

Extended Concepts in Hospital Medicine for NPs & PAs Online Course

Activity Description

Nurse practitioners and physician assistants are playing an increasingly vital role in the care delivery of hospitalized patients. This conference focuses on providing advanced practice providers with the most up-to-date, evidence-based guidelines and treatment pathways necessary to optimally care for hospitalized patients.

Target Audience

This course is designed for hospitalists, nurse practitioners, physician assistants, advance practice nurses, registered nurses, allied health professionals, physicians and residents.

Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Recognize approaches to effectively manage patients with functional GI disorders.
- Identify how to assess the high acuity hospitalized patient.
- Recognize approaches to treat hospitalized patients with thrombocytopenia.
- Identify how to manage the high acuity hospitalized patient.

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statement(s)

AMA

Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 13.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC

Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 13.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



AAPA

Mayo Clinic College of Medicine and Science has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. Approval is valid until 12/15/2028. This activity is designated for 13.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

American Board of Surgery (ABS)

Successful completion of this CME activity enables the learner to earn credit toward the CME requirement of

the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Other Healthcare Professionals

A record of attendance will be provided to all registrants for requesting credits in accordance with state nursing boards, specialty societies or other professional associations.

Disclosure Summary

As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

Listed below are individuals with control of the content of this program who have disclosed...

Relevant financial relationship(s) with ineligible companies:

Name	Nature of Relationship	Company
Dan Ilges, Pharm.D., R.Ph., BCIDP	Honoraria	Shionogi U.S.A., Inc.
Mira Keddis, M.D.	Honoraria	First Thought, LLC, Evimed
Danika Nelson, CNP, DNP	Board of Directors	Heartworks
James S. Newman, M.D., M.H.A.	Honoraria	HB Healthcare Safety, SBC Exact Sciences Corporation
Mathew Stib, M.D.	Honoraria	Artrya

All relevant financial relationships listed for these individuals have been mitigated.

No relevant financial relationship(s) with ineligible companies:

Name	
Bashar A. Agel, M.D.	Erica Loomis, M.D.
Adrijana K. Anderson, P.A.-C.	Jennifer S. Palermo, PA-C
Sarah Bernabe, P.A.-C	Shari T. Perez, APRN, D.N.P., AGACNP-BC, M.S.
Daniel C. DeSimone, M.D.	Ahsan Rizvi, M.D.
Hannah N. Farfour, APRN, D.N.P., AGNP-C	Abigail Taylor, PA-C
Katie N. Finley, APRN, C.N.P.	Alec Williams, NP
Stephanie Hansel, M.D.	Corinne Irish
Andrew (Andy) J. Herber, P.A.-C	Michelle Cooper

References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:

Name	Manufacturer/Provider	Product/Device
Stephanie Hansel, M.D.	Multiple	Antidepressants (Multiple)
Dan Ilges, Pharm.D., R.Ph., BCIDP	Pradma	Cephalexin
	Abbot Laboratories	Cefdinir
	Bristol-Myers Squibb	Cefadroxil
	Roche	Trimethoprim/sulfamethoxazole
	Janssen	Ciprofloxacin
	Shionogi	Levofloxacin

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: <https://ce.mayo.edu/content/disclosures>.

Disclaimer

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

Prospective attendees, please note that the content for this online activity has been repurposed from the live educational activity Hospital Medicine for NPs and PAs - Desert Edition 2/12/2025-2/15/2025. If you attended the live activity, you have already received credit for these educational sessions.

Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity.

Method of Participation

Participation in this activity consists of reviewing the educational material, completing the learner assessment and evaluation.

How to Obtain Credit

To obtain credit, complete the assessment, evaluation and submit.

Release and Expiration Dates

Release Date:	December 16, 2025
Renewal Date:	(If applicable)
Expiration Date:	December 15, 2028

Acknowledgement of Commercial Support

No commercial support was received in the production of this activity.

Faculty and Course Director Listing and Credentials

Course Director(s)

Andy J. Herber, P.A.-C.
James Newman, M.D., M.H.A.
Jennifer Palermo, P.A.-C

Mayo Faculty

Danika M. Nelson, APRN, C.N.P., D.N.P.
Adrijana K. Anderson, P.A.-C.
Mira T. Keddis, M.D.
Katie N. Finley, APRN, C.N.P.
Daniel T. Ilges, Pharm.D., R.Ph., BCIDP
Erica A. Loomis, M.D.
Abigail Cobon, P.A.-C.
Sarah Bernabe, P.A.-C.
Shari T. Perez, APRN, D.N.P., AGACNP-BC, M.S.
Bashar A. Aqel, M.D.
Andy J. Herber, P.A.-C.
Matthew Stib, M.D.
Stephanie L. Hansel, M.D., M.S.
Daniel C. DeSimone, M.D.

Guest Faculty

Ahsan Rizvi, MBBS, FACP

Hannah Farfour, D.N.P., AGPCNP-BC

Bibliographic Resources

Mate K, Fulmer T, Pelton L, Berman A, Bonner A, Huang W, Zhang J. Evidence for the 4Ms: Interactions and Outcomes across the Care Continuum. *J Aging Health*. 2021 Aug-Sep;33(7-8):469-481. doi: 10.1177/0898264321991658. Epub 2021 Feb 8. PMID: 33555233; PMCID: PMC8236661.

MacVicar E, Insch P, Summers F, Bruce D, Ramsay G. Quantitative Assessment of Secondary Healthcare Utilisation by Patients With Functional Abdominal Pain. *Cureus*. 2022 May 19;14(5):e25145. doi: 10.7759/cureus.25145. PMID: 35746992; PMCID: PMC9206520.

Copyright

Mayo Foundation for Medical Education and Research. All rights reserved. Copyright 2025