

Mayo Clinic Disorders of the Wrist

Thursday, May 19, 2016	
Pre-Conference Laboratory Workshop – <i>Anatomy of the Wrist</i>	
6:30 a.m.	Registration and Breakfast Leighton Auditorium Siebens Building
7:30 a.m.	Welcome and Introduction <i>Richard A. Berger, M.D., Ph.D.</i> Move to Stabile, 9th Floor
8:00 a.m.	Lecture: Anatomy and Surgical Approach to the Wrist <i>Richard A. Berger, M.D., Ph.D.</i>
9:30 a.m.	Refreshment Break
9:45 a.m.	Dissection: Surgical Exposures with Dorsal and Volar Wrist Anatomy <i>Faculty & Laboratory Staff</i>
12:00 p.m.	Lunch Stabile 9
1:00 p.m.	Continuation of Dissection <i>Faculty & Laboratory Staff</i>
2:30 p.m.	Refreshment Break
2:40 p.m.	Surgical Procedures: Tenodesis for SL Repair and DRUJ Repair, Vascularized Bone Grafts from Dorsal Wrist <i>Steven Moran, M.D. and Faculty</i>
3:30 p.m.	Surgical Procedures: Total Wrist Arthroplasty Demonstration <i>Faculty & Laboratory Staff</i>
4:00 p.m.	Adjourn

Friday, May 20, 2016

General Session – Disorders of the Wrist

6:30 a.m.	Registration and Breakfast Leighton Auditorium Siebens Building
7:15 a.m.	Welcome and Course Overview <i>Richard A. Berger, M.D., Ph.D.</i>
Session I: The Painful Wrist – Where do I Start? <i>Moderator: Peter Amadio, M.D.</i>	
7:30 a.m.	Introduction and Case Presentation <i>Peter Amadio, M.D.</i>
7:35 a.m.	Examination of the Wrist <i>Richard A. Berger, M.D., Ph.D.</i>
7:50 a.m.	Radiology in the Diagnosis of Radial Sided Wrist Pain. The Validity of MRI and MR Arthrography <i>Kimberly K. Amrami, M.D.</i>
8:05 a.m.	Arthroscopy: Anatomy and Pearls for Diagnostic Accuracy <i>David J. Slutsky, M.D.</i>
8:20 a.m.	Correlating your test with your exam: MRI findings in the asymptomatic wrist <i>Mark Ross, M.D.</i>
8:30 a.m.	Case Wrap Up and Audience Vote on Treatment <i>Peter C. Amadio, M.D.</i>
Session II: Soft Tissue Trauma – Scapholunate Dissociation <i>Moderator: Sanj Kakar, M.D.</i>	
8:35 a.m.	Case Presentation, Overview, Natural History <i>Sanjeev Kakar, M.D.</i>
8:45 a.m.	Scapholunate Injury: Kinematics, Classification and the Role of Proprioception <i>Marc Garcia-Elias, M.D., Ph.D.</i>
9:15 a.m.	Closed and Arthroscopic Options (Pinning, Shrinkage) - When Will It Work? Grade 2 and 3 Instability <i>David J. Slutsky, M.D.</i>
9:30 a.m.	Volar and Dorsal Capsulodesis <i>Steven L. Moran, M.D.</i>
9:40 a.m.	Tenodesis (Wrightington experience) <i>Ian A. Trail, M.D., FRCS</i>
9:52 a.m.	Tenodesis (Brisbane experience) <i>Marc Ross, M.D.</i>
10:05 a.m.	Case Discussion & Review of Audience Response <i>Sanj Kakar, M.D.</i>
10:15 a.m.	Refreshment Break
Session IIIA: Acute Scaphoid Fracture <i>Moderator: Karim Bakri, M.D.</i>	
10:30 a.m.	Case Presentation, Overview, Classification <i>Karim Bakri, M.D.</i>
10:45 a.m.	Radiographic Assessment, MRI, CT, or Bone Scan? <i>Kimberly K. Amrami, M.D.</i>
11:00 a.m.	Casting Versus Screw: When and Who

