

**Principles in the Care of Transgender and Intersex Patients**  
 Mayo Clinic (Siebens Medical Education Building - Leighton Auditorium), Rochester, MN  
 September 26-28, 2019

**Day One: Thursday, September 26, 2019**

7:00-7:45 a.m.	Registration & Continental Breakfast <b>Leighton Auditorium Foyer, Siebens 2</b>
7:45-8:00 a.m.	Welcome and Introductions <i>Cesar A. Gonzalez, Ph.D., L.P. and Todd B. Nippoldt, M.D.</i>
<b>Social Gender Affirmation</b>	
8:00-8:20 a.m.	Transgender 101: Who Are Our Patients and Why Are They Patients <i>Todd B. Nippoldt, M.D., Adult Endocrinology</i>
8:20-8:40 a.m.	Minority Stress and Health Care Disparities <i>Cesar A. Gonzalez, Ph.D., L.P., Clinical Health Psychology</i>
8:40-9:00 a.m.	Gender-Affirming Interactions, Cultural Humility and Appreciation <i>Tyson Pankey, M.P.H., Ph.D., Clinical Health Psychology</i>
9:00-9:30 a.m.	Gender Affirmation: A Global Perspective <b>KEYNOTE SPEAKER:</b> <i>Eli Coleman, Ph.D., L.P., Director, Program in Human Sexuality, University of Minnesota</i>
9:30-9:50 a.m.	Social Needs Assessment and Community Resources <i>Katie L. Ubl, L.G.S.W., M.S.W., Social Work</i>
9:50-10:10 a.m.	Integrated Panel Discussion and Q&A <i>Eli Coleman, Ph.D., L.P., Cesar A. Gonzalez, Ph.D., L.P., Todd B. Nippoldt, M.D., Tyson Pankey, M.P.H., Ph.D., and Katie L. Ubl, L.G.S.W., M.S.W.</i>
10:10-10:25 a.m.	Break
<b>Psychological Gender Affirmation</b>	
10:25-10:50 a.m.	Gender Affirming Behavioral Health Assessments <i>Cesar A. Gonzalez, Ph.D., L.P.</i>
10:50-11:15 a.m.	Gender Affirming Psychotherapy <i>Tyson Pankey, M.P.H., Ph.D. and Cesar A. Gonzalez, Ph.D., L.P.</i>
11:15-11:40 a.m.	Gender Affirming Chaplain Care <i>Rev. Ana M. Wilson, MDiv, BCC, Chaplain Services</i>
11:40 a.m.-12:00 p.m.	Integrated Panel Discussion and Q&A <i>Cesar A. Gonzalez, Ph.D., L.P., Tyson Pankey, M.P.H., Ph.D., and Rev. Ana M. Wilson, MDiv, BCC</i>
12:00-1:00 p.m.	Buffet Lunch <b>Leighton Auditorium Foyer, Siebens 2</b>
1:00-1:30 p.m.	Standards of Care, World Professional Association of Transgender Health <b>INVITED FACULTY:</b> <i>Eli Coleman, Ph.D., L.P., Director, Program in Human Sexuality, University of Minnesota</i>
1:30-1:50 p.m.	Letters of Support for Gender Affirming Hormones and Surgery <i>Katie L. Ubl, L.G.S.W., M.S.W.</i>
<b>Trans Masculine Hormonal Gender Affirmation</b>	
1:50-2:15 p.m.	Masculinizing Hormone Therapy <i>Curtiss B. Cook, M.D., Adult Endocrinology</i>
2:15-2:40 p.m.	Gynecologic Care for Trans Masculine Patients <i>Lois J. Mc Guire, APRN, C.N.P., M.S., Gynecology</i>
2:40-3:00 p.m.	Integrated Panel Discussion and Q&A <i>Curtiss B. Cook, M.D. and Lois J. Mc Guire, APRN, C.N.P., M.S.</i>
3:00-3:10 p.m.	Break
<b>Surgical Gender Affirmation - Trans Masculine</b>	

3:10-3:35 p.m.	Phalloplasty and Metoidoplasty <i>Alexis (Alex) T. Laungani, M.D., Plastic Surgery</i>
3:35-4:00 p.m.	Masculinizing Chest Procedures <i>Nho (Bill) V. Tran, M.D., Plastic Surgery</i>
4:00-4:15 p.m.	Peri-Operative Management for Gender Affirming Surgeries <i>Todd B. Nippoldt, M.D., Adult Endocrinology</i>
4:15-4:30 p.m.	Integrated Panel Discussion and Q&A <i>Alexis (Alex) T. Laungani, M.D., Todd B. Nippoldt, M.D., and Nho (Bill) V. Tran, M.D.</i>

