

5th Annual Mayo Clinic Sports Medicine for the Clinician
March 5-6, 2021
LIVESTREAM - ET

Friday, March 5, 2021	
9:30 a.m.	Introduction / Pre-Test
	Moderator: Daniel P. Montero, M.D., C.A.Q.S.M., F.A.A.F.P. America's Pastimes: Diving into Basketball and Baseball Medicine
9:40	Decisions, Decisions: Surgical vs. Non-Surgical Treatment of Rotator Cuff Tears <i>Bradley S. Schoch, M.D.</i>
10:10	SLAP Attack: Return to Play After Surgery of Shoulder Labral Tears <i>Matthew M. Crowe, M.D.</i>
10:40	Tweaking the Mechanics: Shoulder Injuries of the Throwing Athlete <i>Arthur J. De Luigi, D.O., M.H.A.</i>
11:10	When to Refer for Possible Surgery: the Turning Points for Basketball Injuries <i>Matthew M. Crowe, M.D.</i>
11:40	Q&A Panel
12:10 p.m.	Break / Visit Virtual Exhibit Hall
12:40	Avoiding Tommy John: Non-Surgical Management of UCL Injuries <i>Wade O. Johnson, D.O.</i>
1:10	High-Tension Topic: Tendinopathy Treatment Options and Evidence <i>Raul A. Rosario-Concepcion, M.D., C.A.Q.S.M., F.A.A.P.M.R.</i>
1:40	The Future is Here: Regenerative Treatments for Sports Injuries <i>Shane A. Shapiro, M.D.</i>
2:10	Ultrasound-Guided Procedures: From Basic to Advanced <i>Jacob L. Sellon, M.D.</i>
2:40	Q&A Panel
3:10	Break / Visit Virtual Exhibit Hall
3:25	Relative Energy Deficiencies in Sports <i>Chad A. Asplund, M.D.</i>
3:55	Too Fast, Too Many, Too Soon: Injuries of Youth Overhead Athletes <i>Luke C. Radel, M.D.</i>
4:25	COVID and Return to Sport <i>Jennifer Maynard, M.D.</i>
4:55	Post-Test / Q&A Panel
5:10	Electronic Poster Presentations Facilitator: Raul A. Rosario-Concepcion, M.D., C.A.Q.S.M., F.A.A.P.M.R.
6:10 p.m.	Adjourn

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Saturday, March 6, 2021	
7:50 a.m.	Introduction / Pre-Test
	Moderator: Kristina F. DeMatas, D.O., C.A.Q.S.M. Into the Gridiron: Sports Medicine in American Football
8:00	Crucial Cruciate Ligament: Surgery for ACL Tears and Return to Play <i>Cedric J. Ortiguera, M.D.</i>
8:30	Take a Knee: Rehabilitation of Common Knee Ligament Injuries <i>Irvin S.(Scott) Haak, P.T., D.P.T.</i>
9:00	Absorbing the Shock: Return to Play After Meniscus Surgery <i>Cedric J. Ortiguera, M.D.</i>
9:30	Q&A Panel
10:00	Break / Virtual Exhibit Hall
10:15	Must Not Miss: Knee Extensor Mechanism Injuries <i>Tyler Jordan Schmitz, D.O</i>
10:45	Antalgorithms: When to Refer Athletic Hip Injuries to Orthopedic Surgery <i>Luke S. Spencer Gardner, M.D.</i>
11:15	Pulling My Leg: Diagnosis and Treatment of Hamstring Injuries <i>Scott T. Marberry, M.D., C.A.Q.S.M.</i>
11:45	Myocarditis in Sports <i>Neha P. Raukar, M.D., M.S.</i>
12:15 p.m.	Q&A Panel
12:45	Break / Virtual Exhibit Hall
1:00	Stress in the Back: Spondylolysis and Spondylolisthesis <i>Mark Friedrich B. Hurdle, M.D.</i>
1:30	Un-Ringing the Bell: Rehabilitation in Concussion <i>Tava R. Buck, P.T., D.P.T., O.C.S.</i>
2:00	Post-Test / Q&A Panel
2:30	Electronic Poster Presentations Facilitator: George G.A. Pujalte, M.D., C.A.Q.S.M., F.A.C.S.M.
3:30 p.m.	Adjourn

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