	<i>David G. Dennison, M.D.</i>
11:15 a.m.	Arthroscopic Reduction and Screw Fixation: Tips and tricks <i>David J. Slutsky, M.D.</i>
11:30 a.m.	Proximal Pole Fractures: Avoiding Non-Union. Is there Evidence to Support Immediate Vascularized Grafting <i>Alexander Y. Shin, M.D.</i>
11:45 a.m.	Scaphoid Fractures in the Athlete: When to Fix and When to Move <i>Michael Hayton, M.D., FRCS</i>
12:00 p.m.	Case Discussion: Audience Response <i>Karim Bakri, M.D.</i>
12:10 p.m.	Lunch Marriott Hotel Ballroom
Session IIIB: Scaphoid Nonunion	
<i>Moderator: Jose Ortiz, M.D.</i>	
1:10 p.m.	Case Presentation, Overview, Classification, Natural History <i>Jose Ortiz, M.D.</i>
1:25 p.m.	Arthroscopic Management With and Without Grafting <i>P.C. Ho, M.D.</i>
1:50 p.m.	Volar Grafting Techniques: Exposure and Plating of Scaphoid Fractures <i>Michael Hayton, M.D., FRCS</i>
2:05 p.m.	Overview and Surgical Demonstration: Dorsally and Volar Based Vascularized Bone Grafts <i>Allen T. Bishop, M.D.</i>
2:20 p.m.	The Medial Femoral Condyle <i>Alexander Y. Shin, M.D., FRCS</i>
2:30 p.m.	Articular Grafts Free and Vascularized <i>Steven L. Moran, M.D.</i>
2:40 p.m.	Case Wrap-Up and Review of Audience Response <i>Jose Ortiz, M.D.</i>
2:45 p.m.	Refreshment Break
Session IV: Perilunate and LT Injury	
<i>Moderator: Peter M. Murray, M.D.</i>	
3:05 p.m.	Overview and Case Presentation <i>Peter M. Murray, M.D.</i>
3:20 p.m.	Greater Arc Variants <i>Gregory I. Bain, Ph.D., FRCS</i>
3:35 p.m.	Management and Long-Term Outcomes <i>Guillaume Herzberg, M.D., Ph.D.</i>
3:50 p.m.	LT Instability: Tips and tricks <i>Jan-Ragnar Haugstvedt, M.D., Ph.D.</i>
4:05 p.m.	Dry Arthroscopy and Arthroscopic Management of Perilunate Injuries <i>Francisco de Pinal, M.D.</i>
4:20 p.m.	Radioscapholunate Dislocation and the Spiral Tenodesis <i>Marc Garcia-Elias, M.D., Ph.D.</i>
4:35 p.m.	Trouble with the Pisiform

Special Breakout Session for NPs & PAs
Siebens 4-02

2:00 p.m. to 5:00 p.m.

2:00 p.m. **Management of Phalanx and Metacarpal Fractures**

Guilherme Giusti, M.D.

2:25 p.m. **Hand Infections**

25M *Craig Lehrman, M.D.*

2:50 p.m. **Management of Nail Bed and Fingertip Injuries**

Jacqueline Corona, M.D.

3:15 p.m. **Management of Distal Radius Fractures and Scaphoid Fractures**

Tibor Warganich, M.D.

3:40 p.m. **Refreshment Break**

4:00 p.m. **Lab – Demos**

Steven L. Moran, M.D.

