*Mark E. Morrey, M.D.*  
10:00 a.m. Discussion  
10:10 a.m. Chronic Distal Biceps Tears  
*Joaquin Sanchez-Sotelo, M.D., Ph.D.*  
10:20 a.m. Discussion  
10:30 a.m. Examination of the Painful Elbow  
*Robert N. Hotchkiss, M.D.*  
10:40 a.m. Discussion

**SATURDAY, JANUARY 21, 2017** *continued*

10:50 a.m. Medial Sided Elbow Instability  
*Kevin J. Renfree, M.D.*

11:00 a.m. Discussion

11:10 a.m. How Elbows Dislocate  
*Robert N. Hotchkiss, M.D.*

11:20 a.m. Discussion

11:30 a.m. Cases

12:15 p.m. The Journey, Life and Orthopedics  
*Richard J. Hawkins, M.D.*

12:35 p.m. Lunch

**Shoulder Rotator Cuff**

Moderator: *Aaron J. Krych, M.D.*

1:30 p.m. Technical Tips to Master Arthroscopic Rotator Cuff Repair  
*Matthew T. Provencher, M.D.*

1:40 p.m. Discussion

1:50 p.m. Biceps Death: Above, At or Below the Groove  
*Cedric J. Ortiguera, M.D.*

2:00 p.m. Discussion

2:10 p.m. Rotator Cuff Healing After Repair: A Scientific Basis for Post-op Therapy  
*Mark E. Morrey, M.D.*

2:20 p.m. Discussion

2:30 p.m. Massive Rotator Cuff Tear: Role of Tendon Transfers  
*Bassem T. Elhassan, M.D.*

2:40 p.m. Discussion

2:50 p.m. Massive Cuff Tear, Options  
*Richard J. Hawkins, M.D.*

3:00 p.m. Discussion

3:15 p.m. Refreshment Break

**Shoulder Arthroplasty**

Moderator: *Robert H. Cofield, M.D.*

3:30 p.m. Lessons Learned in Shoulder Arthroplasty by Specific Diagnosis  
*Robert H. Cofield, M.D.*

3:40 p.m. Discussion

3:50 p.m. Critical Steps for Glenoid Exposure  
*Steven J. Hattrup, M.D.*

4:00 p.m. Discussion

4:10 p.m. Prevention of Infection in Shoulder Arthroplasty  
*Richard J. Hawkins, M.D.*

4:20 p.m. Discussion

4:30 p.m. Reverse for Four Part Fracture: Key Technical Points  
*Joaquin Sanchez-Sotelo, M.D., Ph.D.*

4:40 p.m. Discussion

4:50 p.m. Management of the Failed TSA  
*John W. Sperling, M.D.*

5:00 p.m. Discussion

5:10 p.m. Medialization vs. Lateralization for the Reverse  
*Richard J. Hawkins, M.D.*

5:20 p.m. Discussion

5:30 p.m. Case Presentations  
*John W. Sperling, M.D.*

6:00 p.m. Adjourn

**SUNDAY, JANUARY 22, 2017**

6:15 a.m. Registration and Continental Breakfast

**Elbow Trauma and Reconstruction**

Moderator: *Joaquin Sanchez-Sotelo, M.D., Ph.D.*

7:00 a.m. Radial Head Fracture  
*Mark E. Morrey, M.D.*

7:10 a.m. Discussion

7:20 a.m. How to Tame the Terrible Triad  
*Michael McKee, M.D.*

7:30 a.m. Discussion

7:40 a.m. Distal Humerus Fracture Management  
*Robert N. Hotchkiss, M.D.*

7:50 a.m. Discussion

8:00 a.m. Inflammatory Arthritis: Role of Arthroscopy, Interposition and Arthroplasty  
*Robert N. Hotchkiss, M.D.*

8:10 a.m. Discussion

8:20 a.m. Total Elbow Arthroplasty for Trauma  
*Michael McKee, M.D.*

8:30 a.m. Discussion

8:40 a.m. Primary Elbow Arthroplasty in 2017: Problems and Solutions  
*Joaquin Sanchez-Sotelo, M.D., Ph.D.*

8:50 a.m. Discussion

9:00 a.m. Revision Total Elbow Arthroplasty  
*Bernard F. Morrey, M.D.*

9:10 a.m. Discussion

9:20 a.m. Break

**Shoulder Controversies**

Moderator: *Scott P. Steinmann, M.D.*

9:30 a.m. Management of Chondral Defects: State of the Art in 2017  
*Aaron J. Krych, M.D.*

9:40 a.m. Discussion

9:50 a.m. Fracture of the Clavicle: How Science Changed Practice  
*Michael McKee, M.D.*

10:00 a.m. Discussion

10:10 a.m. AC Joint Reconstruction: Arthroscopic vs. Open  
*Bassem T. Elhassan, M.D.*

10:20 a.m. Discussion

10:30 a.m. Suprascapular Nerve Decompression: Indicated?  
*Scott P. Steinmann, M.D.*

10:40 a.m. Discussion

10:50 a.m. Shoulder Case Presentations  
Moderator: *Steven J. Hattrup, M.D.*  
Panel: *Scott P. Steinmann, M.D., Bassem T. Elhassan, M.D., Michael McKee, M.D., Aaron Krych, M.D.*

11:50 a.m. Course Wrap Up and Closing Comments

12:00 p.m. Adjourn

MAYO CLINIC  
200 First Street SW  
Rochester, MN 55905

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please forward to an interested colleague.*



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