



# Mayo Clinic 13<sup>th</sup> Annual Women's Health Update

**Thursday, March 2, 2017** (*continued*)

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**INFECTIOUS DISEASE AND MORE**

**MODERATOR: Anita P. Mayer, M.D.**

- 1:00 p.m.            **Hepatitis C**  
Thomas J. Byrne, M.D.
- 1:30 p.m.            **Zika Virus in Reproductive Women – What We Need To Know?**  
Roberto L. Patron, M.D.
- 2:00 p.m.            **Skin Care 101 from a Plastic Surgeon**  
Raman Mahabir, M.D.
- 2:30 p.m.            **Emerging Therapies in Post-Menopausal Osteoporosis**  
Marcia G. Ko, M.D.
- 3:00 p.m.            **Question and Answer Session**
- 3:30 p.m.            **Refreshment Break**
- 3:55 p.m.            **Mastering Communication Skills with our Patients and  
How to Break Bad News and Not Devastate the Patient**  
Edward T. Creagan, M.D., F.A.A.H.P.M. and Scott C. Litin, M.D.
- 4:55 p.m.            **Question and Answer Session**
- 5:15 p.m.            **Adjourn**

# Mayo Clinic 13<sup>th</sup> Annual Women's Health Update

**Friday, March 3, 2017**

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6:45 a.m.                    **Continental Breakfast**

7:20 a.m.                    **Announcements**

**SURVIVORSHIP, CANCER CARE AND PALLIATIVE CARE**  
**MODERATOR: Anita P. Mayer, M.D.**

7:30 a.m.                    **Lung Cancer**  
Harshita R. Paripati, M.D.

8:00 a.m.                    **Ovarian and Uterine Cancers**  
Javier F. Magrina, M.D.

8:30 a.m.                    **Survivorship (No Longer Receiving Chemo Treatment)**  
M. Helen Whited, M.D.

9:00 a.m.                    **Palliative Care**  
Sara E. Wordingham, M.D.

9:30 a.m.                    **Question and Answer Session**

9:55 a.m.                    **Refreshment Break**

**MENOPAUSE AND MORE**  
**MODERATOR: Anita P. Mayer, M.D.**

10:20 a.m.                    **Sexuality in the Aging Female**  
Carol L. Kuhle, D.O.

10:50 a.m.                    **Menopause Update**  
Juliana (Jewel) M. Kling, M.D., M.P.H.

11:20 a.m.                    **The Backstory of Beauty, Aging, and Cosmetic Dermatology**  
David L. Swanson, M.D.

11:50 a.m.                    **Question and Answer Session**

12:10 p.m.                    **Lunch Provided**

**WELLNESS AND NUTRITION**  
**MODERATOR: Marcia G. Ko, M.D.**

1:10 p.m.                    **Wellness & Nutrition – Lifestyle**  
Heather E. Fields, M.D.

1:40 p.m.                    **Nutrition in Cancer/Cancer Prevention**  
Denise M. Millstine, M.D.

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**Friday, March 3, 2017** *(continued)*

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- 2:10 p.m.            **The low-FODMAP diet: Managing IBS and more**  
Anita P. Mayer, M.D.
- 2:40 p.m.            **Menopause, Obesity and the Gut Microbiome**  
Julia A. Files, M.D.
- 3:10 p.m.            **Question and Answer Session**
- 3:40 p.m.            **Adjourn**

# Mayo Clinic 13<sup>th</sup> Annual Women's Health Update

**Saturday, March 4, 2017**

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7:15 a.m.                    **Continental Breakfast**

7:50 a.m.                    **Announcements**

**ENDOCRINE/NEUROLOGY**

**MODERATOR: Julia A. Files, M.D.**

8:00 a.m.                    **Drug Treatment for Type 2 Diabetes**  
Bithika M. Thompson, M.D.

8:30 a.m.                    **Endocrine: Thyroid/Adrenal Fatigue**  
Irina Bancos, M.D.

9:00 a.m.                    **Update on Multiple Sclerosis**  
Jonathan L. Carter, M.D.

9:30 a.m.                    **Question and Answer Session**

9:50 a.m.                    **Refreshment Break**

**GYN/UROLOGY/MENOPAUSE**

**MODERATOR: Julia A. Files, M.D.**

10:10 a.m.                    **Vaginal Dryness**  
Richa Sood, M.D.

10:40 a.m.                    **Pelvic Pain**  
Megan N. Wasson, D.O.

11:10 a.m.                    **Medical Urology**  
Aqsa A. Khan, M.D.

11:40 a.m.                    **Testosterone: Sexual Health and More**  
Paru S. David, M.D.

12:10 p.m.                    **Question and Answer Session**

12:35 p.m.                    **Meeting Adjourns**