### Day Two: Friday, September 27, 2019

7:00-8:00 a.m.	Continental Breakfast <b>Leighton Auditorium Foyer, Siebens 2</b>
8:00-8:25 a.m.	When One Transitions, Others Transition: A Couple's Lived Experience <b>INVITED COMMUNITY SPEAKERS:</b> <i>Ali Sands and Rhys Preston</i>
8:25-8:35 a.m.	Q&A
<b>Trans Feminine Hormonal Gender Affirmation</b>	
8:35-9:00 a.m.	Feminizing Hormonal Therapy <i>Caroline J. Davidge-Pitts, M.B., B.Ch., Adult Endocrinology</i>
9:00-9:25 a.m.	Care for Post-Menopausal Age Transgender Women <i>Alice Y. Chang, M.D., Adult Endocrinology</i>
9:25-9:50 a.m.	Combatting Pelvic Floor Dysfunction <i>Laura E. Mehofer, P.T., D.P.T., A.T.C.</i>
9:50-10:05 a.m.	Integrated Panel Discussion and Q&A <i>Alice Y. Chang, M.D., Caroline J. Davidge-Pitts, M.B., B.Ch., and Laura E. Mehofer, P.T., D.P.T., A.T.C.</i>
10:05-10:15 a.m.	Break
<b>Surgical Gender Affirmation – Trans Feminine</b>	
10:15-10:40 a.m.	Vaginoplasty <i>Jorys Martinez-Jorge, M.D., Plastic Surgery</i>
10:40-10:55 a.m.	Feminizing Breast Procedures <i>Nho (Bill) V. Tran, M.D., Plastic Surgery</i>
10:55-11:20 a.m.	Infant Feeding Options for the Transgender Family <i>Sara S. Oberhelman, M.D., Family Medicine</i>
11:20-11:45 a.m.	Facial Feminization <i>Jorys Martinez-Jorge, M.D., Plastic Surgery</i>
11:45-12:00 p.m.	Integrated Panel Discussion and Q&A <i>Transgender and Intersex Specialty Care Clinic</i> <i>Jorys Martinez-Jorge, M.D., Sara S. Oberhelman, M.D., and Nho (Bill) V. Tran, M.D.</i>
12:00-1:00 p.m.	Buffet Lunch <b>Leighton Auditorium Foyer, Siebens 2</b>
<b>Medical Gender Affirmation</b>	
1:00-1:25 p.m.	Nonmedical/Surgical Body Affirming Interventions <i>Zachary (Zach) C. Missel, R.N., CCRN and Rebecca N. Spee, R.N.</i>
1:25-1:50 p.m.	Voice Therapy <i>Diana M. Orbelo, Ph.D., Speech Therapy</i>
1:50-2:15 p.m.	Fertility Preservation <i>Zaraq Khan, M.B.B.S., Reproductive Endocrinology</i>
2:15-2:35 p.m.	Primary Care for Transgender and Gender Diverse Individuals <b>INVITED FACULTY:</b> <i>Carrie A. Link, M.D., Family Medicine, Smiley's Clinic, University of Minnesota</i>

2:35-2:50 p.m.	Integrated Panel Discussion and Q&A <i>Zaraq Khan, M.B.B.S., Carrie A. Link, M.D., Zachary (Zach) C. Missel, R.N., CCRN, Diana M. Orbelo, Ph.D., and Rebecca N. Spee, R.N.</i>
2:50-3:00 p.m.	Break
3:00-3:25 p.m.	Supporting Sexuality and Sexual Functioning in Transgender Health <i>Jennifer A. Vencill, Ph.D., L.P., Sex Therapy</i>
3:25-3:50 p.m.	Sexually Transmitted Infections – Prevention and Management <i>Mary J. Kasten, M.D., Infectious Disease</i>
3:50-4:15 p.m.	Integrated Panel Discussion: Life and Care After Gender Transition and Q&A <i>Transgender and Intersex Specialty Care Clinic</i> <i>Mary J. Kasten, M.D., Jennifer A. Vencill, Ph.D., L.P., and panel from breakouts</i>
4:15-4:45 p.m.	Breakout Sessions: Case Review & Skills Building (Choose 1) <i>Please note, these sessions are on a first come, first serve basis. No registration is required.</i>  Option 1 Inpatient Nursing Care <i>Katherine L. Cloutier, R.N., Breanna A. Walker, R.N., C.M.S.R.N., Alissa R. Zimmerman, M.S.N., R.N., RN-BC</i> <i>Moderator: Zachary (Zach) C. Missel, R.N., CCRN</i> <b>Siebens 4-05</b>  Option 2 Outpatient Adult Case Discussion <i>Alice Y. Chang, M.D., Todd B. Nippoldt, M.D., Jennifer A. Vencill, Ph.D., L.P.</i> <i>Moderator: Caroline J. Davidge-Pitts, M.B., B.Ch.</i> <b>Leighton Auditorium, Siebens 2</b>

