

Mayo Clinic Opioid Conference:
Evidence, Clinical Considerations and Best Practice 2022
The Ritz-Carlton Rancho Mirage, Rancho Mirage, CA/LIVESTREAM
September 29-October 1, 2022

Thursday, September 29, 2022	
6:30 a.m.	<i>Registration and Breakfast</i>
7:30 a.m.	Welcome and Course Overview <i>Halena M. Gazelka, M.D., Benjamin Lai, M.B., B.Ch., B.A.O., and Julie L. Cunningham, Pharm.D., R.Ph.</i>
7:40 a.m.	Current State: Guidelines, Regulations, and Recommendations <i>Halena M. Gazelka, M.D.</i>
8:20 a.m.	Pharmacology of Opioids <i>Julie L. Cunningham, Pharm.D., R.Ph.</i>
9:00 a.m.	Tapering Opioids <i>Terrence J. Witt, M.D.</i>
9:40 a.m.	<i>Refreshment Break</i>
9:55 a.m.	NonOpioid Adjuvants <i>James C. Watson, M.D.</i>
10:35 a.m.	Interventional Alternatives for Pain Management <i>Tim J. Lamer, M.D.</i>
11:15 a.m.	Cannabinoids (Virtual) <i>Jon O. Ebbert, M.D.</i>
11:55 a.m.	Legal Implications of Opioid Prescribing <i>Jessica G. Kelly, J.D.</i>
12:35 p.m.	<i>Adjourn</i>

Thursday, September 29, 2022 <i>(Separate registration required)</i>	
OPIOID GUIDELINES: THE GOOD, THE BAD, AND THE UGLY – A PARTICIPATORY WORKSHOP (optional)	
1:00 p.m.	History of the Opioid Epidemic <i>Benjamin Lai, M.B., B.Ch., B.A.O., Frank (Andy) A. Bock, D.O., John M. Wilkinson, M.D.</i>
1:20 p.m.	Case Studies <i>Benjamin Lai, M.B., B.Ch., B.A.O., Frank (Andy) A. Bock, D.O., John M. Wilkinson, M.D.</i>
1:50 p.m.	Debrief <i>Benjamin Lai, M.B., B.Ch., B.A.O., Frank (Andy) A. Bock, D.O., John M. Wilkinson, M.D.</i>
2:10 p.m.	Perceptions of Chronic Pain Patients & Implementing New CDC Guidelines <i>Benjamin Lai, M.B., B.Ch., B.A.O., Frank (Andy) A. Bock, D.O., John M. Wilkinson, M.D.</i>
3:00 p.m.	Closing Remarks <i>Benjamin Lai, M.B., B.Ch., B.A.O.</i>
3:10 p.m.	<i>Adjourn</i>

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Friday, September 30, 2022	
6:30 a.m.	<i>Breakfast</i>
7:30 a.m.	Managing Challenges: Behaviors and Conversations <i>Wesley P. Gilliam, Ph.D., L.P.</i>
8:10 a.m.	Challenging Patient Case Conversations <i>Kimberly (Kim) A. Bremseth, M.S.N., R.N., Julie L. Cunningham, Pharm.D., R.Ph.</i> <i>Halena M. Gazelka, M.D., and Benjamin Lai, M.B., B.Ch., B.A.O.</i>
8:50 a.m.	Pharmacy Pitfalls, Disposal of Opioids, Narcan <i>Kristina L. Westcott, Pharm.D., R.Ph.</i>
9:30 a.m.	Acute Pain Management for the Patient on Chronic Opioids <i>Oludare (Dare) O. Olatoye, M.D.</i>
10:10 a.m.	<i>Refreshment Break</i>
10:25 a.m.	Supplements Commonly Used in Chronic Pain: What's the Evidence? <i>Linda Huang, Pharm.D.</i>
11:05 a.m.	UDT <i>Loralie J. Langman, Ph.D.</i>
11:45 a.m.	Neurobiology of Addiction and Addressing Addiction, including Medically Assisted Therapy <i>Holly L. Geyer, M.D.</i>
12:25 p.m.	<i>Adjourn</i>

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Saturday, October 1, 2022	
6:30 a.m.	<i>Breakfast</i>
7:30 a.m.	Opioids in Medical Illness <i>Jacob J. Strand, M.D.</i>
8:10 a.m.	Opioids and Cancer: Complex Pain Scenarios <i>Molly A. Feely, M.D.</i>
8:50 a.m.	Methadone <i>Jacob J. Strand, M.D.</i>
9:30 a.m.	Opioid Side Effects <i>Molly A. Feely, M.D.</i>
10:10 a.m.	<i>Refreshment Break</i>
10:25 a.m.	CAREFUL: Teamwork in Managing Patients on Chronic Opioid Therapy <i>Kimberly (Kim) A. Bremseth, M.S.N., R.N. and Benjamin Lai, M.B., B.Ch., B.A.O.</i>
11:05 a.m.	Using Opioids in Older Adults <i>Daniel E. Sanchez Pellecer, M.D.</i>
11:45 a.m.	Buprenorphine: For Pain or Addiction <i>Benjamin Lai, M.B., B.Ch., B.A.O. and Halena M. Gazelka, M.D.</i>
12:25 p.m.	<i>Adjourn</i>