

Unique Identifier	Status	Course Title	Record Date	Expiration Date	Renewal Date
23R01789-29	Cite some of the new practice guidelines for disease states commonly seen in a primary care practice.	Mayo Clinic Talks Podcast Series - Season 3	2/27/2023	2/7/2026	
23R01789-31	Recall evidence-based literature for current treatment recommendations in common conditions presenting in primary care settings.	Mayo Clinic Talks Podcast Series - Season 3	1/19/2023	1/19/2026	

23R01789-33	List several current treatment recommendations in common conditions presenting in primary care settings.	Mayo Clinic Talks Podcast Series - Season 3	3/6/2023	3/6/2026	
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Podcast Release Date	Ethos Publish Date	Ethos End Date	Faculty	Primary Appointment
10/3/2023	10/6/2023	2/1/2026	Darryl S. Chutka, M.D.; Rekha Mankad, M.D.	Cardiovascular Disease
10/17/2023	10/20/2023	2/1/2026	Darryl S. Chutka; Sumedh Hoskote	Pulmonary & Critical Care Medicine

10/31/2023	11/3/2023	2/1/2026	Josh Luciew - Host Cesar A. Gonzalez, Ph.D., L.P. Maryam Mahmood M.B., Ch.B.	Varies
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Title	Duration (hrs:min:sec)	Learner Assessment Time	Updated Run time with assessment	Credit Count	Credit Approved
Valvular Heart Disease: The Mitral Valve	0:20:01	0:03:00	0:23:01	0.25	
"Hacking" The Unexplained Chronic Cough	0:26:05	0:03:00	0:29:05	0.25	

Intimate Partner Violence

0:34:06

0:03:00	0:37:06	0.5	
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Description

Mitral valve disorders are extremely common, one of the most common is mitral valve prolapse. The majority of these patients live their life without symptoms, but some go on to develop significant mitral regurgitation or less likely, mitral stenosis. How can we recognize mitral valve disease and what's recommended to confirm a diagnosis? How should these patients be followed? Do they need a lifetime of cardiac imaging? When is a cardiologist needed to help manage these patients? In this podcast, we'll discuss these questions and more with cardiologist Rekha Mankad, M.D., a cardiologist from the Mayo Clinic.

A patient with an unexplained cough is commonly seen in an outpatient primary care practice. While there are several potential causes, fortunately, most are relatively benign. However, determining the cause can be challenging and its best to use an organized approach in the evaluation. Using the patient's history, chest imaging studies, pulmonary function and occasionally laboratory tests, we're usually able to determine the cause. What are the most common causes of a persistent cough? What approach is recommended in the evaluation? And what should we do when no cause is apparent? We'll discuss "The Unexplained Cough" in this podcast with our guest, Sumedh S. Hoskote, M.B.B.S., a pulmonologist in the Division of Pulmonary and Critical Care at the Mayo Clinic.

As primary care providers, we are charged with ensuring our patients are healthy. According to the World Health Organization, "health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity." However, sometimes our patients will not inform us of what problems or difficulties that they may be facing in their lives, which makes it difficult to help in these situations. As result, we must screen or ask patients specific questions in attempts to make sure they are okay. One such example that we may screen for in these instances is intimate partner violence.

This condition has many presentations and can affect anyone. Intimate partner violence or domestic violence is reported to be a serious, preventable, public health concern as it affects more than 32 million Americans. Tune in to this episode to learn more about what intimate partner violence looks like, the psychology behind intimate partner violence perpetrators, how we should be screening for this, and what we can do to help our patients in these situations.

Assessment Question	Disclosure Saved
<p>"Which of the following statements regarding mitral valve disease is correct?</p> <ol style="list-style-type: none"> 1. All patients with mitral valve prolapse have an associated mitral regurgitation. 2. The physical examination of a patient with mitral valve prolapse is classic for a late systolic click heard over the base of the heart. 3. Mitral valve prolapse can have an associated ventricular arrhythmia. 4. Mitral valve replacement is preferred over mitral valve repair whenever possible. 5. Mitral valve replacement with a tissue valve is preferred over a mechanical valve in younger patients. <p>Correct answer: #3"</p>	Yes
<p>"Which of the following statements regarding an unexplained chronic cough is correct?</p> <ol style="list-style-type: none"> 1. When acid reflux is identified as the cause of an unexplained chronic cough, an acid suppressing medication is all that is required for treatment. 2. The initial treatment for an upper airway cough is a nasal saline rinse. 3. A chest CT scan should be performed in most cases of a chronic unexplained cough. 4. Pulmonary function tests are rarely helpful in determining a cause of an unexplained chronic cough. 5. Over the counter cough suppressants are usually highly efficacious in treating a persistent cough. <p>Correct answer: #2</p> <p>"</p>	Yes

On average, how many attempts does it take for a victim of intimate partner violence to leave their abusive partner?

- A. 10
- B. 7
- C. 13
- D. 5

Answer: B.) 7

Yes

Relevant financial relationship(s) with industry:	No relevant financial relationship(s) with industry:
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Darryl S. Chutka, M.D. - Stock/Shareholder: Exact Sciences Corp Rekha Mankad, M.D.

Darryl S. Chutka, M.D. - Stock/Shareholder: Exact Sciences Corp Sumedh S. Hoskote, M.B.B.S.

None

Josh Luciew, Cesar A.
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References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:					
None					
None					

None					
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