



REGISTER TODAY

Mayo School of Continuous Professional Development

Mayo Clinic Comprehensive Shoulder and Elbow Course: Current Concepts and Controversies



WESTIN KIERLAND RESORT AND SPA • SCOTTSDALE, ARIZONA

**Saturday-Sunday,
January 21-22, 2017**

Course Highlights-Topics

- State-of-the-art shoulder and elbow updates
- Hot topic debates
- Surgical techniques

Course Directors: Diane L. Dahm, M.D., John W. Sperling, M.D., Scott P. Steinmann, M.D.

ce.mayo.edu/shoulder-elbow2017

COURSE DESCRIPTION

This course provides information on the latest treatment options for shoulder and elbow arthroplasty, arthroscopy, fracture and reconstruction. Course lectures and curriculum focus on the best current practice in diagnosis, treatment and new technology. Faculty with international expertise in shoulder and elbow surgery discuss how to optimize surgical techniques and how to avoid complications.

Didactic sessions emphasize tips and pearls on how to approach complex shoulder and elbow reconstruction. Attendees are encouraged to bring cases for discussion.

COURSE LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Define the latest treatment of shoulder and elbow arthritis
- Describe the treatment options for rotator cuff tears and shoulder instability
- Distinguish key factors to consider in the treatment of shoulder and elbow trauma

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

CREDIT

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 13.50 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program has been accredited by the American Osteopathic Association for 13.5 AOA Category 2-A CME credits.

DATE AND LOCATION

The Comprehensive Shoulder and Elbow Course is January 21-22, 2017 in the Herberger Ballroom at the Westin Kierland in Scottsdale, Arizona.

REGISTRATION

Register online at ce.mayo.edu/shoulder-elbow2017

The registration fee includes tuition, continental breakfasts and break refreshments. Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation is sent upon receipt of payment and completed registration. Please present the confirmation letter when checking in at the meeting registration desk.

Registration Fees:

\$625 MD/PhD

\$525 Allied Health/Student/Retiree

For additional information, contact:

Mayo School of Continuous
Professional Development

Website: ce.mayo.edu

E-mail: cme@mayo.edu

Phone: 800-323-2688 (toll free)

CANCELLATION POLICY

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo School of CPD before **January 6, 2017** (cme@mayo.edu). **No refunds will be made on or after January 6, 2017.** Canceled registrations are non-transferable.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

LODGING ACCOMMODATIONS

Westin Kierland Resort and Spa

6902 E Greenway Pkwy
Scottsdale, AZ

Phone: 800-354-5892 (toll free)

A block of rooms has been reserved for course attendees and their guests at a special group rate of **\$319** per night plus taxes for single or double occupancy.

To ensure accommodations at the discounted rate, please make your reservations directly with the hotel by calling 800-354-5892 (toll-free) before the room block is filled or by **December 22, 2016**, whichever comes first. Please indicate that you are a participant of the Mayo Clinic Shoulder/Elbow course when making your reservation. Group rates are available three days before and three days after the meeting, based on availability.

Optional Resort Fee (\$19 plus tax, daily) provides unlimited internet access, access to Agave Spa Yoga and Well Walk fitness classes, expanded shuttle service to Kierland Commons and Scottsdale Quarter, and tennis court and equipment rental.

Lodging arrangements are the sole responsibility of the individual registrant.

Mayo School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.



FACULTY

Course Directors

Diane L. Dahm, M.D.

John W. Sperling, M.D.

Scott P. Steinmann, M.D.

Mayo Faculty

Robert H. Cofield, M.D.

Bassem T. Elhassan, M.D.

David E. Hartigan, M.D.

Steven J. Hatstrup, M.D.

Aaron J. Krych, M.D.

Mark E. Morrey, M.D.

Bernard F. Morrey, M.D.

Cedric J. Ortiguera, M.D.

Kevin J. Renfree, M.D.

Joaquin Sanchez-Sotelo, M.D., Ph.D.

