

Ethio-American Annual Medical Conference

Host: EDAG and People to People (P2P)

Sponsor for CME: Mayo Clinic School of Continuous Professional Development (MCSCPD)

Date: Friday September 22/2017

Location: Residence Inn Arlington Pentagon City

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Time	Presentation (Topic)	Speaker	Allotted Time
6:30 – 7:45	REGISTRATION & BREAKFAST		
Session I: 8:00 to 10:00 AM (2 hours & 15 minutes): Cancer, the great malady: are we wining?			
Moderators: Drs. Begna/Shibru			
8:00-8:05	Introduction		5 minutes
8:05-8:30	Update on Screening and Prevention	Dr. Mohammed Nurhussein	25
8:30-8:55	Targeted Cancer therapy	Prof. Ayalew Tefferi	25
8:55-9:20	Cancer pain and its management	Prof. Sallahadin Abdi	25
9:20-9:45	Delirium and common psychiatric disorders in Medical Setting : A practical and concise overview	Prof. Yonas Geda	25
9:45-10:15	Panel discussion	All presenters	30
10:15-10:30	COFFEE BREAK		15
Session II: 10:30-12:00 PM (1 hour & 30 minutes): Chronic diseases			
Moderators: Drs. G.Zabher/Begna			
10:30-10:55	Update in management of Diabetes	Prof. Elias Siraj	25
10:55-11:20	Sleep: What dreams are made of	Dr. Asefa Mekonnen	25
11:20-11:45	Resistant Hypertension	Dr. Mersema Abate	25
11:45-12:00	Panel discussion	All presenters	15
12:00-1:00	LUNCH BREAK: Quality & leadership in Health Care: Lori Diprete Brown, MSPH, M.T.S. (30 minutes)		60
Session III: 1:00 to 2:50 PM (1 hour & 50 minutes): Cardio-Vascular Events			
Moderators: Drs. Demede/Tefera			
1:00-1:25	Acute coronary syndrome	Dr. Henock G. Zabher	25
1:25-1:50	Arrhythmia: Atrial fibrillation	Dr. Tefferi Y. Mitiku	25
1:50-2:10	CVA (Stroke)	Dr. Cumara B. O'Carroll	20
2:10-2:30	Current approach to newer oral anticoagulants	Dr. Kebede Begna	20
2:30-2:50	Panel discussion	All presenters	20
2:50-3:05	COFFEE BREAK		15
Session IV: 3:00-5:00PM (1 hour & 40 minutes) Infectious Diseases and travel medicine			
Moderators: Drs. Siraj/Begna			
3:05-3:30	Current Management of HIV	Prof. Zelalem Temesgen	25
3:30-3:55	Management of Hepatitis	Dr. Tinsay A. Woreta	25
3:55-4:20	Travel medicine	Prof. Dawd A. Siraj	25
4:20-4:45	Panel discussion and conclusion	All presenters	25
4:45	Closing remarks	Dr. Kebede Begna	

6:30 to 8:00 AM Registration and Breakfast

8:00 to 10:15 AM Session I: Cancer: approach to screening & targeted therapy; common adverse effects of cancer (2 hours & 15 minutes).

Moderator: Kebede and Daniel

Topics:

- 1) Update on Screening and prevention
- 2) “Targeted Cancer therapy’
- 3) Cancer Pain and its management
- 4) Mood disorder/delirium

Objective:

- Practical application of cancer screening
- Advances in targeted cancer therapy
- Understanding cancer pain and its management
- Mood disorders

10:15-10:30 AM COFFEE BREAK

10:30-12:00 PM Session II: Chronic (Common) Health issues (1 hour & 30 minutes)

Moderators: Henock/Kebede

Topics

- 1) Update in management of Diabetes
- 2) Resistant Hypertension
- 3) Sleep: What dreams are made of

Objective:

- Review common causes of resistant hypertension and its management
- Review physiology of normal sleep
- Discuss pathophysiology of common sleep disorders, focusing on obstructive sleep apnea and its treatment

12:00-1:00PM LUNCH BREAK

Quality & leadership in Health Care: Lori Diprete Brown, MSPH, M.T.S.

1:00-2:50PM Session III: Cardio-Vascular Diseases (1 hour and 40 minutes)

Moderators: Drs. Melaku Demede and Girma Tefera

Topics:

- 1) Acute coronary syndrome
- 2) Atrial fibrillation
- 3) Stroke (CVA)
- 4) Current approach to anticoagulation

Objectives:

- Recognition and management of acute coronary syndromes, STEMI, NSTEMI.
- Recognition and management of atrial fibrillation
- Recognizing TIA, anterior and posterior circulation strokes and early recognition and management,
- Prevention and management of thromboembolic diseases, with emphasis on the newer oral anticoagulants

2:50-3:00 PM

COFFEE BREAK

3:00-5:00PM

Session IV: Infectious Diseases and travel medicine (1 hour & 40 minutes)

Moderator: Drs. Dawd Siraj and Kebede Begna

Topics

- 1) Current management of HIV
- 2) Current management of Hepatitis infections
- 3) Travel medicine

Objective:

- Review US and WHO guidelines in HIV diagnosis and management.
- *Current HIV management guidelines*
- Current treatment guidelines for the treatment of chronic hepatitis C virus and hepatitis B virus.
- *Common opportunistic infections in HIV and Hepatitis viruses*
- Overview of disease in different geographic locations that are pertinent to travelers.
- Getting ready prior to an International trip
- Recommendations on vaccines needed prior to International Trip

Closing remarks: Kebede Begna