Sports Medicine for the Clinician 2022 March 4-6, 2022

Walt Disney World® Resort - Disney's Contemporary Resort

7:00 a.m. Registration / Continental Breakfast / Exhibit Hall Facilitator: George G.A. Pujalte, MD, CAQSM, FACSM, FAMSSM Electronic Poster Presentations 7:45 Introduction / Pre-Test Moderator: Daniel P. Montero, MD, CAQSM, FAAFP Reemergence: Medical Issues in Sports with Post-Pandemic Considerations 8:00 Getting Over the Hump: Long COVID and Sports Medicine Implications Jennifer R. Maynard, MD, CAQSM 8:30 Breathe In, Breathe Out: Exercise, Athletics, and the Lungs Neal M. Patel, MD, MP11 9:00 Blood-Curdling Topic: Sports Hematology and COVID Considerations Winston Tan, MD 9:30 The Beautiful, Safe, Game: Injury Prevention Protocols in Soccer Wesley D. Troyer, DO, CAQSM 10:00 Q&A Panel 10:01 Break / Exhibit Hall 10:30 Beyond Skin Deep: Sports Dermatology Plus the New COVID Rashes Laura Mattson, DO 11:00 It's All Heart: Cardiac Conditions in Sports Neha P. Raukar, MD, MS, CAQSM 11:30 Equipment Evidence Roundup: Science of Concussion Prevention Technologies Chad A. Asplund, MD, MPH, CAQSM, FAMSSM Noon When Everything's Infectious: Reopening Sports and Likely Adjustments Wendy Bosch, MD 12:30 p.m. Q&A Panel 12:50 Electronic Poster Presentations 1:05 Adjourn General Session Workshops – Additional Fee 1:30-3:00 How to Examine Concussed Athletes Jennifer R. Maynard, MD, CAQSM and Tava R. Buck, PT, DPT, OCS 1:30-2:30 Teaching Baseball Biomechanics to Patients as Part of Management Arthur J. De Luigi, DO, Mill and Laura Mattson, DO 2:30-4:30 High-Yield Injection Workshop for Clinicians Daniel P. Montero, MD, CAQSM, FAAFP and Laura Mattson, DO 2:30-4:30 How to Use Point-of-Care Ultrasound on the Sidelines Raul A. Rosario-Concepcion, MD, CAQSM, FAAFP MR, Wade O. Johnson, DO, Amanda L. Williams, LAT, ATC, Allison Schroeder, M.D., and Wesley D. Troyer, DO, CAQSM CAQSM, FAAPMR, Wade O. Johnson, DO, Amanda L. Williams, LAT, ATC, Allison Schroeder, M.D., and Wesley D. Troyer, DO, CAQSM CAQSM, FAAMSSM	Friday, March 4, 2022		
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3:30-4:30 How to Read the Electrocardiograms of Athletes Chad A. Asplund, MD, MPH, CAQSM, FAMSSM		Raul A. Rosario-Concepcion, MD, CAQSM, FAAPMR, Wade O. Johnson, DO, Amanda L.	
Chad A. Asplund, MD, MPH, CAQSM, FAMSSM		Williams, LAT, ATC, Allison Schroeder, M.D., and Wesley D. Troyer, DO, CAQSM	
•	3:30-4:30	How to Read the Electrocardiograms of Athletes	
4:40 p.m. Adjourn		Chad A. Asplund, MD, MPH, CAQSM, FAMSSM	
	4:40 p.m.	Adjourn	

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Sports Medicine for the Clinician 2022 March 4-6, 2022 Walt Disney World® Resort - Disney's Contemporary Resort

	Saturday, March 5, 2022		
7:00 a.m.	Continental Breakfast / Exhibit Hall		
	Facilitator: Stephanie L. Jones, APRN, MSN		
	Electronic Poster Presentations		
7:55	Introduction		
	Moderator: Tava R. Buck, PT, DPT, OCS		
Winning the Battle Before it Begins: Injury Prevention in Sports Medicine			
8:00	Tweaking Mechanics: Preventing Upper Extremity Injuries in the Overhead Athlete		
	Arthur J. De Luigi, DO, MHA		
8:30	Chariots of Fire Checkup: Interventions to Prevent Running Injuries		
	Jeff Carson, PT, DPT, OCS		
9:00	Wilderness Medicine		
	Sarah Spelsberg, PA-C		
9:30	The Ups and Downs: Altitude and SCUBA Diving Medicine		
	Sara E. Filmalter, MD, CAQSM		
10:00	Q&A Panel		
10:15	Break / Exhibit Hall		
10:30	Some Shoulder Action: Achieving Balance in the Hyperlax Shoulder		
	Matthew B. Anastasi, MD, CAQSM		
11:00	Too Fast, Too Much, Too Soon? The Specialization Debate in Sports Medicine		
	Luke C. Radel, MD		
11:30	The Power of the Mind: Focus on Injury Prevention – <i>Remote Presentation</i>		
	Mohit Chauhan, MBBS		
Noon	When Can I Play? Avoiding Re-Injury after Surgery for Common Sports Injuries		
	Cedric J. Ortiguera, MD		
12:30 p.m.	Q&A Panel		
12:50	Electronic Poster Presentations		
1:05	Adjourn General Session		
Workshops – Additional Fee			
1:30-2:30	The Sideline Examination of Hand, Wrist, Elbow, and Shoulder Injuries		
	George G.A. Pujalte, MD, CAQSM, FACSM, FAMSSM and Ryan C. McCoy, PT, DPT, OCS		
2:30–3:30	Teaching Home Exercises for Common Overhead Athlete Injuries		
	Ryan C. McCoy, PT, DPT, OCS and Irvin S. (Scott) Haak, PT, DPT		
3:30-4:30	Performing an Evidence-Based Physical Examination of the Lower Extremities		
	Sara E. Filmalter, MD, CAQSM and Irvin S. (Scott) Haak, PT, DPT		
3:30-4:30	Hands-On in a Hurry: Game Coverage Essentials		
	Kristina F. DeMatas, DO, CAQSM and Wade O. Johnson, DO		
4:40 p.m.	Adjourn		

Sports Medicine for the Clinician 2022 March 4-6, 2022 Walt Disney World® Resort - Disney's Contemporary Resort

Sunday, March 6, 2022		
7:00 a.m.	Continental Breakfast / Exhibit Hall	
	Facilitator: Amanda L. Williams, LAT, ATC	
	Electronic Poster Presentations	
7:55	Introduction	
Moderator: George G.A. Pujalte, MD, CAQSM, FACSM, FAMSSM		
Proceed with the Procedure: Evidence-Based Procedural Options in Sports Medicine		
8:00	Start from the Very Beginning: Basic to Advanced Ultrasound-Guided Procedures	
	Jacob L. Sellon, MD	
8:50	Frontier Unfolding: Regenerative Medicine in Sports Medicine	
	Shane A. Shapiro, MD	
9:40	Q&A Panel	
9:50	Break / Exhibit Hall	
10:00	Blocked! Nerve Blocks and Spinal Injections for Sports Medicine Applications	
	Mark Friedrich B. Hurdle, MD	
10:50	Under the Knife: The Most Evidence-Based Surgeries for Common Sports Injuries	
	Matthew M. Crowe, MD	
11:40	Q&A Panel	
12:05 p.m.	Post-Test Post-Test	
12:15	Adjourn	

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