

# *Program Schedule*

## Mayo Clinic's 12<sup>th</sup> Annual Update on Women's Health

**Thursday, March 3, 2016**

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6:45 a.m.	<b>Registration &amp; Continental Breakfast</b>
7:20 a.m.	<b>Welcome and Announcements</b>
<b>BREAST HEALTH</b>	
7:30 a.m.	<b>Genetics and Breast Cancer Beyond BRCA</b> Sandhya Pruthi, M.D.
8:00 a.m.	<b>Breast Density Update: What You Need to Know</b> Roxanne Lorans, M.D.
8:30 a.m.	<b>Oncology Update</b> Donald W. Northfelt, M.D.
9:00 a.m.	<b>Breast Reconstruction</b> Raman Mahabir, M.D.
9:30 a.m.	<b>Care of the Breast Cancer Survivor</b> Sandhya Pruthi, M.D.
10:00 a.m.	<b>Question and Answer Session</b>
10:25 a.m.	<b>Refreshment Break</b>
10:45 a.m.	<b>Is Sitting the New Smoking? How Your Chair is Killing You</b> James A. Levine, M.D., Ph.D.
11:45 a.m.	<b>Question and Answer Session</b>
12:00 Noon	<b>Lunch</b>
<b>Topics in Internal Medicine</b>	
1:00 p.m.	<b>Risk Factors for CVD in Women</b> Susan Wilansky, M.D.
1:30 p.m.	<b>Hypertension in Women</b> Mira T. Keddiss, M.D.
2:00 p.m.	<b>Statin Myalgias and Lipid Lowering Agents</b> Susan M. Halli Demeter, C.N.P., D.N.P, R.N.

*Thursday, March 3, 2015 (continued)*

- 2:30 p.m.            **Question and Answer Session**
- 2:55 p.m.            **Refreshment Break**
- 3:15 p.m.            **Irritable Bowel Syndrome**  
Amy E. Foxx-Orenstein, M.D.
- 3:45 p.m.            **Type 2 Diabetes Prevention/EDIC**  
Bithika M. Thompson, M.D.
- 4:15 p.m.            **Microbiome**  
Amy E. Foxx-Orenstein, M.D.
- 4:45 p.m.            **Question and Answer Session**
- 5:10 p.m.            **Adjourn**

**Friday, March 4, 2016**

- 6:45 a.m.            **Continental Breakfast**
- 7:20 a.m.            **Announcements**
- PELVIC FLOOR**
- 7:30 a.m.            **Medical Management of Urinary Incontinence**  
Darryl S. Chutka, M.D.
- 8:00 a.m.            **Surgical Options for Urinary Incontinence**  
Aqsa A. Khan, M.D.
- 8:30 a.m.            **Imaging**  
Grace Knuttinen, M.D., Ph.D.
- 9:00 a.m.            **Question and Answer Session**
- 9:25 a.m.            **Refreshment Break**
- MIDLIFE SEXUALITY**
- 9:45 a.m.            **Let's Talk About Sex: How to Discuss Sexual Health With Your Patients**  
Jordan Rullo, Ph.D., L.P.
- 10:15 a.m.           **50 Shades of Low Sexual Desire: Management Strategies For the Clinician**  
Stephanie S. Faubion, M.D. and Jordan Rullo, Ph.D., L.P.

*Friday, March 4, 2015 (continued)*

- 11:15 a.m.            **Question and Answer Session**
- 11:35 a.m.            **Lunch**
- ISSUES IN MENOPAUSE**
- 12:35 p.m.            **Midlife Sleep**  
Lois E. Krahn, M.D.
- 1:05 p.m.            **New Therapies for Anxiety and Depression in Women**  
TBD
- 1:35 p.m.            **Question and Answer Session**
- 1:50 p.m.            **New Therapies in Menopause Management**  
Stephanie S. Faubion, M.D.
- 2:20 p.m.            **Menopause Hormone Management - Case-Based Tutorials**  
**Panel**
- 2:50 p.m.            **Question and Answer Session**
- 3:05 p.m.            **Adjourn**

**Saturday, March 5, 2015**

**CONTRACEPTION**

- 7:15 a.m.            **Continental Breakfast**
- 7:50 a.m.            **Announcements**
- 8:00 a.m.            **Controversies in the Well-Woman Exam**  
Petra M. Casey, M.D.
- 8:30 a.m.            **New Technologies/Contraception**  
Paru David, M.D.
- 9:00 a.m.            **Contraception in Perimenopause**  
Petra M. Casey, M.D.
- 9:30 a.m.            **Pushing the Limits of Pregnancy**  
Jani R. Jensen, M.D.
- 10:00 a.m.           **Question and Answer Session**
- 10:25 a.m.           **Refreshment Break**

*Saturday, March 5, 2015 (continued)*

- 10:45 a.m.      **Update on Migraine Headache in Women** (Q & A)  
Amaal Starling, M.D.
- 11:20 a.m.      **What Are We Going to Do About Grandma?** (Q & A)  
Darryl Chutka, M.D.
- 11:55 a.m.      **Grit: Rx for Personal and Professional Survival  
Lessons from The Loft, Lean In, Taylor Swift and  
The Huffington Post** (Q & A)  
Edward T. Creagan, M.D.
- 12:35 p.m.      **Meeting Adjourns**