Guest Faculty

Richard J. Hawkins, MD

University of South Carolina School of
Medicine Greenville
Greenville, SC

Robert N. Hotchkiss, M.D.

Hospital for Special Surgery
New York, NY

Michael McKee, M.D.

St. Michael's Hospital Research
Toronto, Ontario, Canada

Matthew T. Provencher

The Steadman Clinic
Vail, CO

NATIONAL PHYSICIAN PAYMENT TRANSPARENCY PROGRAM

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).



PROGRAM HIGHLIGHTS

SATURDAY, JANUARY 21, 2017

6:15 a.m. Registration and Continental Breakfast

7:15 a.m. Welcome
Scott P. Steinmann, M.D.

Shoulder Instability

Moderator: *Diane L. Dahm, M.D.*

7:30 a.m. First Time Anterior Dislocation: Should We Operate?

Matthew T. Provencher, M.D.

7:40 a.m. Discussion

7:50 a.m. When Do We Need to Address the Hill-Sachs in Shoulder Instability?

David E. Hartigan, M.D.

8:00 a.m. Discussion

8:10 a.m. Combined Bankart and SLAP Lesions in 2017: Indications for Repair

Matthew T. Provencher, M.D.

8:20 a.m. Discussion

8:30 a.m. Posterior Shoulder Instability: Indications and Technique
Diane L. Dahm, M.D.

8:40 a.m. Discussion

8:50 a.m. Shoulder Instability Case Presentations

Moderator: *Diane L. Dahm, M.D.*

Panel: *David E. Hartigan, M.D.,
Aaron J. Krych, M.D.,
Matthew T. Provencher, M.D.*

9:20 a.m. Refreshment Break

Elbow

Moderator: *Robert N. Hotchkiss, M.D.*

9:30 a.m. Arthroscopic Management of the Stiff Elbow
Scott P. Steinmann, M.D.

9:40 a.m. Discussion

9:50 a.m. Distal Biceps Tears – Single vs. Two-Incision
Mark E. Morrey, M.D.

10:00 a.m. Discussion

10:10 a.m. Chronic Distal Biceps Tears
Joaquin Sanchez-Sotelo, M.D., Ph.D.

10:20 a.m. Discussion

10:30 a.m. Examination of the Painful Elbow
Robert N. Hotchkiss, M.D.

10:40 a.m. Discussion

SATURDAY, JANUARY 21, 2017 *continued*

- 10:50 a.m. Medial Sided Elbow Instability
Kevin J. Renfree, M.D.
- 11:00 a.m. Discussion
- 11:10 a.m. How Elbows Dislocate
Robert N. Hotchkiss, M.D.
- 11:20 a.m. Discussion
- 11:30 a.m. Cases
- 12:15 p.m. The Journey, Life and Orthopedics
Richard J. Hawkins, M.D.

12:35 p.m. Lunch

Shoulder Rotator Cuff

Moderator: *Aaron J. Krych, M.D.*

- 1:30 p.m. Technical Tips to Master Arthroscopic Rotator Cuff Repair
Matthew T. Provencher, M.D.
- 1:40 p.m. Discussion
- 1:50 p.m. Biceps Death: Above, At or Below the Groove
Cedric J. Ortiguera, M.D.
- 2:00 p.m. Discussion
- 2:10 p.m. Rotator Cuff Healing After Repair: A Scientific Basis for Post-op Therapy
Mark E. Morrey, M.D.
- 2:20 p.m. Discussion
- 2:30 p.m. Massive Rotator Cuff Tear: Role of Tendon Transfers
Bassem T. Elhassan, M.D.
- 2:40 p.m. Discussion
- 2:50 p.m. Massive Cuff Tear, Options
Richard J. Hawkins, M.D.
- 3:00 p.m. Discussion
- 3:15 p.m. Refreshment Break