### Day Three: Saturday, September 28

7:00-8:00 a.m.	Continental Breakfast <b>Leighton Auditorium Foyer, Siebens 2</b>
8:00-8:25 a.m.	Gender Dysphoria in Pediatric Populations <b>INVITED FACULTY:</b> <i>Angela K. Goepferd, M.D., Pediatrics, Medical Director, Gender Health Program, Minneapolis Children's Hospital</i>
8:25-8:50 a.m.	Medical Therapy in Transgender Adolescents <i>Aida N. Lteif, M.D., Pediatric Endocrinology</i>
8:50-9:20 a.m.	Legal Considerations in Serving Transgender Pediatric Populations <b>INVITED FACULTY:</b> <i>Phil Duran, J.D., Legal Director, JustUs Health, Minneapolis</i>
9:20-9:45 a.m.	Integrated Panel Discussion: Timing and Transition in Children and Adolescents and Q&A <i>Transgender and Intersex Specialty Care Clinic</i> <i>Phil Duran, J.D., Angela K. Goepferd, M.D., and Aida N. Lteif, M.D.</i>
9:45-9:55 a.m.	Break
9:55-10:20 a.m.	An Overview of Differences of Sex Development <b>INVITED FACULTY:</b> <i>Kyriakie Sarafoglou, M.D., Genetics and Metabolism, Endocrinology, Department of Pediatrics, University of Minnesota</i>
10:20-10:45 a.m.	Evolving Approaches to Medical and Surgical Management of Intersex Children <i>J. Michael Bostwick, M.D., Psychiatry</i>
10:45-11:15 a.m.	Intersex/Differences of Sex Development: Patient Experiences and Optimal Clinical Care <b>INVITED FACULTY:</b> <i>Sharon E. Preves, Ph.D., Professor of Sociology and Affiliate Faculty in Public Health, Hamline University</i>
11:15-11:30 a.m.	Integrated Panel Discussion: Considerations in the Evaluation and Management of Patients

	with DSD and Q&A <i>Transgender and Intersex Specialty Care Clinic</i> <i>J. Michael Bostwick, M.D., Sharon E. Preves, Ph.D., and Kyriakie Sarafoglou, M.D.</i>
11:30 a.m.-12:00 p.m.	Breakout Sessions: Case Review & Skills Building (Choose 1) <i>Please note, these sessions are on a first come, first serve basis. No registration is required.</i>  Option 1 Pediatric Case Discussion <i>Aida N. Lteif, M.D. and Katie L. Ubl, L.G.S.W., M.S.W.</i> <i>Moderator: Todd B. Nippoldt, M.D.</i> <b>Siebens 4-05</b>  Option 2 Gender-Affirming Physical and Sensitive Exams <i>Caroline J. Davidge-Pitts, M.B., B.Ch. and Lois J. Mc Guire, APRN, C.N.P., M.S.</i> <i>Moderator: Cesar A. Gonzalez, Ph.D., L.P.</i> <b>Leighton Auditorium, Siebens 2</b>
12:00-12:30 p.m.	Travel Time/Break/Grab Lunch ( <b>Leighton Auditorium Foyer, Siebens 2</b> )
12:30-1:00 p.m.	Lunch and Integrated Panel Discussion <i>Caroline J. Davidge-Pitts, M.B., B.Ch., Cesar A. Gonzalez, Ph.D., L.P., Aida N. Lteif, M.D., Lois J. Mc Guire, APRN, C.N.P., M.S., Todd B. Nippoldt, M.D., Katie L. Ubl, L.G.S.W., M.S.W.</i> <b>Leighton Auditorium, Siebens 2</b>
<b>Gender Affirming Context</b>	
1:00-1:30 p.m.	Legal Considerations in Serving Transgender Adult Populations <b>INVITED FACULTY:</b> <i>Phil Duran, J.D., Legal Director, JustUs Health, Minneapolis</i>
1:30-1:55 p.m.	Clinical Operations and Team Science in a Gender Clinic <i>Eileen M. Anderson, M.A. and Cesar A. Gonzalez, Ph.D., L.P.</i>
1:55-2:05 p.m.	Patient Family Advisory Council (PFAC) for Transgender Care <i>Eileen M. Anderson, M.A., Todd B. Nippoldt, M.D., Zachary (Zach) C. Missel, R.N., CCRN, and Katie L. Ubl, L.G.S.W., M.S.W.</i> <i>Moderator: Cesar A. Gonzalez, Ph.D., L.P.</i>
2:05-2:15 p.m.	Break
2:15-2:40 p.m.	Building Community-Informed Gender Care <b>Invited Community Members:</b> <i>Marisa Bella, Vanessa Tennyson, Alex Villarraga, and Jennifer Winter</i>
2:40-3:10 p.m.	The “T” in LGBT is Not Silent: Transgender Health, Intersectionality, and Equity <b>KEYNOTE SPEAKER:</b> <i>Andrea Jenkins, M.F.A., Minneapolis Council Member</i>
3:10-3:25 p.m.	Q&A <i>Andrea Jenkins, M.F.A.</i>
3:25-3:50 p.m.	Reflective Learning <i>Attendees</i>
3:50-4:00 p.m.	Closing Remarks <i>Cesar A. Gonzalez, Ph.D., L.P. and Todd B. Nippoldt, M.D.</i>
4:00 p.m.	Adjourn