Mayo Clinic Talks: Headache Edition - Online CME Course

Activity Description
This is an initial offering of an online CME course for primary care clinicians consisting of ten Mayo Clinic Talks podcast episodes focusing on the presentation, evaluation, management and treatment of headaches.

Target Audience
This activity is appropriate for primary care physicians, physician assistants and nurse practitioners.

Learning Objectives
Upon conclusion of this activity, participants should be able to:
• Describe the various types of headaches commonly seen in the outpatient setting
• List the characteristics of migraine
• Describe the evaluation and important questions to ask patients who present with severe or frequent headaches
• Discuss which symptoms should result in a head imaging study as part of the evaluation of a patient who presents with headaches
• List the “red flag symptoms” that suggest a patient has a headache with a potentially serious cause

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Accreditation Statement
In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statement(s)
Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 4.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Summary
As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

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Fred (Michael) M. Cutrer, M.D Intellectual Property Know-How Related to Development of a Transcutaneous Electrical Stimulation Device with DJO
Rashmi B. Halker Singh, M.D. Consultant BioHaven Pharmaceuticals, Supernis Pharmaceutical Alder
Advisory Board Academic CME, Answers In CME (AiCME), Forefront Collaborative; Impel NeuroPharma, Inc., Medscape from WebMD, Medscape, LLC, Pri-Med Institute, Teva Pharmaceutical Industries Ltd.

Narayan R. Kissoon, M.D. Consultant BRIGHT MINDS BIOSCIENCES LTD.

Carrie (Beth) E. Robertson, M.D. Advisory Board Alder Biopharmaceuticals, Inc., BioHaven Pharmaceuticals, Impel NeuroPharma, Inc.
Grant/Research Support Lundbeck, Teva
Other Receive compensation as author of UpToDate


Jerry W. Swanson, M.D., M.H.P. Honoraria Elsevier for editorial service
Other UpToDate: Editorial Services

Grant/Research Support Amgen

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No relevant financial relationship(s) with ineligible companies:
Chia-Chun Chiang, M.D.
Christopher D. Sletten, Ph.D., L.P.
Mark A. Whealy, M.D.

References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:
Juliana H. VanderPluym, M.D. Ibuprofen, Naproxen, Acetaminophen, Almotriptan, Zolmitriptan, Rizatriptan, Sumatriptan-Naproxen
Multiple manufacturers
Mark A. Whealy, M.D.

Metoclopramide, Prochlorperazine, Droperidol, Ketorolac, Chlorpromazine, Haloperidol

Multiple manufacturers

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Prerequisites for Participation
There are no prerequisites needed prior to participating in this education activity.

Method of Participation
Participation in this activity consists of reviewing the educational material, completing the learner assessment and evaluation.

How to Obtain Credit
To obtain credit, complete the assessment, evaluation and submit.

Release and Expiration Dates
Release Date: 06/28/2022
Expiration Date: 06/27/2025

Acknowledgement of Commercial Support*
No commercial support was received in the production of this activity.

Faculty and Course Director Listing and Credentials
Course Director(s)
Darryl S. Chutka, M.D.

Faculty(s)
Chia-Chun Chiang, M.D.
Fred (Michael) M. Cutrer, M.D.
Narayan R. Kissoon, M.D.
Rashmi B. Halker Singh, M.D.
Carrie (Beth) E. Robertson, M.D.
Christopher D. Sletten, Ph.D., L.P.
Amaal J. Starling, M.D.
Jerry W. Swanson, M.D., M.H.P.E.
Juliana H. VanderPluym, M.D.
Mark A. Whealy, M.D.

Bibliographic Resources


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