Shoulder Arthroplasty

Moderator: *Robert H. Cofield, M.D.*

- 3:30 p.m. Lessons Learned in Shoulder Arthroplasty by Specific Diagnosis
Robert H. Cofield, M.D.
- 3:40 p.m. Discussion
- 3:50 p.m. Critical Steps for Glenoid Exposure
Steven J. Hatstrup, M.D.
- 4:00 p.m. Discussion
- 4:10 p.m. Prevention of Infection in Shoulder Arthroplasty
Richard J. Hawkins, M.D.
- 4:20 p.m. Discussion
- 4:30 p.m. Reverse for Four Part Fracture: Key Technical Points
Joaquin Sanchez-Sotelo, M.D., Ph.D.
- 4:40 p.m. Discussion
- 4:50 p.m. Management of the Failed TSA
John W. Sperling, M.D.
- 5:00 p.m. Discussion
- 5:10 p.m. Medialization vs. Lateralization for the Reverse
Richard J. Hawkins, M.D.
- 5:20 p.m. Discussion
- 5:30 p.m. Case Presentations
John W. Sperling, M.D.
- 6:00 p.m. Adjourn

SUNDAY, JANUARY 22, 2017

- 6:15 a.m. Registration and Continental Breakfast

Elbow Trauma and Reconstruction

Moderator: *Joaquin Sanchez-Sotelo, M.D., Ph.D.*

- 7:00 a.m. Radial Head Fracture
Mark E. Morrey, M.D.
- 7:10 a.m. Discussion
- 7:20 a.m. How to Tame the Terrible Triad
Michael McKee, M.D.
- 7:30 a.m. Discussion
- 7:40 a.m. Distal Humerus Fracture Management
Robert N. Hotchkiss, M.D.
- 7:50 a.m. Discussion
- 8:00 a.m. Inflammatory Arthritis: Role of Arthroscopy, Interposition and Arthroplasty
Robert N. Hotchkiss, M.D.
- 8:10 a.m. Discussion
- 8:20 a.m. Total Elbow Arthroplasty for Trauma
Michael McKee, M.D.
- 8:30 a.m. Discussion
- 8:40 a.m. Primary Elbow Arthroplasty in 2017: Problems and Solutions
Joaquin Sanchez-Sotelo, M.D., Ph.D.
- 8:50 a.m. Discussion
- 9:00 a.m. Revision Total Elbow Arthroplasty
Bernard F. Morrey, M.D.
- 9:10 a.m. Discussion
- 9:20 a.m. Break

Shoulder Controversies

Moderator: *Scott P. Steinmann, M.D.*

- 9:30 a.m. Management of Chondral Defects: State of the Art in 2017
Aaron J. Krych, M.D.
- 9:40 a.m. Discussion
- 9:50 a.m. Fracture of the Clavicle: How Science Changed Practice
Michael McKee, M.D.
- 10:00 a.m. Discussion
- 10:10 a.m. AC Joint Reconstruction: Arthroscopic vs. Open
Bassem T. Elhassan, M.D.
- 10:20 a.m. Discussion
- 10:30 a.m. Suprascapular Nerve Decompression: Indicated?
Scott P. Steinmann, M.D.
- 10:40 a.m. Discussion
- 10:50 a.m. Shoulder Case Presentations
Moderator: *Steven J. Hatstrup, M.D.*
Panel: *Scott P. Steinmann, M.D., Bassem T. Elhassan, M.D., Michael McKee, M.D., Aaron Krych, M.D.*
- 11:50 a.m. Course Wrap Up and Closing Comments
- 12:00 p.m. Adjourn

MAYO CLINIC

200 First Street SW
Rochester, MN 55905

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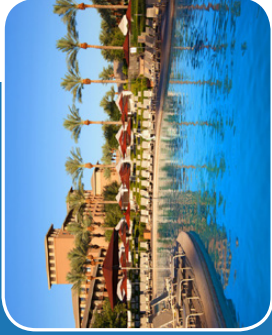
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