

Lumbar Spine Care Symposium

Friday, Oct. 19, 2018

7:30 a.m. Registration

8 a.m. Welcome and Announcements

Jonathan Bledsoe, M.D., Spine & Neurological Surgery, Mayo Clinic Health System

8:10 a.m. Neurological exams

Timothy Young, M.D., Neurology, Mayo Clinic Health System

8:40 a.m. The differential diagnosis of lower back pain and radiculopathy

Lang Jacobson, M.D., Physical Medicine & Rehabilitation, Mayo Clinic Health System

9:15 a.m. Spinal concepts for successful rehabilitation

Craig Kann, P.T., and Nicole Marquardt, P.T., Physical Therapy, Mayo Clinic Health System

9:45 a.m. Break

10 a.m. Spine Imaging: Indications, Interpretation and Utility

Steve J Folz, M.D., Radiology, Mayo Clinic

10:30 a.m. Pain clinic intervention options for chronic back pain

Stephen Endres, M.D., Pain Clinic of Northwestern Wisconsin

11 a.m. Chiropractic intervention options for back pain

Cole Segerstrom, D.C., Tenold Chiropractic Health & Rehab Clinic

11:30 a.m. Lunch (provided)

Noon Spinal surgery — Lumbar

T.K. Schiefer, M.D., Spine & Neurological Surgery, Mayo Clinic Health System

12:30 p.m. Spinal surgery — MIS

Eduardo Perez, M.D, Spine & Neurological Surgery, Mayo Clinic Health System

1 p.m. Medications for back pain —Can I use opioids safely?

Terry Witt, M.D., Family Medicine, Mayo Clinic Health System

1:30 p.m. Occupational medicine — Return to work and disability

Andrew Floren, M.D., M.P.H. Occupational Medicine, Mayo Clinic Health System

2 p.m. Break

2:15 p.m. Pediatric & Young Adult: Sport Related & Other Spine Conditions

Jonathan Bledsoe, M.D., Spine & Neurological Surgery, Mayo Clinic Health System

2:45 p.m. Complex spine management

Mark Pichelmann, M.D., Neurosurgery, Mayo Clinic

3:30 p.m. Evaluation and closing remarks

Jonathan Bledsoe, M.D., Spine & Neurological Surgery, Mayo Clinic Health System

4 p.m. Adjourn