

A Systematic Approach to Medically Unexplained Symptoms 2022

Note: Times are listed in Pacific time

Wednesday, August 17, 2022

6:30 - 7:00 AM	Breakfast and Registration Livestream begins 6:45 am
7:00 - 7:10 AM	Introduction and Announcements
7:10 - 7:55 AM	Pathophysiological Review of Central Sensitization Chris Aakre, MD
7:55 - 8:05 AM	Q&A
8:05 - 8:50 AM	Uncovering the Mystery of Fibromyalgia Lasonya Natividad, ARNP, CNP, MSN
8:50 - 9:00 AM	Q&A
9:00 - 9:30 AM	Insomnia and Chronic Sleep Problems Mithri Junna, M.D.
9:30 - 9:40 AM	Q & A
9:40 - 10:15 AM	Importance of Patient Stories and Medically Unexplained Symptoms Larry Bergstrom, MD
10:15 - 10:25 AM	Q & A
10:25 - 10:55 AM	Break
10:55 - 11:25 AM	Dizziness Jeffrey Staab, MD
11:25 - 11:35 AM	Q & A
11:35 AM - 12:20 PM	Chronic Non-Cardiac Chest Pain and Palpitations Jeffrey Geske, MD
12:20 - 12:30 PM	Q & A

12:30 - 1:00 PM	Management of Breast Pain Sandhya Pruthi, MD
1:00 -1:10 PM	Q & A
1:10 pm	Adjourn

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Thursday, August 18, 2022

6:30 - 7:00 AM	Breakfast Livestream Begins: 6:45 am
7:00 -7:05 AM	Introduction and Announcements Course Directors
7:05-7:50 AM 7:50 – 8:00 AM	Postural Tachycardia Syndrome: Lessons from an Autonomic Clinic and Beyond Brent Goodman, MD Q & A
8:00-8:30 AM 8:30 – 8:40 AM	Approach to the Patient with "Adrenal Fatigue" Neena Natt, MD Q & A
8:40-9:25 AM 9:25 – 9:35 AM	"My Hormones Are Off..." Richa Sood MD Q & A
9:35-10:05 AM	Break
10:05-10:40 AM 10:40-10:50 AM	Post-COVID Syndrome Nerissa Collins, MD Q & A
10:50 - 11:35 AM 11:35 – 11:45 AM	Chronic Pruritus and Burning Mouth Syndrome Julio C. Sartori Valinotti, MD Q & A
11:45 AM -12:30 PM 12:30 – 12:40 PM	Medically Unexplained Symptoms in Allergy-Immunology Rohit D. Divekar, MBBS, PhD Q & A
12:40 - 1:10 PM	Medically Unexplained Symptoms and Medical Genetics

1:10 – 1:20 PM	Brendan Lanpher, MD Q & A
1:20 pm	Adjourn

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Friday, August 19, 2022

6:30 - 7:00 AM	Breakfast Livestream Begins: 6:45 am
7:00-7:05 AM	Introduction and announcements Course Directors
7:05-7:50 AM	Evaluation of Thyroid Hormones: Myths, Truths, and In-Between Mabel Ryder, MD
7:50 – 8:00 AM	Q & A
8:00-8:45 AM	Medically Unexplained Symptoms and Mental Health Kristin Vickers, PhD, LP
8:45 – 8:55 AM	Q & A
8:55 - 9:25 AM	Chronic Paresthesia Sarah Berini, MD
9:25 – 9:35 AM	Q & A
9:35-10:05 AM	Break
10:05 - 10:50 AM	Chronic Fatigue Syndrome Ravindra Ganesh, MBBS, MD
10:50 – 11:00 AM	Q & A
11:00-11:45 AM	Cognitive Behavioral Therapy Kristin Vickers, PhD, LP
11:45 – 11:55 AM	Q & A
11:55 AM -12:55 PM	Stress Management & Resiliency Debbie Fuehrer, LPCC
12:55 – 1:05 PM	Q & A
1:05 pm	Adjourn

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Saturday, August 20, 2022

6:30 - 7:00 AM	Breakfast Livestream Begins: 6:45 am
7:00-7:05 AM	Introduction and announcements Course Directors
7:05-7:35 AM	Chronic Daily Headache Narayan Kissoon, MD
7:35 – 7:45 AM	Q & A
7:45 – 8:30 AM	Unexplained Chronic Cough Vivek Iyer, MD
8:30 – 8:40 AM	Q & A
8:40 - 9:25 AM	Mayo Clinic Approach to Chronic Gastrointestinal Symptoms Amindra S. Arora, MBBChir
9:25 – 9:35 AM	Q & A
9:35 - 10:05 AM	Pharmacogenomics and Polypharmacy Eric Matey, PharmD
10:05 – 10:15 AM	Q & A
10:15-10:45 AM	Break
10:45 - 11:15 AM	Approaching patients with cultural differences Trevanne Matthews Hew, MBBS
11:15 – 11:25 AM	Q & A
11:25 - 12:10 PM	Physician Well-Being: From Burnout to Thriving in Modern Medicine Colin West, MD, PhD
12:10 – 12:20 PM	Q & A
12:20 -1:05 PM	Communication Struggles and Strategies Arya Mohabbat, MD, Sanjeev Nanda, MD, Elizabeth Wight, MD

1:05 pm	Adjourn