

**5th Annual Mayo Clinic Sports Medicine
Summit: Care for the Athlete**
Concussion/Sports Spine/Upper Extremity Update

**Zoom Livestream Webinar
February 3-4, 2022**

Thursday, February 3, 2022

**Times Noted are Mountain Standard Time*

2:15 p.m.	Webinar Log-In and Virtual Exhibits
3:00 p.m.	Welcome and Introductions Matthew B. Anastasi, M.D., C.A.Q.S.M. and Anikar Chhabra, M.D., M.S.
SESSION I:	Concussion Update
MODERATOR:	Matthew B. Anastasi, M.D., C.A.Q.S.M.
3:10 p.m.	On-Field Evaluation of Concussion Hillaree L. Leif, P.T., D.P.T., SCS
3:35 p.m.	Chronic Traumatic Encephalopathy (CTE) Update David W. Dodick, M.D.
4:00 p.m.	Update on Biomarkers/Testing/Technology Juliana H. VanderPluym, M.D.
4:25 p.m.	Case-based Presentations and Return to Play Protocol Jamie M. Bogle, Au.D., Ph.D.; Amaal J. Starling, M.D.; and Jennifer V. Wethe, Ph.D.
5:15 p.m.	Rehab for the Concussed Athlete Daniel P. McGurran, P.T., D.P.T., OCS
5:40 p.m.	Roundtable Discussion Virtual Q & A Session Jamie M. Bogle, Au.D., Ph.D.; David W. Dodick, M.D.; Hillaree L. Leif, P.T., D.P.T., SCS; Daniel P. McGurran, P.T., D.P.T., OCS; Amaal J. Starling, M.D.; Juliana H. VanderPluym, M.D.; and Jennifer V. Wethe, Ph.D.
6:00 p.m.	Adjourn

Friday, February 4, 2022

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7:15 a.m. **Webinar Log-In and Virtual Exhibits**

8:00 a.m. **Opening Comments and Announcements**
Matthew B. Anastasi, M.D., C.A.Q.S.M. and
Anikar Chhabra, M.D., M.S.

SESSION II: Sports Spine Update

MODERATOR: Anikar Chhabra, M.D., M.S.

8:10 a.m. **Physical Exam of the Spine in the Athlete**
Arthur J. (Jason) De Luigi, D.O., M.H.A.

8:30 a.m. **Appropriate Evaluation and Treatment of Acute,
In-Season Stingers**
Matthew T. Neal, M.D.

8:50 a.m. **Treatment of Acute Cervical and Lumbar
Radiculopathy in the Athlete**
Naresh P. Patel, M.D.

9:10 a.m. **The Athlete with Low Back Pain**
Matthew T. Neal, M.D.

9:30 a.m. **Prehab and Rehab with the Athletic Spine**
Sara F. Goetzinger, P.T., D.P.T.

9:50 a.m. **Case-based Diagnostic Imaging of the Spine**
Wende Gibbs, M.D., M.A.

10:10 a.m. **Roundtable Discussion | Virtual Q & A Session**
Arthur J. (Jason) De Luigi, D.O., M.H.A.;
Wende Gibbs, M.D., M.A.; Sara F. Goetzinger, P.T.,
D.P.T.; Matthew T. Neal, M.D. and Naresh P. Patel,
M.D.

10:30 a.m. **Break and Virtual Exhibits**

SESSION III: Elbow Update

MODERATORS: Matthew B. Anastasi, M.D., C.A.Q.S.M. and
Anikar Chhabra, M.D., M.S.

10:50 a.m. **Physical Exam of the Elbow**
Steven (Steve) K. Poon, M.D.

Friday, February 4, 2022 *(continued)*

- 11:10 a.m. **Ultrasound of the Elbow – Demonstration**
Bryan K. Ganter, M.D.
- 11:30 a.m. **Little League Elbow: Diagnosis and Management**
George Pujalte, M.D., C.A.Q.S.M
- 11:50 a.m. **Ulnar Collateral Ligament (UCL) Tear Updates**
Christopher L. Camp, M.D.
- 12:10 p.m. **Ortho-Biologics and the Athlete’s Elbow**
Steven (Steve) K. Poon, M.D.
- 12:30 p.m. **Treatment for Elbow Tendinopathy**
Bryan K. Ganter, M.D.
- 12:50 p.m. **Rehabbing the Injured Elbow**
John M. Zajac, D.P.T., O.C.S., S.C.S
- 1:10 p.m. **Case-based Diagnostic Imaging Pearls of the Elbow**
Jeremiah R. Long, M.D.
- 1:30 p.m. **Roundtable Discussion | Virtual Q & A Session**
Christopher L. Camp, M.D.; Bryan K. Ganter, M.D.;
Jeremiah R. Long, M.D.; George Pujalte, M.D., C.A.Q.S.M.
and John M. Zajac, D.P.T., O.C.S., S.C.S
- 1:50 p.m. **“Virtual” Lunch Break and Virtual Exhibits**
- SESSION IV:** **Shoulder Update**
- MODERATORS:** Matthew B. Anastasi, M.D., C.A.Q.S.M. and
Anikar Chhabra, M.D., M.S.
- 2:00 p.m. **Physical Exam of the Shoulder**
Matthew B. Anastasi, M.D., C.A.Q.S.M.
- 2:20 p.m. **Ultrasound of the Shoulder – Demonstration**
Arthur J. (Jason) De Luigi, D.O., M.H.A.
- 2:40 p.m. **Rotator Cuff / Biceps / AC Joint**
Karan A. Patel, M.D.

Friday, February 4, 2022 (continued)

- 3:00 p.m. **Scapular Dyskinesis**
Matthew M. Crowe, M.D.
- 3:20 p.m. **Thoracic Outlet Syndrome**
Jonathan D’Cunha, M.D., Ph. D.
- 3:40 p.m. **Shoulder Instability:
In-season and Long-term Management**
Kostas J. Economopoulos, M.D.
- 4:00 p.m. **The Throwing Shoulder**
Kostas J. Economopoulos, M.D.
- 4:20 p.m. **Return to Play Considerations for the Athletic Shoulder**
Julie L. Pohlاد, P.T., C.H.T., D.P.T.
- 4:40 p.m. **Case-based Diagnostic Imaging Pearls of the
Shoulder**
Jonathan A. Flug, M.D.
- 5:00 p.m. **Roundtable Discussion | Virtual Q & A Session**
Matthew B. Anastasi, M.D., C.A.Q.S.M.; Matthew M. Crowe, M.D.;
Kostas J. Economopoulos, M.D.; Jonathan A. Flug, M.D.;
Karan A. Patel, M.D.; Julie L. Pohlاد, P.T., C.H.T., D.P.T.;
Arthur J. (Jason) De Luigi, D.O., M.H.A.; Samine Ravanbakhsh, M.D.
- 5:20 p.m. **Closing Comments, Evaluation and Adjourn**
Matthew B. Anastasi, M.D., C.A.Q.S.M. and
Anikar Chhabra, M.D., M.S.