- Injection Techniques
- Trigger Finger Release

	<i>Michael Hayton, M.D., FRCS</i>
4:50 p.m.	Axial Carpal Dislocations <i>Alexander Shin, M.D.</i>
5:00 p.m.	Case Discussion <i>Peter M. Murray, M.D.</i>
5:15 p.m.	Refreshment Break
Breakout Sessions (Concurrent—Please Choose One)	
5:30 p.m. Leighton Auditorium	Kienbock's Disease: My Treatment Algorithm <i>Gregory I. Bain, Ph.D., FRCS</i> <i>Allen T. Bishop, M.D.</i> <i>Ian Trail, M.D.</i>
5:30 p.m. Siebens 402	The Rheumatoid Wrist <i>Guillaume Herzberg, M.D., Ph.D.</i> <i>Marco Rizzo, M.D.</i> <i>J. Henk Coert, M.D.</i>
6:30 p.m.	Adjourn
Saturday May 21, 2016	
6:30 a.m.	Breakfast Leighton Auditorium Siebens Building
Session V: Distal Radius Fracture <i>Moderator: David G. Dennison, M.D.</i>	
7:30 a.m.	Case Presentation, Overview, Classification <i>David G. Dennison, M.D.</i>
7:45 a.m.	Distal Radius Anatomy <i>Gregory I. Bain, Ph.D., FRCS</i>
8:00 a.m.	Volar Plates <i>Marco Rizzo, M.D.</i>
8:15 a.m.	Fragment Specific Fixation <i>Alexander Y. Shin, M.D.</i>
8:30 a.m.	Arthroscopic Repair of Complex Fractures <i>Francisco de Pinal, M.D.</i>
8:45 a.m.	Bridge Plate <i>Karim Bakri, M.D.</i>
9:00 a.m.	Intra-articular Malunion, Arthroscopic Management <i>Francisco de Pinal, M.D.</i>
9:15 a.m.	Malunion and Open Management <i>David G. Dennison, M.D.</i>
9:30 a.m.	Reduction of coronal plane translation and effect on DRUJ stability in distal radius fractures <i>Mark Ross, M.D.</i>
9:45 a.m.	Arthroscopic Management of Pain Following DR Fractures <i>P.C. Ho, MBBS, FRCS</i>
10:00 a.m.	Arthrodesis: The Ultimate Salvage: Tips and tricks <i>Marco Rizzo, M.D.</i>
10:15 a.m.	Case Discussion and Questions <i>David G. Dennison, M.D.</i>
10:20 a.m.	Refreshment Break
Session VI: Wrist Arthritis	

Concurrent Sessions

Moderator: Sanj Kakar, M.D.	
10:30 a.m.	Wrist Salvage-Overview, Case Presentation: SLAC SNAC and Radiocarpal Arthrosis <i>Sanj Kakar, M.D.</i>
10:45 a.m.	4-Corner: Maximizing Outcomes <i>David G. Dennison, M.D.</i>
11:00 a.m.	PRC: Who is it Good For? <i>Steven L. Moran, M.D.</i>
11:10 a.m.	Long term follow up of PRC with proximal capitate resurfacing <i>Mark Ross, M.D.</i>
11:20 a.m.	Vascularized Bone for Carpal Reconstruction: Thinking Outside the Box <i>Francisco de Pinal, M.D.</i>
11:35 a.m.	Radioscapholunate Fusion: Tips and Tricks <i>Marc Garcia-Elias, M.D., Ph.D.</i>
11:50 a.m.	Arthroscopic Intercarpal Fusions for Wrist Arthritis <i>Francisco de Pinal, M.D.</i>
12:05 p.m.	Non-Vascularized Cartilage and Bone Composite for Radiocarpal Preservation <i>J. Henk Coert, M.D., P.hD.</i>
12:15 p.m.	Neurectomy: Tips and Tricks <i>Richard A. Berger, M.D., Ph.D.</i>
12:30 p.m.	Lunch Hage Atrium, Subway Level, Siebens Building
Session VI: Wrist Arthritis Continued: Wrist Arthroplasty.	
Moderator: Sanjeev Kakar, M.D.	
1:15 p.m.	Long Term Experience With Total and Hemi-Wrist Arthroplasty <i>Guillaume Herzberg, M.D., Ph.D.</i>
1:35 p.m.	Revision Wrist Arthroplasty <i>J. Henk Coert, M.D., P.hD.</i>
1:50 p.m.	Wrist Replacement and Hemi Wrist Arthroplasty: U.S. Experience <i>Brian D. Adams, M.D., Ph.D.</i>
2:05 p.m.	Case Discussions and Questions <i>Sanjeev Kakar, M.D.</i>
Session VII: Ulnar-Sided Wrist Pain. Where Do I Start?	
Moderator: Julie Adams, M.D.	
2:15 p.m.	Case Presentation and Examination of the Wrist <i>Julie Adams, M.D.</i>
2:30 p.m.	Radiology in Diagnosis of Ulnar Wrist Pain. The Validity of MRI and Can You See the UT Ligament <i>Kimberly K. Amrami, M.D.</i>
2:45 p.m.	Overview and Anatomy <i>Marc Garcia-Elias, M.D., Ph.D.</i>
3:00 p.m.	Refreshment Break
3:20 p.m.	Algorithm for DRUJ Injury <i>Richard A. Berger, M.D., Ph.D.</i>
3:35 p.m.	Midcarpal Instability: The CLIP Wrist <i>Marc Garcia-Elias, M.D., Ph.D.</i>
3:50 p.m.	Palmar Mid-Carpal Instability : Diagnosis and Management Algorithm <i>P.C. Ho, MBBS, FRCS</i>
4:05 p.m.	Surgical Approach to the Ulnar Aspect of the Wrist <i>Marc Garcia-Elias, M.D., Ph.D.</i>

