

**Mayo Clinic Rehabilitation Medicine Update 2018
Webcast Program Schedule**

Friday, February 2, 2018	
7:50 – 8:00 a.m.	Welcome
8:00 – 8:30 a.m.	“Dr.” -- My Back Still Hurts <i>Randy A. Shelerud, M.D.</i>
8:30 – 9:00 a.m.	Which Exercises Really Help for Low Back Pain <i>Mark A. Kargela, P.T., D.P.T., OCS</i>
9:00 – 9:30 a.m.	To Inject or Not Inject – What Works <i>John A. Freeman, D.O.</i>
9:30 – 9:45 a.m.	Question & Answer Panel
9:45 – 10:15 a.m.	Break and Exhibitors
10:15 – 10:45 a.m.	Regenerative Medicine – Real, Hope or Hype <i>Shane A. Shapiro, M.D.</i>
10:45 – 11:15 a.m.	Regeneration of the Intervertebral Disc <i>Wenchun Qu, M.D., M.S., Ph.D.</i>
11:15 – 11:45 a.m.	Therapy after a Regenerative Medicine Treatment <i>Corey M. Kunzer, P.T., D.P.T., SCS</i>
11:45 – noon	Question & Answer Panel
Noon – 12:30 p.m.	Break and Exhibitors Pick up box lunch
12:30 – 1:15 p.m.	Keynote: Integrated Rehabilitation <i>Mathew Taylor, P.T., Ph.D.</i>
1:15 – 1:45 p.m.	“I have Fallen again” - Fall Prevention Programs <i>Kathryn K. Brewer, M.Ed., P.T., D.P.T., GCS</i>
1:45 – 2:15 p.m.	Gait and Balance Evaluation <i>David C. Weber, M.D.</i>
2:15 – 2:45 p.m.	Vestibular Training to Prevent Falls – <i>Pamela S. Kline, P.T., D.P.T.</i>
2:45 – 3:00 p.m.	Question & Answer Panel
Saturday, February 3, 2018	
7:00 – 8:00 a.m.	Mindfulness based Stress Reduction <i>Roberto P. Benzo, M.D.</i>
8:00 – 8:30 a.m.	Rehabilitation Management of the Critically Ill Patient <i>Erica Bellamkonda, M.D.</i>
8:30 – 9:00 a.m.	From Bed Ridden to Independent – Functional Progression <i>Patrick J. Cornelius, P.T., D.P.T., CCS</i>
9:00 – 9:30 a.m.	Do you think the patient can swallow those pills? Dysphagia Management <i>Janelle M. Hatlevig, O.T., BCPR</i>
9:30 – 9:45 a.m.	Question & Answer Panel
9:45 – 10:15 a.m.	Break and Exhibitors
10:15 – 10:45 a.m.	Functional Movement Disorder – The “BEST” treatment <i>Jeffrey M. Thompson, M.D.</i>
10:45 – 11:15 a.m.	Restoring Normal Movement the “BEST” way! <i>Sarah E. Dahlhauser, O.T., O.T.D., Sarah A. Boyd, P.T., D.P.T.</i>
11:15 – 11:45 a.m.	Central Sensitization Syndrome: Understanding the Basics and Practical Implementation for Patient Care <i>Cynthia O. Townsend, Ph.D., L.P.</i>
11:45 – Noon	Question & Answer Panel
Noon – 12:30 p.m.	Break and Exhibitors Pick up Box Lunch
12:30 – 1:15 p.m.	Lunchtime Lecture: Concussion – What we know

	<i>Amaal J. Starling, M.D.</i>
1:15 – 1:45 p.m.	More than just a H/A – management of concussion in school – (include concussion and exercise) <i>Cara C. Prideaux, M.D.</i>
1:45 – 2:15 p.m.	The Treatment of Persistent Concussion Symptoms <i>Jessica L. Petersen, O.T.</i>
2:15 – 2:45 p.m.	Pitfalls of Early Specialization <i>Karen L. Newcomer, M.D.</i>
2:45 – 3:00 p.m.	Question & Answer Panel
Sunday, February 4, 2018	
6:30 – 8:00 a.m.	Continental Breakfast & Exhibitors
7:00 – 8:00 a.m.	The Eyes Free the Neck – Feldenkrais Awareness Through Movement Class <i>Mary L. Jurisson, M.D.</i>
8:00 – 8:30 a.m.	Osteoporosis and Bone Health: Fracture Liaison Program <i>Michael D. Whitaker, M.D.</i>
8:30 – 9:00 a.m.	Preventing Another Compression FX – Exercise/Posture That Helps <i>Kathryn K. Brewer, M.Ed., P.T., D.P.T., GCS</i>
9:00 – 9:30 a.m.	Wellness and Exercise in the Elderly <i>Pauline H. Lucas, P.T., D.P.T., WCS</i>
9:30 – 9:45 a.m.	Question & Answer Panel
9:45 – 10:00 a.m.	Break & Exhibitors
10:00 – 10:30 a.m.	Prosthetics Done Right <i>Karen L. Andrews, M.D.</i>
10:30 – 11:00 a.m.	Staying Healthy after Spinal Cord Injury <i>Megan L. Gill, P.T., D.P.T., NCS, Lisa A. Beck, APRN, CNS, M.S.</i>
11:00 – 11:30 a.m.	Is Telemedicine Right for You? <i>Bradford W. Landry, D.O.</i>
11:30 – 11:45 a.m.	Question & Answer Panel
11:45 – 12:15 p.m.	Wrap up
12:15 p.m.	Adjourn Course

Subject to change.