

Unique Identifier	Status	Course Title	Record Date	Expiration Date	Renewal Date
23R01789		Mayo Clinic Talks Podcast Series - Season 3	2/7/23	2/7/23	
23R01789		Mayo Clinic Talks Podcast Series - Season 3	2/2/23	2/2/26	

Podcast Release Date	Ethos Publish Date	Ethos End Date	Faculty	Primary Appointment
11/7/23	11/10/23	2/1/26	Darryl S. Chutka, M.D.; Mohit Chauhan, M.B.B.S.	Psychiatry
11/14/23	11/17/23	2/1/26	Chutka; Christine (Christy) L. Hunt, D.O.	Pain Medicine

Title	Duration (hrs:min:sec)	Learner Assessment Time	Updated Run time with assessment	Credit Count
Attention-Deficit/Hyperactivity Disorder (ADHD) in Adults	0:22:03	0:03:00	0:25:03	0.25
Pain Management Beyond Opioids	0:28:27	0:03:00	0:31:27	0.25

Description

Attention-deficit / hyperactivity disorder (ADHD) has the potential to impact and impair multiple aspects of life, including underachievement in education, difficulty with employment and challenging social relationships. ADHD has long been felt to be a disorder of childhood that gradually diminishes as one approaches adulthood, however it's now being questioned whether ADHD can develop in adulthood. It's thought that around 4% of adults have ADHD and that the majority are undiagnosed and untreated. In this podcast, we'll discuss ADHD in adults, its effects on those who have it, and how it can be managed. Our guest is Mohit Chauhan, M.B.B.S., a psychiatrist from the Mayo Clinic.

Pain management is a combination of science and art. We have a variety of treatment options to choose from however some have significant potential for harm and some the potential to be abused and carry the risk of dependence. We need to choose our treatments carefully, based on the type of pain we are treating as well as other health conditions found in our patient. In addition to the various analgesic products, other options include injections, nerve blocks and several integrative medicine alternatives. In this podcast, we'll discuss the various pain management options we have available and hopefully give you some new ideas to help manage pain in your patients. Our guest for this podcast is Christy L. Hunt, D.O., a Pain Medicine specialist at the Mayo Clinic.

Assessment Question	Disclosure Saved
<p>"Which of the following statements regarding ADHD in adults is correct?</p> <ol style="list-style-type: none"> 1. It's been clearly established that ADHD can develop in adulthood. 2. Most patients with ADHD can be managed with behavioral therapy instead of pharmacologic treatment. 3. Motor vehicle accidents are a relatively common complication of untreated ADHD in adulthood. 4. Pharmacologic therapy for management of ADHD needs to be continued as a lifelong treatment. 5. Abnormalities on head imaging studies are required to establish a diagnosis of ADHD in adulthood. <p>Correct answer: #3</p> <p>"</p>	<p>Yes</p>
<p>"Which of the following statements regarding pain management is correct?</p> <ol style="list-style-type: none"> 1. Acetaminophen is best taken as needed for chronic musculoskeletal pain. 2. NSAID's are most useful for acute episodes of musculoskeletal pain. 3. Products such as gabapentin are good choices for acute musculoskeletal pain. 4. Codeine is an excellent alternative for chronic neuropathic pain. 5. Diet and nutrition play no role in the management of patients with chronic pain. <p>Correct answer: #2</p> <p>"</p>	<p>Yes</p>

Relevant financial relationship(s) with industry:	No relevant financial relationship(s) with industry:
Darryl S. Chutka, M.D. - Stock/Shareholder: Exact Sciences Corp; Mohit Chauhan, M.B.B.S. - Clarity Telehealth, Inc.	None
Darryl S. Chutka, M.D. - Stock/Shareholder: Exact Sciences Corp; Christine Hunt (Nevro)	Noen

References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:					
Mohit Chauhan, M.B.B.S.; GLAXOSMITHKLINE; bupropion					
None					