



# SPORTS MEDICINE PROGRAM

## SPORTS MEDICINE AT MAYO CLINIC

Mayo Clinic Sport Medicine utilizes the latest in technology and techniques to provide the highest level of care for sports related injuries. Our integrated practice brings together a multispecialty team to ensure the best care available. Mayo Clinic doctors have extensive experience caring for athletes and active individuals, school-aged and beyond. Our providers support care from acute to chronic, exploring surgical and non-surgical options to manage any condition. Our collaboration of specialties will be able to provide a variety of options during ones' path to recovery. Mayo Clinic Sports Medicine offers medical professionals the opportunity to refer and follow patients and to access medical education offered by key specialists.

### REFER A PATIENT



**Phoenix/Scottsdale/Tempe, Arizona**

866-629-6362

Use our referring provider portal to submit referral requests and view your patients' Mayo Clinic medical records at the same time we do.

In addition, access to resources including clinical trials, CME, Grand Rounds, and scientific articles and videos are available.

[mayoclinic.org/medical-professionals](https://www.mayoclinic.org/medical-professionals)

## SPORTS MEDICINE EXPERTISE

Mayo Clinic provides a team approach for sports injury consultation, treatment and rehabilitation. Teams include orthopedists, orthopedic surgeons, primary care physicians, physical medicine and rehabilitation physicians and therapists. These specialists work collaboratively with each other and with their counterparts across Mayo Clinic, which includes specialties at Mayo Clinic's campuses in Rochester, Minnesota, Phoenix/Scottsdale/Tempe, Arizona and Jacksonville, Florida. Mayo Clinic is a preferred Sports Medicine provider for the Arizona Coyotes, Arizona Diamondbacks, Phoenix Rising, Arizona State University, Ballet Arizona, and USA Basketball, as well as local community colleges, high schools and club teams.

## WHY CHOOSE MAYO CLINIC FOR SPORTS MEDICINE CARE?

- ▶ Board-certified sports medicine physicians
- ▶ Sports-certified physical therapists
- ▶ All sports medicine services are available in one convenient location
- ▶ Mayo Clinic provides care for collegiate and professional sports teams
- ▶ Integrated, multi-disciplinary team approach

## REFERRED PATIENTS HAVE ACCESS TO UNIQUE TESTS AND RESOURCES, INCLUDING:

- ▶ Plasma Rich Platelets (PRP)
- ▶ Stem cells
- ▶ Tenex
- ▶ Acupuncture

## PHYSICAL THERAPY

- ▶ Runners' assessment with video analysis
- ▶ Anti-gravity treadmill (Alter G)
- ▶ Extracorporeal shockwave therapy (Autowave)
- ▶ Deep oscillation therapy (HIVAMAT)

## CUTTING-EDGE TREATMENTS

- ▶ Plasma rich platelets (PRP)
- ▶ Tenex
- ▶ Diagnostic ultrasound
- ▶ Ultrasound guided injections
- ▶ Regenerative medicine (PRP, Stem cells)
- ▶ Osteopathic manipulation
- ▶ Larajet procedure
- ▶ Meniscal transplants
- ▶ Joint preservation

## FUTURE RESEARCH

- ▶ Regenerative medicine
- ▶ Hip arthroscopy
- ▶ Knee arthroscopy
- ▶ Shoulder arthroscopy
- ▶ Diagnostic imaging

## PATIENT AND PHYSICIAN COMMUNICATION

We work directly with patients to schedule their appointment, and then coordinate with their referring physician for follow-up regarding outcomes of their visit.

## REFERRING PROVIDER PORTAL

Use our referring provider portal to submit referral requests and view your patients' Mayo Clinic medical records at the same time we do.

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## INSURANCE

Mayo Clinic has agreements with many insurance carriers, third-party administrators and employers. Patients should check with their insurance plan for specific coverage details before confirming an appointment with our scheduling office.

[mayoclinic.org/insurance](https://mayoclinic.org/insurance)

## CONTINUOUS PROFESSIONAL DEVELOPMENT

Mayo Clinic School of Continuous Professional Development offers a unique learning experience for today's health care professional. Educational activities enhance and enrich your medical knowledge and improve your service to the patient.

[ce.mayo.edu](https://ce.mayo.edu)

## CLINICAL TRIALS

Research is an integral part of Mayo Clinic. Mayo Clinic physicians are actively engaged in a wide range of novel clinical research, offering patients promising experimental agents and devices. Mayo Clinic Investigators work together with the referring physician to optimize patient care.

[mayo.edu/research/clinical-trial](https://mayo.edu/research/clinical-trial)

## MAYO CLINIC LABORATORIES

Mayo Clinic Laboratories is the global reference laboratory of Mayo Clinic. Mayo Clinic Laboratories provides highly specialized testing and pathology consultation across all medical sub-specialties for patients around the world.

[mayocliniclabs.com](https://mayocliniclabs.com)