

Sports Medicine for the Clinician 2022
 March 4-6, 2022
 Walt Disney World® Resort - Disney's Contemporary Resort

| Friday, March 4, 2022 | |
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| 7:15 a.m. | Registration / Continental Breakfast / Exhibit Hall Facilitator: George G.A. Pujalte, MD, CAQSM, FACSM, FAMSSM Electronic Poster Presentations |
| 7:45 | Introduction / Pre-Test |
| Moderator: Daniel P. Montero, MD, CAQSM, FAAFP Reemergence: Medical Issues in Sports with Post-Pandemic Considerations | |
| 8:00 | Getting Over the Hump: Long COVID and Sports Medicine Implications <i>Jennifer R. Maynard, MD, CAQSM</i> |
| 8:30 | Breathe In, Breathe Out: Exercise, Athletics, and the Lungs <i>Neal M. Patel, MD, MPH</i> |
| 9:00 | Blood-Curdling Topic: Sports Hematology and COVID Considerations <i>Winston Tan, MD</i> |
| 9:30 | Stranger Things: Applying Integrative Medicine in Sports <i>Adam Perlman, MD</i> |
| 10:00 | Q&A Panel |
| 10:15 | Break / Exhibit Hall |
| 10:30 | Beyond Skin Deep: Sports Dermatology Plus the New COVID Rashes <i>Laura Mattson, DO</i> |
| 11:00 | It's All Heart: Cardiac Conditions in Sports <i>Neha P. Raukar, MD, MS, CAQSM</i> |
| 11:30 | The Ups and Downs: Altitude and SCUBA Diving Medicine <i>Sara E. Filmalter, MD, CAQSM</i> |
| Noon | When Everything's Infectious: Reopening Sports and Likely Adjustments <i>Wendy Bosch, MD</i> |
| 12:30 p.m. | Post-Test / Q&A Panel |
| 12:50 | Adjourn |
| Workshops – Additional Fee | |
| 1:30-3:00 | How to Examine Concussed Athletes <i>Jennifer R. Maynard, MD, CAQSM and Tava R. Buck, PT, DPT, OCS</i> |
| 1:30-2:30 | Teaching Baseball Biomechanics to Patients as Part of Management <i>Arthur J. De Luigi, DO, MHA and Stephan M. Esser, MD</i> |
| 2:30-4:30 | High-Yield Injection Workshop for Clinicians <i>Daniel P. Montero, MD, CAQSM, FAAFP and Laura Mattson, DO</i> |
| 2:30-4:30 | How to Use Point-of-Care Ultrasound on the Sidelines <i>Raul A. Rosario-Concepcion, MD, CAQSM, FAAPMR, Wade O. Johnson, DO, Amanda L. Williams, LAT, ATC, and Allison Schroeder, M.D.</i> |
| 3:30-4:30 | Performing an Evidence-Based Physical Examination of the Lower Extremities <i>Sara E. Filmalter, MD, CAQSM and Irvin S. (Scott) Haak, PT, DPT</i> |
| 4:40 p.m. | Adjourn |

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| Saturday, March 5, 2022 | |
|--|---|
| 7:20 a.m. | Continental Breakfast / Exhibit Hall Facilitator: Stephanie L. Jones, APRN, MSN Electronic Poster Presentations |
| 7:55 | Introduction / Pre-Test |
| Moderator: Tava R. Buck, PT, DPT, OCS Winning the Battle Before it Begins: Injury Prevention in Sports Medicine | |
| 8:00 | Tweaking Mechanics: Preventing Upper Extremity Injuries in the Overhead Athlete <i>Arthur J. De Luigi, DO, MHA</i> |
| 8:30 | Chariots of Fire Checkup: Interventions to Prevent Running Injuries <i>Jeff Carson, PT, DPT, OCS</i> |
| 9:00 | The Beautiful, Safe, Game: Injury Prevention Protocols in Soccer <i>Wesley D. Troyer, DO, CAQSM</i> |
| 9:30 | Equipment Evidence Roundup: Science of Concussion Prevention Technologies <i>Chad A. Asplund, MD, MPH, CAQSM, FAMSSM</i> |
| 10:00 | Q&A Panel |
| 10:15 | Break / Exhibit Hall |
| 10:30 | Some Shoulder Action: Achieving Balance in the Hyperlax Shoulder <i>Matthew B. Anastasi, MD, CAQSM</i> |
| 11:00 | Too Fast, Too Much, Too Soon? The Specialization Debate in Sports Medicine <i>Luke C. Radel, MD</i> |
| 11:30 | Mind of a Warrior: How the Right Mindset Prevents Injury <i>Mohit Chauhan, MBBS</i> |
| Noon | When Can I Play? Avoiding Re-Injury after Surgery for Common Sports Injuries <i>Cedric J. Ortiguera, MD</i> |
| 12:30 p.m. | Post-Test / Q&A Panel |
| 12:50 | Adjourn |
| Workshops – Additional Fee | |
| 1:30–2:30 | The Sideline Examination of Hand, Wrist, Elbow, and Shoulder Injuries <i>George G.A. Pujalte, MD, CAQSM, FACSM, FAMSSM and Ryan C. McCoy, PT, DPT, OCS</i> |
| 2:30–3:30 | Teaching Home Exercises for Common Overhead Athlete Injuries <i>Ryan C. McCoy, PT, DPT, OCS and Irvin S. (Scott) Haak, PT, DPT</i> |
| 2:30–3:30 | Applying Functional Motion Screening for Athletes <i>Sara E. Filmlalter, MD, CAQSM and Laura Mattson, DO</i> |
| 3:30–4:30 | How to Read the Electrocardiograms of Athletes <i>Chad A. Asplund, MD, MPH, CAQSM, FAMSSM</i> |
| 3:30-4:30 | Hands-On in a Hurry: Game Coverage Essentials <i>Kristina F. DeMatas, DO, CAQSM and Wade O. Johnson, DO</i> |
| 4:40 p.m. | Adjourn |

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| Sunday, March 6, 2022 | |
|--|---|
| 7:20 a.m. | Continental Breakfast / Exhibit Hall Facilitator: Amanda L. Williams, LAT, ATC Electronic Poster Presentations |
| 7:55 | Introduction / Pre-Test |
| Moderator: George G.A. Pujalte, MD, CAQSM, FACSM, FAMSSM Proceed with the Procedure: Evidence-Based Procedural Options in Sports Medicine | |
| 8:00 | Start from the Very Beginning: Basic to Advanced Ultrasound-Guided Procedures <i>Jacob L. Sellon, MD</i> |
| 8:50 | Frontier Unfolding: Regenerative Medicine in Sports Medicine <i>Shane A. Shapiro, MD</i> |
| 9:40 | Q&A Panel |
| 9:50 | Break / Exhibit Hall |
| 10:00 | Blocked! Nerve Blocks and Spinal Injections for Sports Medicine Applications <i>Mark Friedrich B. Hurdle, MD</i> |
| 10:50 | Under the Knife: The Most Evidence-Based Surgeries for Common Sports Injuries <i>Matthew M. Crowe, MD</i> |
| 11:40 | Q&A Panel |
| 12:00 p.m. | Post-Test |
| 12:10 | Adjourn |

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