



Comprehensive Sports Medicine Update and Board Review Course
June 22-25, 2022

| Wednesday, June 22, 2022 | |
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| 7:00 AM | Registration and Continental Breakfast |
| 8:00 AM | Introduction <i>Kristina (Kristi) M. Colbenson, M.D. and Elena (Ellie) Jelsing, M.D.</i> |
| 8:10 AM | Role of the Team Physician <i>Ellie Jelsing, M.D.</i> |
| 8:30 AM | Questions and Answers <i>Ellie Jelsing, M.D.</i> |
| 8:35 AM | Exercise Physiology <i>Jonathan Finnoff, D.O.</i> |
| 9:10 AM | Questions and Answers <i>Jonathan Finnoff, D.O.</i> |
| 9:15 AM | Biomechanics <i>Aaron Hellem, P.T., D.P.T., SCS</i> |
| 9:40 AM | Questions and Answers <i>Aaron Hellem, P.T., D.P.T., SCS</i> |
| 9:45 AM | Pharmacology and Doping in Sports Medicine <i>Jeff Tanji, M.D.</i> |
| 10:15 AM | Questions and Answers <i>Jeff Tanji, M.D.</i> |
| 10:20 AM | Break |
| 10:35 AM | Principles of Musculoskeletal Rehabilitation <i>Jacob Sellon, M.D.</i> |
| 10:55 AM | Questions and Answers <i>Jacob Sellon, M.D.</i> |
| 11:00 AM | Sports Medicine Procedures <i>Jonathan Finnoff, D.O.</i> |
| 11:20 AM | Questions and Answers <i>Jonathan Finnoff, D.O.</i> |
| 11:25 AM | The Paralympic/Adaptive Athlete <i>Jason De Luigi, D.O., M.H.A.</i> |
| 11:55 AM | Questions and Answers <i>Jason De Luigi, D.O., M.H.A.</i> |
| 12:00 PM | Braces and Protective Equipment <i>Jonathan Finnoff, D.O.</i> |
| 12:20 PM | Questions and Answers <i>Jonathan Finnoff, D.O.</i> |
| 12:25 PM | Lunch |
| 1:15 PM | Pre-Participation Examination <i>Jeff Tanji, M.D.</i> |
| 2:05 PM | Questions and Answers <i>Jeff Tanji, M.D.</i> |
| 2:10 PM | Conditioning and Training Techniques <i>Jonathan Finnoff, D.O.</i> |
| 2:40 PM | Questions and Answers <i>Jonathan Finnoff, D.O.</i> |
| 2:45 PM | Exercise Screening, Testing and Prescription <i>Jeff Tanji, M.D.</i> |
| 3:10 PM | Questions and Answers <i>Jeff Tanji, M.D.</i> |
| 3:15 PM | Bone Injuries and Conditions |

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| | <i>Jason De Luigi, D.O., M.H.A.</i> |
| 3:35 PM | Question and Answers <i>Jason De Luigi, D.O., M.H.A.</i> |
| 3:40 PM | Break |
| 3:55 PM | Muscle and Tendon Injuries and Conditions <i>Jacob Sellon, M.D.</i> |
| 4:20 PM | Question and Answers <i>Jacob Sellon, M.D.</i> |
| 4:25 PM | Cartilage and Joint Injuries and Conditions <i>Jason De Luigi, D.O., M.H.A.</i> |
| 4:45 PM | Question and Answers <i>Jason De Luigi, D.O., M.H.A.</i> |
| 4:50 PM | Event Administration <i>Jacob Sellon, M.D.</i> |
| 5:20 PM | Questions and Answers <i>Jacob Sellon, M.D.</i> |
| 5:25 PM | Fractures and Dislocation Management <i>Jason De Luigi, D.O., M.H.A.</i> |
| 5:45 PM | Question and Answers <i>Jason De Luigi, D.O., M.H.A.</i> |
| 5:50 PM | Adjourn |

| Thursday, June 23, 2022 | |
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| 7:00 AM | Registration and Continental Breakfast |
| 8:00 AM | The Pediatric Athlete <i>David Soma, M.D.</i> |
| 8:35 AM | Question and Answers <i>David Soma, M.D.</i> |
| 8:40 AM | Shoulder Injuries and Conditions <i>Brennan Boettcher, D.O.</i> |
| 9:35 AM | Question and Answers <i>Brennan Boettcher, D.O.</i> |
| 9:40 AM | Elbow and Forearm Injuries and Conditions <i>David Soma, M.D.</i> |
| 10:15 AM | Question and Answers <i>David Soma, M.D.</i> |
| 10:20 AM | Break |
| 10:35 AM | Wrist and Hand Injuries and Conditions <i>Ryan Kruse, M.D.</i> |
| 11:25 AM | Question and Answers <i>Ryan Kruse, M.D.</i> |
| 11:30 AM | Pediatric Musculoskeletal Injuries and Conditions <i>David Soma, M.D.</i> |
| 12:05 PM | Question and Answers <i>David Soma, M.D.</i> |
| 12:10 PM | Lunch |
| 1:00 PM | Pelvis, Hip and Thigh Injuries and Conditions <i>Ryan Kruse, M.D.</i> |
| 1:55 PM | Question and Answers <i>Ryan Kruse, M.D.</i> |

