

20th Annual Endocrine Update
January 30-February 3, 2017

Course Directors:
Maria Collazo-Clavell, M.D.
Melanie Richards, M.D.
Peter Tebben, M.D.

SUNDAY, January 29, 2017

2:00-4:00 p.m. Pre-Registration

5:00-6:30 p.m. 20th Year Celebration Reception The Starr Bar

MONDAY, January 30, 2017

6:30 a.m. Registration & Continental Breakfast Salon Foyer / Courtyard

7:15 a.m. Welcome and Course Overview
Maria L. Collazo-Clavell, M.D.

Program Director's Corner: Bone
Moderator: Maria Collazo-Clavell, M.D.

7:30 a.m. Case Snapper
Kurt A. Kennel, M.D.

7:45 a.m. Program Director's Favorite: Body Weight and Bone: What's the Connection?
Kurt A. Kennel, M.D.

8:15 a.m. Case Presentation: Osteoporosis and Orthopedic Surgery
8:15-8:25 a.m. Case Presentation
8:25-8:50 a.m. Endocrinologist Perspective, *Robert A Wermers, M.D.*
8:50-9:15 a.m. Orthopedic Surgeon Perspective, *Ahmad Nassr, M.D.*

9:15 a.m. Primary Hyperparathyroidism: Management Considerations for a Changing Disease Spectrum
Robert A Wermers, M.D.

9:40 a.m. Question & Answer Session
Kurt A. Kennel, M.D.; Robert A Wermers, M.D.; Ahmad Nassr, M.D.

10:10 a.m. Refreshment Break & Exhibits Salon Foyer / Gallery 1

10:40 a.m. Update on Vitamin D
Shon E. Meek, M.D., Ph.D.

11:05 a.m. Fractures and Low Bone Mineral Density in Adolescents and Young Adults: Evaluations and Management Strategies
Peter J. Tebben, M.D.

11:30 a.m. Cancer and Bone Health
Matthew T. Drake, M.D., Ph.D.

11:55 a.m. Question & Answer Session
Shon E. Meek, M.D., Ph.D.; Peter J. Tebben, M.D.; Matthew T. Drake, M.D., Ph.D.

12:25 p.m. Adjourn

6:45 a.m. Continental Breakfast & Exhibits Salon Foyer / Courtyard

6:45 a.m. Breakfast Roundtable Discussions (Optional Session)

Diana S. Dean, M.D. *Thyroid*
Todd B. Nippoldt, M.D. *Pituitary*
Matthew T. Drake, M.D., Ph.D. *Bone*
Michael D. Jensen, M.D. *Obesity/Nutrition*
Peter J. Tebben, M.D. *Pediatric Endocrinology*
Pankaj Shah, M.D. *Diabetes*

Program Director's Corner: Endocrine Surgeon Perspective

Moderator: Peter J. Tebben, M.D.

7:30 a.m. Case Snapper

Geoffrey B. Thompson, M.D.

7:45 a.m. Program Director's Favorite: MEN 1

Geoffrey B. Thompson, M.D.

8:15 a.m. Robotic Endocrine Surgery: What's New in 2017

Melanie L. Richards, M.D.

8:40 a.m. Medullary Thyroid Cancer

Hossein Gharib, M.D.

9:05 a.m. Question & Answer Session

Geoffrey B. Thompson, M.D.; Melanie L. Richards, M.D.; Hossein Gharib, M.D.

9:35 a.m. Refreshment Break & Exhibits Salon Foyer / Gallery 1

10:05 a.m. Concurrent Small Group Sessions

&

11:05 a.m. Option #1 Hypoglycemia

F. John Service, M.D., Ph.D.; Pankaj Shah, M.D.

Option #2 Controversies in the Management of Gender Dysphoria

Todd B. Nippoldt, M.D.

Option #3 Challenging Adrenal Cases

William F. Young, Jr., M.D.

Option #4 Cases in Lipid Management

Vinaya Simha, M.B.B.S., M.D.

Option #5 Management of the Post-Bariatric Surgery Patient

Travis J. McKenzie, M.D., Lori R. Roust, MD.

Option #6 Cases in Thyroid Disease – Clinical Pearls

Diana S. Dean, M.D.

Option #7 Screening in Endocrine Disorders in Primary Care

Tom D. Thacher, M.D., Shon E. Meek, M.D., Ph.D.

Option #8 Polycystic Ovary Syndrome (PCOS)

Alice Y. Chang, M.D.

12:05 p.m. Adjourn

6:45 a.m. Continental Breakfast & Exhibits Salon Foyer / Courtyard

6:45 a.m. Breakfast Roundtable Discussions (Optional Session)

Hossein Gharib, M.D. *Thyroid*
Vinaya Simha, M.B.B.S., M.D. *Lipids*
Geoffrey B. Thompson, M.D. *Endocrine Surgery*
Kurt A. Kennel, M.D. *Bone*
Meera Shah, M.B., Ch.B. *Obesity*
Ananda Basu, M.B.B.S., M.D. *Diabetes*
Robert A Wermers, M.D. *Transplant Endocrinology*

Program Director's Corner: Anything Adrenal

Moderator: Melanie L. Richards, M.D.

7:30 a.m. Case Snapper

William F. Young, Jr., M.D.

7:45 a.m. Program Director's Favorite: Clinical Pearls in Pheochromocytoma

William F. Young, Jr., M.D.

8:15 a.m. Cushing's Update

Alice Y. Chang, M.D.

