



# Pain Medicine for the Non-Pain Specialist

## Workshop Information

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Each additional workshop offers the opportunity to obtain additional credits. [Click here](#) for credit information. Additional fees apply.

### **Wednesday, March 16 Workshops**

#### **Palliative Care – Non Pain Symptom Management:**

This workshop will use an interactive case based approach to teach evidence based concepts in the symptom management of nausea/vomiting, constipation, dyspnea, active dying, delirium, anxiety and depression for patients with serious, life-limiting illness. Additionally, we will include a discussion on medical marijuana.

#### **Hands-On Physical Exam Workshop:**

The hands-on PE work shop is designed to give participants an overview and manual skills necessary to perform an efficient musculoskeletal physical examination. Participants will receive printed syllabus, oral didactics and live demonstration to better their ability to perform examination of the shoulder, spine, pelvis (hip and sacroiliac joint) as well as the knee. After an overview, the small group preceptor will demonstrate key portions of inspection, palpation, range of motion testing and provocative maneuvers with anatomical models, live models and course participants. Work shop attendees are encouraged to wear comfortable (athletic) clothing as they participate in the course to become proficient in the skills necessary to adequately assess, diagnose and treat musculoskeletal conditions. Each small group will be limited to 12 participants. Preceptors will be on hand during the general sessions to answer questions that arise from this educational activity.

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## **Thursday, March 17 Workshops**

### **Palliative Care Workshop : Complex Cases in Pain and Palliative Care: Putting it All Together**

This workshop will use an interactive, case-based approach to engage the audience in discussing management of complex palliative care patient cases. Cases will focus on practical pearls for common calls about hospice patients, what you need to know about methadone, managing multiple distressing symptoms in a patient with serious illness, communications techniques for goals of care and code status discussions and practical techniques for discontinuing or declining to start opioid medications in a patient with chronic pain.

### **Hands-On Injection Workshop:**

This year the Hands-On Injection Workshop will be focusing on common office based injections including the shoulder, knee, ankle/foot and hip region. Brief didactics are followed by hands on opportunity to inject mannequins and exam live models. There is plenty of time for questions. Providers interested in starting or expanding an office injection practices will find this helpful, but enrollment is limited.

## **Friday, March 18 Workshops:**

### **ABFM Self-Assessment Module – Pain Management**

Family physicians can complete the ABFM Self-Assessment Module (SAM) on Pain Management. Participants work as a group, learning from one another. The session is led by family physicians who are experienced SAM moderators, assisted by pain management content experts. The group discusses 60 core competency questions and answers.

For this session, family physician attendees do not need an individual computer or Internet access; come equipped only with a desire to learn and to share expertise with your peers. After the session, we will submit the group's answers on a single group answer sheet. Later, individuals need to log in to the ABFM website, pay the required ABFM fee, and do the second part of the SAM, the Clinical Simulation.

### **Addiction Medicine for Primary Care Providers**

The disease of addiction is often misunderstood which contributes to bias, limited recognition and poor treatment. The neurobiology of addiction has been well established and is a way for physicians and other caregivers to come to understand some of the primary characteristics of this disease. Dr. Seppala will describe the main features of the neurobiology of addiction and how brain pathology drives maladaptive behaviors.