

## Endocrine Update 2022

Livestream (virtual) attendance  
January 24-25 and 27-28, 2022

**Course Directors:**

**Maria L. Collazo-Clavell, M.D.**  
**Travis J. McKenzie, M.D.**  
**Mabel Ryder, M.D.**

### MONDAY, January 24, 2022

**7:45 a.m.      Welcome and Course Overview**  
Maria L. Collazo-Clavell, M.D.

**Diabetes**

Moderator: Maria L. Collazo Clavell, M.D.

**8:00 a.m.      CKD and Diabetes**  
Aleksandra Kukla, M.D.

**8:25 a.m.      Repurposing metformin**  
K. Sreekumaran Nair, M.D., Ph.D.

**8:50 a.m.      Hypoglycemia in the Management of Diabetes**  
Rozalina G. McCoy, M.D., M.S.

**9:15 a.m.      Shared Decision Making for the Busy Clinician**  
Victor M. Montori, M.D.

**9:40 a.m.      Questions and Answer Session**

**10:10 a.m.      Break**

**Cushing's Syndrome**

Moderator: Dana Erickson, M.D.

**10:30 a.m.      Mild autonomous cortisol secretion in adrenal incidentalomas: Why should we care?**  
Irina Bancos, M.D.

**10:55 a.m.      Glucocorticoid Withdrawal Syndrome after Curative Surgery: Who suffers and Why?**  
Trenton R. Foster, M.D.

**11:20 a.m.      Case Discussions**  
Presenter: Dana Erickson, M.D.  
Panelists: Irina Bancos, M.D.  
Trenton R. Foster, M.D.

**12:20 p.m.      Question and Answer Session**

**12:50 p.m.      Adjourn**

**TUESDAY, January 25, 2022**

**Pregnancy**

Moderator: Mabel Ryder, M.D.

**8:00 a.m. What's new with diabetes and pregnancy?**

Aoife M. Egan, M.B.B.Ch., Ph.D.

**8:25 a.m. Thyroid dysfunction and pregnancy**

M. Regina Castro, M.D.

**8:50 a.m. Calcium and Bone Metabolism during pregnancy and lactation**

Ann E. Kearns, M.D., Ph.D.

**9:15 a.m. Pregnancy after Bariatric Surgery**

Meera Shah, M.B., Ch.B.

**9:40 a.m. Questions & Answer Session**

**10:10 a.m. Break**

**Crossroads in Endocrinology**

Moderator: Maria L. Collazo-Clavell, M.D.

**10:30 a.m. Post-menopausal Osteoporosis and Breast Cancer**

**Endocrinology perspective**

Ann E. Kearns, M.D., Ph.D.

**10:55 a.m. Oncology Perspective**

Kathryn J. Ruddy, M.D.

**11:20 a.m. Obesity and Solid Organ Transplantation**

**Transplantation perspective**

Tayyab (Ty) S. Diwan, M.D.

**11:45 a.m. Endocrinology/Obesity perspective**

Meera Shah, M.B., Ch.B.

**12:10 p.m. Question & Answer Session**

**12:40 p.m. Adjourn**

**THURSDAY, January 27, 2022**

**Pituitary**

Moderator: Neena Natt, M.D.

**8:00 a.m.      Laboratory Testing in Pituitary Disorders**  
Neena Natt, M.D.

**8:25 a.m.      Surgical Therapies for Prolactinomas: When? Why?**  
Jamie J. Van Gompel, M.D.

**8:50 a.m.      Neuroendocrine consequences of Intracranial tumors**  
Dana Erickson, M.D.

**9:15 a.m.      Case Discussions**  
Presenter: Neena Natt, M.D.  
Panelists: Dana Erickson, M.D.  
Jamie J. Van Gompel, M.D.

**9:50 a.m.      Question and Answer Session**

**10:10 a.m.      Break**

**Bone**

Moderator: Ann E. Kearns, M.D., Ph.D.

**10:30 a.m.      Hypoparathyroidism**  
Peter J. Tebben, M.D.

**10:55 a.m.      Predicting Fracture/Failure After Orthopedic Instrumentation**  
Ahmad Nassr, M.D.

**11:20 a.m.      Therapeutic Options to Improve Outcomes after Orthopedic procedures**  
Daniel L. Hurley, M.D.

**11:45 a.m.      Hypophosphatemia: Evaluation and Management**  
Peter J. Tebben, M.D.

**12:10 p.m.      Case Discussion**  
Presenter: Daniel L. Hurley, M.D.  
Panelists: Peter J. Tebben, M.D.  
Ann E. Kearns, M.D.  
Ahmad Nassr, M.D.

**12:20 p.m.      Question and Answer Session**

**12:40 p.m.      Adjourn**

**FRIDAY, January 28, 2022**

**From the Bench to Patient Care**

Moderator: Maria L. Collazo-Clavell, M.D.

**8:00 a.m.** **Skeletal muscle atrophy: Mechanisms and investigational therapies**  
Christopher M. Adams, M.D., Ph.D.

**8:25 a.m.** **Novel therapeutic approaches for osteoporosis: Modulating the SNS and aging mechanisms**  
Sundeep Khosla, M.D.

**8:50 a.m.** **Obesity and Inflammation**  
Elena Anna O. De Filippis, M.D., Ph.D.

**9:15 a.m.** **Is Aging reversible? Conclusions based on human and animal data**  
K. Sreekumaran Nair, M.D., Ph.D.

**9:40 a.m.** **Question and Answer Session**

**10:10 a.m.** **Break**

**Non-Surgical Treatments for Nodular Thyroid Disease**

Moderator: Mabel Ryder, M.D.

**10:30 a.m.** **Individualized Therapy for Hypothyroidism**  
Juan P. Brito Campana, M.B.B.S.

**10:55 a.m.** **Evolving use of RFA for thyroid nodular disease**  
John J. Schmitz, M.D.

**11:20 a.m.** **Case Presentations**  
Presenter: Mabel Ryder, M.D.  
Panelists: M. Regina Castro, M.D.  
Melanie Lyden, M.D.  
John J. Schmitz, M.D.

**12:20 p.m.** **Question and Answer Session**

**12:50 p.m.** **Adjourn**