

Updates in Family Medicine Online Course

Activity Description

Mayo Clinic Updates in Family Medicine online course offers a comprehensive family medicine update designed for practicing primary care and family medicine providers. This course highlights the latest recommendations from medical specialties important to the primary care setting that can be immediately applied to clinical practice.

Target Audience

This course is designed for family physicians, general internists, physician assistants, nurse practitioners, and nurses in primary care and family medicine.

Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Demonstrate the ability to apply evidence-based communication strategies to address vaccine hesitancy
- Recognize how to integrate skills for a proper hip examination and diagnosis
- Formulate a management approach for a patient with valvular heart disease
- Formulate new treatment options for the management of chronic obstructive pulmonary disease

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statement(s)

AMA

Mayo Clinic College of Medicine designates this enduring activity for a maximum of 9.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP

The AAFP has reviewed Updates in Family Medicine Online Course and deemed it acceptable for up to 9.25 Enduring Materials, Self-Study AAFP Prescribed credit(s). Term of Approval is from 09/25/2026 to 09/24/2027. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC

Mayo Clinic College of Medicine and Science designates this activity for a maximum of 9.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

AOA

The American Osteopathic Association designates this program for a maximum of 9.25 AOA Category 2-A credits.



AAPA

Mayo Clinic College of Medicine and Science has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. Approval is valid until 9/24/2028. This activity is designated for 9.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



ICPE

This activity was planned by and for the healthcare team, and learners will receive 9.25 Interprofessional Continuing Education (IPCE) credit for learning and change.

American Board of Surgery (ABS)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME and Self-Assessment requirements of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Other Healthcare Professionals

A record of attendance will be provided to all registrants for requesting credits in accordance with state nursing boards, specialty societies or other professional associations.

Disclosure Summary

As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

Listed below are individuals with control of the content of this program who have disclosed...

Relevant financial relationship(s) with ineligible companies:

Name	Nature of Relationship	Company
Christopher Camp	Honoraria	Arthrex, Inc.
Christopher Camp	Intellectual Property	Arthrex, Inc.
Robert Jacobson, M.D.	Honoraria	Merck & Co., Inc.
Robert Jacobson, M.D.	Honoraria	Optum
Robert Jacobson, M.D.	Research Grant	Moderna
Robert Jacobson, M.D.	Stock Equity	3M Company
Robert Jacobson, M.D.	Stock Equity	Abbott Laboratories
Robert Jacobson, M.D.	Stock Equity	AbbVie Company
Robert Jacobson, M.D.	Stock Equity	Adobe Inc.
Robert Jacobson, M.D.	Stock Equity	Baxter
Robert Jacobson, M.D.	Stock Equity	Becton Dickinson & Co
Robert Jacobson, M.D.	Stock Equity	Eli Lilly & Company
Robert Jacobson, M.D.	Stock Equity	Embecta
Robert Jacobson, M.D.	Stock Equity	Hubbell, Inc.

Robert Jacobson, M.D.	Stock Equity	Johnson & Johnson
Robert Jacobson, M.D.	Stock Equity	MEDTRONIC PLC F
Robert Jacobson, M.D.	Stock Equity	RPM INTERNATIONAL
Robert Jacobson, M.D.	Stock Equity	Schwab Government Money Inv
Robert Jacobson, M.D.	Stock Equity	Schwab S&P 500 Index
Robert Jacobson, M.D.	Stock Equity	Solventum Corp
Robert Jacobson, M.D.	Stock Equity	Takeda Pharma Co.
Robert Jacobson, M.D.	Stock Equity	ZIMMER BIOMET HLDGS
Robert Jacobson, M.D.	Stock Equity	Zimvie Inc.
Stephen Kopecky	Honoraria	Applied Clinical Intelligence
Stephen Kopecky	Honoraria	Applied Clinical Intelligence LLC
Stephen Kopecky	Honoraria	Occlutech US LLC
Stephen Kopecky	Honoraria	WCG
Harmeet Malhi	Honoraria	Merck Sharp & Dohme Corp.
Harmeet Malhi	Honoraria	RTI Health Solutions
Harmeet Malhi	Honoraria	Takeda Development Center Americas, Inc
Harmeet Malhi	Intellectual Property	HepaTx Corporation
Harmeet Malhi	Intellectual Property	LISCure Biosciences, Inc.
Danielle O'Laughlin	Honoraria	GlaxoSmithKline
Miguel Park, M.D.	Honoraria	ImmunogenX
Miguel Park, M.D.	Intellectual Property	MediTuner USA
Eugene Scharf	Honoraria	Boston Scientific Corporation
Eugene Scharf	Honoraria	Janssen Pharmaceuticals, Inc.
Eugene Scharf	New Business Venture	Data Analytic Digital Art

All relevant financial relationships listed for these individuals have been mitigated.

No relevant financial relationship(s) with ineligible companies:

Name
Navreet Chowla
Marla DeWitt Tesch
Denise Dupras
Jithinraj Edakkanambeth Varayil
Jennifer Frank
Nathan Jacobson
Kathleen Kopecky
Amar Miglani
Eric Pease
Tamim Rajjo
Sarah Reiland

Michelle Cooper
Corinne Irish

References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:

Name	Manufacturer/Provider	Product/Device/Medication
Eric Pease	Multiple	mirtazapine
Eric Pease	Multiple	cypheptadine
Eric Pease	NICQH	Vanderbilt Assessment Scales
Eric Pease	World Health Organization (WHO)	Adult ADHD Self-Report Scale (ASRS)

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: <https://ce.mayo.edu/content/disclosures>.

Disclaimer

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

Prospective attendees, please note that the content for this online activity has been repurposed from the live education activity Updates in Family Medicine 2026, 3/12/2026 – 3/11/2026. If you attended the live activity, you have already received credit for these educational sessions.

Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity.

Method of Participation

Participation in this activity consists of reviewing the educational material, completing the learner assessment and evaluation.

How to Obtain Credit

To obtain credit, complete the assessment, evaluation and submit.

Release and Expiration Dates

Release Date: 9/25/2026
Renewal Date: (If applicable)
Expiration Date: 9/24/2028

Acknowledgement of Commercial Support

No commercial support was received in the production of this activity.

Faculty and Course Director Listing and Credentials

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Bibliographic Resources

Kaushik A, Fomicheva J, Boonstra N, Faber E, Gupta S, Kest H. Pediatric Vaccine Hesitancy in the United States-The Growing Problem and Strategies for Management Including Motivational Interviewing. *Vaccines* (Basel). 2025 Jan 24;13(2):115. doi: 10.3390/vaccines13020115. PMID: 40006662; PMCID: PMC11860934.

Pollock JR, Moore ML, McQuivey KS, Makovicka JL, Economopoulos K, Bingham JS. Clinical Examination of the Hip. *N Engl J Med*. 2022 Jun 16;386(24):e65. doi: 10.1056/NEJMvcm2000815. PMID: 35704483.

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