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| 2:00 PM | Knee Injuries and Conditions <i>Michael Stuart, M.D.</i> |
| 2:50 PM | Question and Answers <i>Michael Stuart, M.D.</i> |
| 2:55 PM | Break |
| 3:10 PM | Eye Injuries and Conditions <i>Kristi Colbenson, M.D.</i> |
| 3:40 PM | Question and Answers <i>Kristi Colbenson, M.D.</i> |
| 3:45 PM | Leg, Ankle, and Foot Injuries and Conditions <i>Ryan Kruse, M.D.</i> |
| 4:50 PM | Question and Answers <i>Ryan Kruse, M.D.</i> |
| 4:55 PM | Head, Ears, Nose and Throat Injuries and Conditions <i>Kristi Colbenson, M.D.</i> |
| 5:25 PM | Question and Answers <i>Kristi Colbenson, M.D.</i> |
| 5:30 PM | Adjourn |

| Friday, June 24, 2022 | |
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| 6:30 AM | Registration and Continental Breakfast |
| 7:30 AM | Lumbar Spine Injuries and Conditions <i>Jeffrey M. Payne, M.D.</i> |
| 8:00 AM | Question and Answers <i>Jeffrey M. Payne, M.D.</i> |
| 8:05 AM | Sports Dermatology <i>Jennifer Maynard, M.D.</i> |
| 8:30 AM | Question and Answers <i>Jennifer Maynard, M.D.</i> |
| 8:35 AM | Cervical Spine Injuries and Conditions <i>Jeffrey M. Payne, M.D.</i> |
| 9:15 AM | Question and Answers <i>Jeffrey M. Payne, M.D.</i> |
| 9:20 AM | Sports Neurology <i>Shelby Johnson, M.D.</i> |
| 10:00 AM | Question and Answers <i>Shelby Johnson, M.D.</i> |
| 10:05 AM | Break |
| 10:20 AM | Sports Psychology <i>Justin Anderson, Psy.D., LP</i> |
| 10:50 AM | Question and Answers <i>Justin Anderson, Psy.D., LP</i> |
| 10:55 AM | Neurovascular Injuries of the Upper and Lower Extremities <i>Brennan Boettcher, D.O.</i> |
| 11:55 AM | Question and Answers <i>Brennan Boettcher, D.O.</i> |
| 12:00 PM | Lunch |
| 12:50 PM | Sports Cardiology <i>David Liddle, M.D.</i> |

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| 1:45 PM | Question and Answers <i>David Liddle, M.D.</i> |
| 1:50 PM | Sports Pulmonology <i>Jennifer Maynard, M.D.</i> |
| 2:20 PM | Question and Answers <i>Jennifer Maynard, M.D.</i> |
| 2:25 PM | Sports Gastroenterology <i>David Liddle, M.D.</i> |
| 2:45 PM | Question and Answers <i>David Liddle, M.D.</i> |
| 2:50 PM | Break |
| 3:05 PM | Abdominal Injuries and Conditions <i>Kristi Colbenson, M.D.</i> |
| 3:35 PM | Question and Answers <i>Kristi Colbenson, M.D.</i> |
| 3:40 PM | Sports Endocrinology <i>Neha P. Raukar, M.D., M.S.</i> |
| 4:10 PM | Question and Answer <i>Neha P. Raukar, M.D., M.S.</i> |
| 4:15 PM | Thoracic Injuries and Conditions <i>Kristi Colbenson, M.D.</i> |
| 4:45 PM | Question and Answer <i>Kristi Colbenson, M.D.</i> |
| 4:50 PM | Sports Nephrology and Urology <i>David Liddle, M.D.</i> |
| 5:15 PM | Question and Answers <i>David Liddle, M.D.</i> |
| 5:20 PM | Adjourn |

| Saturday, June 25, 2022 | |
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| 6:30 AM | Registration and Continental Breakfast |
| 7:30 AM | Environmental Illness and Exertional Rhabdomyolysis <i>Francis O'Connor, M.D.</i> |
| 8:50 AM | Question and Answers <i>Francis O'Connor, M.D.</i> |
| 8:55 AM | Sports Hematology <i>Marci Goolsby, M.D.</i> |
| 9:20 AM | Question and Answers <i>Marci Goolsby, M.D.</i> |
| 9:25 AM | Exercise Associated Collapse <i>Francis O'Connor, M.D.</i> |
| 9:50 AM | Question and Answers <i>Francis O'Connor, M.D.</i> |
| 9:55 AM | Break |
| 10:10 AM | Sports Obstetrics and Gynecology <i>Neha P. Raukar, M.D., M.S.</i> |
| 10:35 AM | Question and Answer <i>Neha P. Raukar, M.D., M.S.</i> |

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| 10:40 AM | Nutrition <i>Luke Corey, RDN</i> |
| 11:10 AM | Question and Answers <i>Luke Corey, RDN</i> |
| 11:15 AM | Sports Allergy and Immunology <i>Marci Goolsby, M.D.</i> |
| 11:35 AM | Question and Answers <i>Marci Goolsby, M.D.</i> |
| 11:40 AM | Sports Rheumatology <i>Francis O'Connor, M.D.</i> |
| 12:15 PM | Question and Answers <i>Francis O'Connor, M.D.</i> |
| 12:20 PM | Lunch |
| 1:10 PM | The Master's Athlete <i>Ellie Jelsing, M.D.</i> |
| 1:35 PM | Question and Answers <i>Ellie Jelsing, M.D.</i> |
| 1:40 PM | Sports Infectious Disease <i>Francis O'Connor, M.D.</i> |
| 2:15 PM | Question and Answers <i>Francis O'Connor, M.D.</i> |
| 2:20 PM | The Female Athlete <i>Marci Goolsby, M.D.</i> |
| 3:00 PM | Question and Answers <i>Marci Goolsby, M.D.</i> |
| 3:05 PM | Closing Comments <i>Kristina (Kristi) M. Colbenson, M.D. and Ellie Jelsing, M.D.</i> |
| 3:10 PM | Adjourn |