

18th Annual Women's Health Update
March 3-5, 2022

Thursday, March 3, 2022

- 6:45 a.m. **Registration and Continental Breakfast**
- 7:20 a.m. **Welcome Announcements**
- SESSION: Breast Health**
- MODERATORS: Suneela Vegunta, M.D. and Ekta Kapoor, M.B.B.S.**
- 7:30 a.m. **Interval Breast Cancers:
What are They and How to Manage?**
Aparna S. Kaur, M.D.
- 8:00 a.m. **Ductal Carcinoma in Situ (DCIS)**
Lida A. Mina, M.D.
- 8:30 a.m. **Moving Toward a Personalized Genomic Approach to
Breast Cancer Risk Assessment**
Sandhya Pruthi, M.D.
- 9:00 a.m. **Question and Answer Session**
- 9:30 a.m. **Refreshment Break**
- SESSION: Hormones and More**
- MODERATORS: Suneela Vegunta, M.D. and Ekta Kapoor, M.B.B.S.**
- 9:45 a.m. **Menopause 101: Menopausal Bodily Changes**
Suneela Vegunta, M.D.
- 10:15 a.m. **How to Advise of the Risks and Benefits of
Menopausal Hormone Therapy**
Juliana (Jewel) M. Kling, M.D., M.P.H.
- 10:45 a.m. **Practical Tips for Prescribing Hormone Therapy**
Ekta Kapoor, M.B.B.S.
- 11:15 a.m. **Question and Answer Session**
- 11:45 a.m. **Lunch** (provided)

Thursday, March 3, 2022 *(continued)*

SESSION: **General Medicine**

MODERATORS: Suneela Vegunta, M.D. and Ekta Kapoor, M.B.B.S.

12:30 pm. **Management of Diabetes**
Bithika M. Thompson, M.D.

1:00 p.m. **Gender Based Treatment of Hypertension in Women**
Mira T. Keddiss, M.D.

1:30 p.m. **Can We Stop Cervical Cancer Screening at 65?**
If No, What Next?
Margaret E. Long, M.D.

2:00 p.m. **Question and Answer Session**

2:30 p.m. **Adjourn**

Friday, March 4, 2022

- 6:45 a.m. **Continental Breakfast**
- 6:45 a.m. **Roundtable Discussions: (Optional) 45 minutes each**
- Menopause**
 Julia A. Files, M.D.
- Osteoporosis Cases**
 Krupa B. Doshi, M.D.
- COVID-19 Vaccination: All Your Questions Answered**
 Mary Jo Kasten, M.D.
- 7:35 a.m. **Welcome Announcements**
- SESSION:** **Gynecology**
- MODERATORS:** Suneela Vegunta, M.D. and Denise M. Millstine, M.D.
- 7:40 a.m. **Pelvic Organ Prolapse: General Overview of Treatment**
 Johnny Yi, M.D.
- 8:10 a.m. **Fibroids Management Options in Women of Color?**
 Michelle Y. Louie, M.D.
- 8:40 a.m. **All that Flashes is Not Menopause:
All Other Causes for Flashes and Sweats**
 Julia A. Files, M.D.
- 9:10 a.m. **Evaluation of Abnormal Uterine Bleeding**
 Megan N. Wasson, D.O.
- 9:40 a.m. **Question and Answer Session**
- 10:10 a.m. **Refreshment Break**
- SESSION:** **Potpourri**
- MODERATORS:** Suneela Vegunta, M.D. and Denise M. Millstine, M.D.
- 10:30 a.m. **Osteoporosis**
 Krupa B. Doshi, M.D.

Friday, March 4, 2022 *(continued)*

- 11:00 a.m. **Exercise for Mature Women**
Augustine S. Chavez, M.D.
- 11:30 a.m. **Demonstrating Technological Advances
and the Exercise Physiology Consultation**
Robert Scales, Ph.D., M.S.
- 12:00 p.m. **COVID Trends, Treatment Options, Future Directions**
Mary Jo Kasten, M.D.
- 12:30 p.m. **Question and Answer Session**
- 1:00 p.m. **Adjourn**

Saturday, March 5, 2022

6:15 a.m. **Continental Breakfast**

6:30 a.m. **Tai Chi and Yoga Class - Optional**
(No Charge: Must Pre-register)

7:35 a.m. **Announcements**

SESSION: **Sexual Health**

MODERATORS: Suneela Vegunta, M.D. and Denise M. Millstine, M.D.

7:40 a.m. **Is My Contraceptive Influencing My Sex Life?**
An Overview
Paru S. David, M.D.

8:10 a.m. **Oncosexology: Sex after Cancer**
Carol L. Kuhle, D.O., M.P.H.

8:40 a.m. **Sex Therapy: Who and When to Refer**
Jennifer A. Vencill, Ph.D., ABPP

9:10 a.m. **Empowered Against Ovarian Cancer**
Kristina A. Butler, M.D., M.S.

9:40 a.m. **Question and Answer Session**

10:10 a.m. **Refreshment Break**

SESSION: **General Women's Health Topics**

MODERATORS: Suneela Vegunta, M.D. and Denise M. Millstine, M.D.

10:30 a.m. **Human Trafficking**
Arne H. Graff, M.D.

11:00 a.m. **Acupuncture in Women's Health: When to Refer and What to Expect**
Denise M. Millstine, M.D. and Deborah E. Elam, L.Ac.

11:30 a.m. **Obesity and Weight Loss Medications**
Aoife M. Egan, M.B., B.Ch., Ph.D.

Saturday, March 5, 2022 *(continued)*

- 12:00 p.m. **Microbiome Vaginal and Gut**
Mashal J. Batheja, M.D.
- 12:30 p.m. **Question and Answer Session**
- 1:00 p.m. **Adjourn**