

15th Annual Women's Health Update Program Schedule

Thursday, February 28, 2019

6:45 a.m. **Registration & Continental Breakfast**

7:20 a.m. **Welcome Announcements**

MODERATORS: Juliana M. Kling, M.D., M.P.H. and Suneela Vegunta, M.D.

Breast Health

7:30 a.m. **Supplemental Screening in Women with Dense Breasts**
Deborah J. Rhodes, M.D.

8:00 a.m. **Management of Pre-Malignant Breast Lesions (DCIS, ADH)**
Patricia A. Cronin, M.D.

8:30 a.m. **Breast Cancer Treatment Update**
Karen S. Anderson, M.D., Ph.D.

9:00 a.m. **Question and Answer Session**
Session Faculty

9:20 a.m. **Refreshment Break**

Clinical Concerns in Midlife and Beyond

9:40 a.m. **Osteoporosis Updates**
Krupa B. Doshi, M.D.

10:10 a.m. **Management of Hypertension and HLD in
Women: Guidelines and Evidence**
Anna Svatikova, M.D., Ph.D.

10:40 a.m. **Management of Weight Gain in Midlife Women - What
Works and How to Manage**
Ekta Kapoor, M.B.B.S.

11:10 a.m. **Question and Answer Session**
Session Faculty

11:30 a.m. **Lunch (Provided)**

Thursday, February 28, 2019 (continued)

- 12:15 p.m. **Central Sensitization**
Larry R. Bergstrom, M.D.
- 12:45 p.m. **Integrative Medicine in Menopause**
Denise M. Millstine, M.D.
- 1:15 p.m. **Questions and Answer Session**
Session Faculty

Bloating and Beyond

- 1:30 p.m. **HPV- The Most Common STI**
Margaret E. Long, M.D.
- 2:00 p.m. **Treating Bloating and Constipation - Latest Treatment Options**
Lucinda A. Harris, M.D.
- 2:25 p.m. **Questions and Answer Session**
Session Faculty
- 2:45 p.m. **Refreshment Break**

Sex Specific Neurologic Disorders

- 3:05 p.m. **Concussion in Female athletes**
Amaal J. Starling, M.D.
- 3:35 p.m. **Sex, Gender and Dementia**
Bryan K. Woodruff, M.D.
- 4:05 p.m. **Headaches in Women**
Rashmi B. Halker Singh, M.D.
- 4:35 p.m. **Sex Differences in Stroke**
Kara A. Sands, M.D.
- 5:05 p.m. **Question and Answer Session**
Session Faculty
- 5:25 p.m. **Adjourn**

Friday, March 1, 2019

6:45 a.m. **Continental Breakfast**

6:45 a.m. **Round Table Discussion Sessions (Must Pre-register/Limited space) - \$15 each [Optional – Not for credit]**

- **Osteoporosis Treatment Options – Krupa B. Doshi, M.D.**
- **Menopausal Hormone Therapy--Managing Side Effects – Juliana M. Kling, M.D., M.P.H.**
- **Women’s Health Practice Pearls – Recent Practice Guideline Changes – Suneela Vegunta, M.D.**

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Hormones

7:30 a.m. **Management of Hypoactive Sexual Desire Disorder (HSDD)**
Jacqueline M. Thielen, M.D.

8:00 a.m. **Androgens and Women’s Health - What’s New for the Practicing Provider**
Suneela Vegunta, M.D.

8:30 a.m. **Contraception Update**
Megan N. Wasson, D.O.

9:00 a.m. **Overview and Update of PCOS**
Bithika M. Thompson, M.D.

9:30 a.m. **Question and Answer Session**
Session Faculty

9:55 a.m. **Refreshment Break**

Potpourri

10:15 a.m. **Sex Differences in Substance Abuse**
Elena Volfson, M.D., M.P.H.

10:45 a.m. **Vaccine Update**
Tina H. Byun, M.D.

11:15 a.m. **Heart Failure Update**
Lisa M. LeMond, M.D.

11:45 a.m. **Lung Cancer in Women**
Helen J. Ross, M.D.

12:15 p.m. **Question and Answer Session**
Session Faculty

12:50 p.m. **Adjourn**

Saturday, March 2, 2019

6:45 a.m. **Optional Yoga Class** (*Registration Required / Limited Attendance*)

7:15 a.m. **Continental Breakfast**

7:50 a.m. **Announcements**

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GI & ID

8:00 a.m. **Update on Inflammatory Bowel Disease**
Talha A. Malik, M.D., M.P.H.

8:30 a.m. **HIV in Women Update**
Mary J. Kasten, M.D.

9:00 a.m. **Colon Cancer Screening Update**
Sarah B. Umar, M.D.

9:30 a.m. **Q&A Session**
Session Faculty

10:00 a.m. **Refreshment Break**

GU

10:20 a.m. **Management of Genitourinary Syndrome of Menopause**
Paru S. David, M.D.

10:50 a.m. **Managing Pelvic Pain - Newer Management Strategies**
Johnny Yi, M.D.

11:20 a.m. **Causes of Pelvic Pain: Vascular Congestion and Beyond**
Grace Knuttinen, M.D., Ph.D.

11:50 a.m. **Q & A Session**
Session Faculty

12:20 p.m. **Adjourn**