

## ALSO® PROVIDER COURSE

**Advanced Life Support in Obstetrics (ALSO)** is an evidence-based, interprofessional, and multidisciplinary training program that equips the entire maternity care team with skills to effectively manage obstetric emergencies. This comprehensive course encourages a standardized team-based approach amongst physicians, residents, nurse midwives, registered nurses and other members of the maternity care team to improve patient safety and positively impact maternal outcomes.

## OVERALL COURSE OBJECTIVES

1. Discuss methods of managing pregnancy and birth urgencies and emergencies, which standardizes the skills of practicing maternity care providers.
2. Demonstrate content and skill acquisition as evidenced by successful completion of online course examination, skills workstations, and group testing stations.

## CME & CNE INFORMATION

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit amount is pending.

The American Academy of Family Physicians is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. The online portion of the course is approved for 10.81 contact hours applicable for APRN, RN, LPN, or LMHT re-licensure. Kansas State Board of Nursing Provider Number; LT0278-0312. This is an advanced level course and may not be suitable for all general continuing nursing education.

AAFP Prescribed credit is accepted by the following organizations/physician licensing boards. This acceptance is confirmed each year, though no written agreement exists. Participants should contact these organizations directly to find out how to report credit:

American Academy of Physician Assistants (AAPA)  
National Commission on Certification of Physician Assistants (NCCPA)  
American Nurses Credentialing Center (ANCC)  
American Academy of Nurse Practitioners Certification Board (AANPCB)  
American Association of Medical Assistants (AAMA)  
American Board of Family Medicine (ABFM)  
American Board of Emergency Medicine (ABEM)  
American Board of Preventative Medicine (ABPM)

## MAINTENANCE OF CERTIFICATION

The American Board of Obstetrics and Gynecology (ABOG) MOC standards now allow participation in ABOG-approved Simulation Courses to meet the annual Improvement in Medical Practice (Part IV) MOC requirement for OBGYNs. This course has been approved to meet ABOG Improvement in Medical Practice requirements for 2016-2018. Please review the 2016 MOC Bulletin at [www.abog.org/bulletins/MOC2016.pdf](http://www.abog.org/bulletins/MOC2016.pdf) for further information.

Copyright© 2017 American Academy of Family Physicians. All rights reserved.  
Revised 8/20/2018

## COURSE DISCLAIMER

The material presented at this course is being made available by the American Academy of Family Physicians for educational purposes only. This material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement, or opinion of the instructors which may be helpful to others who face similar situations.

The AAFP disclaims any and all liability for injury, or other damages, resulting to any individual attending this course and for all claims which may arise out of the use of the techniques demonstrated therein by such individuals, whether these claims shall be asserted by a physician, or any other person.

Every effort has been made to assure the accuracy of the data presented at this course. Clinicians may care to check specific details, such as drug doses and contraindications, etc., in standard sources prior to clinical application.

This Course has been determined to be a Level 2 classification under the AMA PRA Credit and Classification Guidelines. The AAFP does not certify competence upon completion of the ALSO Provider Course, nor does it intend this course to serve as a basis for requesting new or expanded privileges.

For more information on  
Advanced Life Support in  
Obstetrics (ALSO),  
please visit [www.aafp.org/ALSO](http://www.aafp.org/ALSO)



AMERICAN ACADEMY OF FAMILY PHYSICIANS

## ALSO Provider Course

September 14, 2018

Gundersen Health System  
Integrated Center for Education  
(ICE House)

Gundersen Health System  
1827 Sims Place  
La Crosse, WI 54601

## COURSE PRE-WORK

Learners will be provided an email with a link to the online portion of the ALSO Provider Course. Content consists of a pre-test; recorded lectures; online case studies; recorded workstation demonstrations; post-test and a course evaluation. Upon completion of the evaluation and claiming of credit, the letter of participation will be accessible electronically.

*The letter of participation must be provided to the Course Sponsor as proof of successful completion of the course pre-work PRIOR TO participation in the Live Portion of the course.*

## AFTER THE COURSE

Upon successful completion of the live course, the ALSO Course Sponsor is responsible for providing post-course documentation to the ALSO Program within 2 weeks. After the Course Sponsor has submitted all required post-course documentation, learners will be emailed letters of participation by the AAFP. For those who successfully complete both the online and the live portion of the course, wallet cards will be additionally included at the bottom of the emailed live course letter of participation.

## LIVE PORTION OF THE COURSE

### AGENDA

<u>Time</u>	<u>Activity</u>
7:30-7:45	Registration
7:45-8:00	Debrief and Review of Online Education (15 min)
8:00-8:30	Lecture: Safety in Maternity Care (30 min)
<b><u>Workstation Rotations</u></b> (Learners are each assigned to a group and rotate amongst skills workstations simultaneously)	
8:30-9:30	Shoulder Dystocia and Emergency Breech Delivery (60 min)
9:30-9:35	Break (5 minutes)
9:35-10:35	Assisted Vaginal Delivery (60 min)
10:35-10:50	<b>Break (15 min)</b>
10:50-11:50	Maternal Resuscitation (60 min)
11:50-12:20	<b>Lunch (30 min)</b>
12:20-1:20	Postpartum Hemorrhage (60 min)
1:20-1:25	Break (5 minutes)
1:25-2:25	Interactive Case Studies (60 min)
2:25-2:40	<b>Break (15 min)</b>
2:40 – 3:55	Group Testing (75 min)
3:55 – 4:25	Wrap-Up, Questions, Course Evaluations (30 min)

## COURSE CONTACT INFORMATION

**Course Co-Directors:** Erin Morcomb, MD and Kristina Schlecht, MD

**Advisory Faculty:** Cheri Olson, MD

**Instructors:**

Kristina Schlecht, M.D.- Family Medicine, Mayo La Crosse  
Erin Morcomb, M.D.- Family Medicine, Mayo La Crosse  
Brandi Strong, M.D. – Family Medicine, Gundersen La Crosse  
Kelley Bahr, M.D. – Family Medicine, Gundersen La Crosse  
Robert Holness, M.D., - OB/GYN Gundersen Tomah  
Edward Malone III, M.D. - Family Medicine, Mayo La Crosse  
Jenna Sebranek, M.D. – Family Medicine, Richland Center

Co-Instructor: Nimmi Nagothu, M.D.

**Course Coordinator:** Cindy Kelly

**Email Address:** kelly.cindy@mayo.edu

**Phone Number:** 507-293-3818

# ALSO

