



Mayo School of Continuous Professional Development

# Approaches to Pediatric Depression and Related Disorders



**August 21, 2015**

**Loews Minneapolis Hotel  
Minneapolis, Minnesota**

***Register Online Now!***  
***[ce.mayo.edu](http://ce.mayo.edu) (Search: PedsDepression)***

## Course Description

The Approaches to Pediatric Depression and Related Disorders will focus on presenting an update on developments in the diagnosis, assessment and treatment of pediatric mood disorders and related conditions. Specific areas of focus will include unipolar depression, bipolar disorder, suicidal behavior, bullying, substance abuse and trauma. Course faculty will emphasize an evidence-based approach to management highlighting cutting edge research from structured psychotherapeutic approaches, psychopharmacology, neuroimaging, and emerging therapeutics in children and adolescents. The course will include video vignettes to guide interactive, highly focused didactic sessions. Leading content experts will facilitate challenging case discussions generated by participants or course faculty.

## Course Learning Objectives

Upon conclusion of this program, participants should be able to:

- Identify correct diagnosis of depression and bipolar disorder in children and adolescents
- Discuss comorbidities, including trauma, eating disorders, psychosocial stress, Attention Deficit Hyperactivity Disorder (ADHD), chronic pain and chronic medication conditions
- Articulate a comprehensive treatment plan for depressed children and adolescents with complex presentations

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## Intended Audience

This course is intended for pediatricians, family practice physicians, pharmacists, psychologists, physician assistants, nurse practitioners, and social workers.

## Credit

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 8.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Department of Psychiatry and Psychology, Mayo Clinic College of Medicine, is approved by the American Psychological Association to sponsor continuing education for psychologists. The Department of Psychiatry and Psychology maintains responsibility for this program and its content.

## Other Health Care Professionals

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

## Date and Location

The Approaches to Pediatric Depression and Related Disorders course will be held August 21, 2015. Course headquarters will be located in the Loews Minneapolis Hotel, 601 1st Ave N., Minneapolis, MN 55403.

## Registration

To register, visit [ce.mayo.edu](http://ce.mayo.edu) (search: PedsDepression). The registration fee includes tuition, comprehensive electronic course syllabus, light continental breakfast, boxed lunch, and break refreshments. Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present the confirmation letter when checking in at the meeting registration desk.

### Registration Fees

**Physician/Scientist:** \$295

**Fellow/Resident, PA, NP, RN,**

**Allied Health:** \$250

### For additional information, contact:

Mayo School of Continuous Professional Development

Plummer 2-60

200 First Street SW

Rochester, MN 55905

Website: [ce.mayo.edu](http://ce.mayo.edu)

E-mail: [cme@mayo.edu](mailto:cme@mayo.edu)

## Cancellation Policy

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo School of CPD before August 7, 2015 ([cme@mayo.edu](mailto:cme@mayo.edu)). No refunds will be made on or after August 7, 2015. Canceled registrations are non-transferable.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

## Lodging Accommodations

Guest rooms have been reserved for attendees and their guests with special course rates at the Loews Minneapolis Hotel. In order to receive the special rate, *reservations must be made before the room block is filled or before the expiration date of July 28, 2015, whichever comes first.* Reservations will be taken following this date based on space and rate availability. Please identify yourself as a participant of the *Mayo Clinic Pediatric Depression Course* when making your reservation.

### Loews Minneapolis Hotel

601 1st Avenue North

Minneapolis, MN 55403

Phone: 612-677-1100

Reservations: 877-878-5670

**\$189** single/double – standard

*Lodging arrangements are the sole responsibility of the individual registrant.*

Mayo School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.

## Parking

Valet parking is available on the hotel's front drive on First Avenue for a rate of \$35 per night, per vehicle, including in and out privileges. At the time of publication, short term valet rates: \$20 (less than 4 hours); \$25 (4 + hours). Please check with the Loews Hotel for the most up-to-date information.

If attending the course but not staying at the Loews Minneapolis Hotel, the closest self-parking option is the Mayo Clinic Square parking ramp, located on 7th Street between Hennepin Avenue and First Avenue, directly below the hotel. Hourly rates are subject to change and you will be charged each time you exit the ramp. A map indicating the location of downtown parking facilities will be e-mailed with the registrant attendee letter approximately two weeks prior to the course.



## Faculty

### Course Director(s)

*Paul E. Croarkin, D.O.  
Jarrod M. Leffler, Ph.D., L.P.*

### Mayo Faculty

*Paul E. Croarkin, D.O.  
Daniel R. Hilliker, Ph.D., L.P.  
Jarrod M. Leffler, Ph.D., L.P.  
Rachel L. Lynch, M.D.  
Leslie A. Sim, Ph.D., L.P., Psi  
Jennifer L. Vande Voort, M.D. P  
Stephen P. Whiteside, Ph.D., L.P*

### Faculty Disclosure

As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific rigor in

its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

## National Physician Payment Transparency Program

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).

## Program Schedule August 21, 2015

### Approaches to Pediatric Depression and Related Disorders

**Friday, August 21, 2015**

7:00 a.m.	Registration and Light Continental Breakfast
7:50 a.m.	Welcome
8:00 a.m.	DSM-V Update: Diagnosis and Treatment Planning for Children and Adolescents with Mood Disorders <i>Paul E. Croarkin, D.O.</i> <i>Jarrod M. Leffler, Ph.D., L.P.</i>
10:00 a.m.	Break
10:30 a.m.	Medical Comorbidities and Grief <i>Daniel R. Hilliker, Ph.D., L.P.</i>
11:30 a.m.	Lunch – box lunch provided Lunch and Learn Q&A from morning panel members
1:00 p.m.	Diagnosis and Management of Eating Disorders <i>Leslie A. Sim, Ph.D., L.P.</i>
2:00 p.m.	Treating Childhood Anxiety Disorders and OCD <i>Stephen P. Whiteside, Ph.D., L.P.</i>
3:00 p.m.	Break
3:30 p.m.	Managing ADHD in Primary Care Settings <i>Rachel L. Lynch, M.D.</i>
4:00 p.m.	Update on ADHD: A Psychiatrist's Perspective <i>Jennifer Vande Voort, M.D.</i>
4:30 p.m.	Interactive Case Discussion and Treatment Planning

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