8:40 a.m. Challenges in the Treatment of Hypopituitarism

Todd B. Nippoldt, M.D.

9:05 a.m. Question & Answer Session

William F. Young, Jr., M.D.; Alice Y. Chang, M.D.; Todd B. Nippoldt, M.D.

9:35 a.m. Refreshment Break & Exhibits Salon Foyer / Gallery 1

New Insights To Obesity Management: Is Satiety The Key?

Moderator: Maria L. Collazo-Clavell, M.D.

10:05 a.m. Calorie Requirements: Why Is It So Hard To Know How Much We Should Eat?

Michael D. Jensen, M.D.

10:30 a.m. Central Mechanisms of Satiety and New Medical Therapies

Meera Shah, M.B., Ch.B.

10:55 a.m. Gastrointestinal Mechanisms of Satiety and Endoscopic Interventions for Weight Loss

Andres J. Acosta Cardenas, M.D., Ph.D.

11:20 a.m. Bariatric Surgery and Gut Incretins

Travis J. McKenzie, M.D.

11:45 a.m. Question & Answer Session

*Michael D. Jensen, M.D.; Meera Shah, M.B., Ch.B.; Andres J. Acosta Cardenas, M.D., Ph.D.;
Travis J. McKenzie, M.D.*

12:15 p.m. Adjourn

- 6:45 a.m. **Continental Breakfast & Exhibits** Salon Foyer / Courtyard
- 6:45 a.m. **Breakfast Roundtable Discussions (Optional Session)**
Todd B. Nippoldt, M.D. Pituitary
Presenter TBD Diabetes Technology
Andres J. Acosta Cardenas, M.D., Ph.D. Obesity
Vinaya Simha, M.B.B.S., M.D. Lipids
Steven A. Smith, M.D. Diabetes
William F. Young, Jr., M.D. Endocrine Hypertension

Program Director's Corner: Thyroid

Moderator: *Melanie L. Richards, M.D.*

- 7:30 a.m. **Case Snapper**
Ian D. Hay, M.D., Ph.D.
- 7:45 a.m. **Program Director's Favorite: Papillary Thyroid Cancer: How Much for so Little?**
Ian D. Hay, M.D., Ph.D.
- 8:15 a.m. **Thyroid Emergencies**
Hossein Gharib, MD.
- 8:40 a.m. **Management of Thyroid Disease in Pregnancy**
Ana-Maria Chindris, M.D.
- 9:05 a.m. **Question and Answer Session**
Ian D. Hay, M.D., Ph.D.; Hossein Gharib, MD.; Ana-Maria Chindris, M.D.
- 9:35 a.m. **Refreshment Break & Exhibits** Salon Foyer / Gallery 1
- 10:05 a.m. **Concurrent Small Group Sessions**
&
11:05 a.m. Option #1 **Hypoglycemia**
F. John Service, M.D., Ph.D., Pankaj Shah, M.D.
- Option #2 **Controversies in the Management of Gender Dysphoria**
Todd B. Nippoldt, M.D.
- Option #3 **Challenging Adrenal Cases**
William F. Young, Jr., M.D.
- Option #4 **Cases in Lipid Management**
Vinaya Simha, M.B.B.S., M.D.
- Option #5 **Management of the Post-Bariatric Surgery Patient**
Travis J. McKenzie, M.D., Lori R. Roust, MD.
- Option #6 **Cases in Thyroid Disease – Clinical Pearls**
Diana S. Dean, M.D.
- Option #7 **Screening in Endocrine Disorders in Primary Care**
Tom D. Thacher, M.D., Shon E. Meek, M.D., Ph.D.
- Option #8 **Polycystic Ovary Syndrome (PCOS)**
Alice Y. Chang, M.D.
- 12:05 p.m. **Adjourn**

6:45 a.m. Continental Breakfast & Exhibits Salon Foyer / Courtyard

Program Director's Corner: Sugar, Sugar

Moderator: Pankaj Shah, M.D.

7:30 a.m. Case Snapper
F. John Service, M.D., Ph.D.

7:45 a.m. Program Director's Favorite: Glycemic Variability: The Why, The How and So What?
F. John Service, M.D., Ph.D.

8:15 a.m. New Glucose Lowering Drugs and CV Risk: Novel Mechanisms for Protection
Ananda Basu, M.B.B.S., M.D.

8:40 a.m. Update on Lipid Lowering Therapy
Vinaya Simha, M.B.B.S., M.D.

9:05 a.m. Questions & Answer Session
F. John Service, M.D., Ph.D.; Ananda Basu, M.B.B.S., M.D.; Vinaya Simha, M.B.B.S., M.D.

9:35 a.m. Refreshment Break & Exhibits Salon Foyer / Gallery 1

Diabetes: Old Challenges, New Opportunities

10:05 a.m. Primary Care Perspective: Challenges of Chronic Disease Management
Tom D. Thacher, M.D.

10:30 a.m. Brittle Diabetes: What to Do?
Steven A. Smith, M.D.

10:55 a.m. Insulin Resistance: Clinical Spectrum
Vinaya Simha, M.B.B.S., M.D.

11:20 a.m. Insulin: Implications of New Preparations to Everyday Practice
Ananda Basu, M.B.B.S., M.D.

11:45 a.m. Question and Answer Session
Tom D. Thacher, M.D.; Steven A. Smith, M.D.; Vinaya Simha, M.B.B.S., M.D.; Ananda Basu, M.B.B.S., M.D.

12:15 p.m. Adjourn