4:20 p.m.	Classification and Treatment of TFCC injuries <i>Jan-Ragnar Haugstvedt, M.D., Ph.D.</i>
4:35 p.m.	UT Split Tears <i>Richard A. Berger, M.D., Ph.D.</i>
4:50 p.m.	Failures and Recurrent TFCC Tears <i>Brian D. Adams, M.D., Ph.D.</i>
5:05 p.m.	Case Discussion <i>Julie Adams, M.D.</i>
5:35 p.m.	Adjourn
6:00 p.m.	Conference Reception Landow Atrium, Subway Level, Gonda Building
Sunday, May 22, 2016	
7:00 a.m.	Breakfast Leighton Auditorium Siebens Building
Session VIII: DRUJ Injury Acute and Chronic <i>Moderator: Sanjeev Kakar, M.D.</i>	
7:45 a.m.	Case Presentation, Overview, Natural History <i>Sanjeev Kakar, M.D.</i>
8:00 a.m.	Acute Dislocations and Galeazzi Fractures <i>Brian Carlsen, M.D.</i>
8:15 a.m.	Chronic Instability <i>Brian D. Adams, M.D., Ph.D.</i>
8:30 a.m.	Impaction <i>Brian Carlsen, M.D.</i>
8:45 a.m.	Herbert Distal Ulnar Head Replacement <i>Ian A. Trail, M.D., FRCS</i>
9:00 a.m.	Hemi Endoprosthesis: How to Achieve Reliable Outcomes <i>Steven L. Moran, M.D.</i>
9:15 a.m.	Total Ulnar Head Prosthesis <i>Richard A. Berger, M.D., Ph.D.</i>
9:30 a.m.	Refreshment Break
9:45 a.m.	Salvage of Failed DRUJ Reconstruction: Darrach and The One Bone Forearm <i>Ian A. Trail, M.D., FRCS</i>
10:05 a.m.	It's Not the Wrist; It's the Elbow <i>Scott P. Steinmann, M.D.</i>
10:20 a.m.	Pediatric DRUJ <i>Steven L. Moran, M.D.</i>
10:35 a.m.	Case Discussion and Questions <i>Sanjeev Kakar, M.D.</i>
10:50 a.m.	Panel Discussion: Managing Difficult and Recurrent CMC Arthritis <i>Marco Rizzo, M.D.</i> <i>Peter C. Amadio, M.D.</i> <i>Sanjeev Kakar, M.D.</i>
11:00 a.m.	Closing Summary
12:00 p.m.	Adjourn