

GRIT for Women in Medicine: Growth, Resilience, Inspiration & Tenacity 2022

Program Schedule

Thursday - Growth & Development	
Time	Event
6:30 a.m.	Registration & Breakfast
7:30 a.m.	GRIT 2022 Welcome <i>Anjali Bhagra, M.D.</i> <i>Susan M. Moeschler, M.D.</i>
7:45 a.m.	Keynote: Finding Meaning in Medicine & Our Lives <i>Annie T. Sadosty, M.D.</i>
8:30 a.m.	Question & Answer <i>Annie T. Sadosty, M.D.</i>
8:45 a.m.	Adapting in the Digital Age (Innovation, Disruption & Digital Transformation) <i>Shauna M. Overgaard, Ph.D.</i>
9:30 a.m.	Question & Answer <i>Shauna M. Overgaard, Ph.D.</i>
9:45 a.m.	Refreshment Break / Poster Presentations <i>Moderators: Erin Barreto, Pharm.D. & Alice Gallo De Moraes, M.D.</i>
10:15 a.m.	Effective Communication and Presence <i>Carrie A. Thompson, M.D.</i>
10:45 a.m.	Emotional Intelligence <i>Stephanie G. Vanterpool, M.D., M.B.A.</i> <i>The University of Tennessee</i>
11:15 a.m.	Question & Answer <i>Carrie A. Thompson, M.D.</i> <i>Stephanie G. Vanterpool, M.D., M.B.A.</i>
11:30 a.m.	Stories of GRIT <i>Angela M. Donaldson, M.D.</i> <i>Young M. Erben, M.D.</i>
12:15 p.m.	Morning session ends

Thursday – Afternoon Workshops	
Time	Event
12:15 p.m.	Attendee Lunch
1:00 p.m. – 3:15 p.m.	Concurrent Workshops Prioritizing Well-Being, Reflecting and Activating <i>Kristin S. Vickers, Ph.D., L.P & Kristin J. Somers, M.D.</i> General Session Room - Livestreamed Creating an Elevator Pitch <i>Heidi L. Dieter & Neha P. Raukar, M.D., M.S.</i> Breakout Room – Live Only Addressing Patient Bias <i>Katharine A. Price, M.D. & Catherine W. Njathi-Ori, M.D.</i> Breakout Room – Live Only Creating & Elevating Your Social Media Presence <i>Emily E. Sharpe, M.D. & Amy Pearson, M.D., FASA</i> Breakout Room – Live Only
3:15 p.m.	Day Adjourns
	Networking Reception

Friday - Diversity, Equity & Inclusion	
Time	Event
6:30 a.m.	Breakfast
7:00 a.m.	Breakfast with the Experts
7:30 a.m.	Recruiting and Retaining a Diverse Workforce <i>Britany J. McElroy, M.H.A.</i>
8:00 a.m.	MVP of Global Health <i>Alyssa B. Chapital, M.D., Ph.D.</i>
8:30 a.m.	Question & Answer <i>Britany J. McElroy, M.H.A.</i> <i>Alyssa B. Chapital, M.D., Ph.D.</i>
8:45 a.m.	Panel Discussion: Creating a Culture of Advocacy and Leadership <i>Molly A. Feely, M.D.</i> <i>Caroline J. Davidge-Pitts, M.B., B.Ch.</i> <i>Nouran Felo, M.D.</i>
9:30 a.m.	Question & Answer <i>Molly A. Feely, M.D.</i> <i>Caroline J. Davidge-Pitts, M.B., B.Ch.</i> <i>Nouran Felo, M.D.</i>
9:45 a.m.	Refreshment Break & Poster Presentations <i>Moderators: Erin Barreto, Pharm.D. & Alice Gallo De Moraes, M.D.</i>
10:30 a.m.	Masterfully Navigating Change in Challenging Times <i>Prathibha Varkey, M.B.B.S., M.B.A.</i>
11:00 a.m.	Question & Answer <i>Prathibha Varkey, M.B.B.S., M.B.A.</i>
11:15 a.m.	Panel Discussion: Men as Allies <i>Matt R. Callstrom, M.D., Ph.D.</i> <i>Charanjit S. Rihal, M.D.</i> <i>Doug A. Simonetto, M.D.</i> <i>Bradley C. Leibovich, M.D.</i> <i>Moderator: Mark Shapiro, M.D. – Santa Rosa Memorial Hospital</i>
12:00 p.m.	Question & Answer <i>Matt R. Callstrom, M.D., Ph.D.</i> <i>Charanjit S. Rihal, M.D.</i> <i>Doug A. Simonetto, M.D.</i> <i>Bradley C. Leibovich, M.D.</i> <i>Mark Shapiro, M.D.</i>
12:15 p.m.	Morning session ends

Friday – Afternoon Workshops	
Time	Event
12:15 p.m.	Attendee Lunch
1:00 p.m. – 3:15 p.m.	Concurrent Workshops Addressing Patient Bias <i>Katherine A. Price, M.D. & Catherine W. Njathi-Ori, M.D.</i> General Session Room – Livestreamed Creating an Elevator Pitch <i>Heidi L. Dieter & Neha P. Raukar, M.D., M.S.</i> Breakout Room #1 – Live Only Prioritizing Well-Being, Reflecting and Activating <i>Kristin S. Vickers, Ph.D., L.P & Kristin J. Somers, M.D.</i> Breakout Room #2 – Live Only Creating & Elevating Your Social Media Presence <i>Emily E. Sharpe, M.D. & Amy Pearson, M.D., FASA</i> Breakout Room #3 – Live Only
3:15 p.m.	Day Adjourns

Saturday - Inspiration & Tenacity	
Time	Event
6:00 a.m.	AM Meditation - TBD
6:30 a.m.	Breakfast
7:00 a.m.	Breakfast with the Experts
7:30 a.m.	Developing a Strategic Approach to Risk Taking and Performance <i>Karthik Ghosh, M.D.</i> <i>Erin M. Pagel, M.S.</i>
8:00 a.m.	Essentials of Personal Finance Management <i>Stacy Beal, M.D.</i> <i>University of Florida</i>
8:30 a.m.	Question & Answer <i>Karthik Ghosh, M.D.</i> <i>Erin M. Pagel, M.S.</i> <i>Stacy Beal, M.D.</i>
8:45 a.m.	Feedback as a Developmental Tool <i>Sandra (Sandy) L. Kopp, M.D.</i>
9:15 a.m.	Coaching for Success <i>Melinda (Mindy) S. Gillis</i> <i>Ji Yun Kang, Ph.D.</i>
9:45 a.m.	Question & Answer <i>Sandra (Sandy) L. Kopp, M.D.</i> <i>Melinda (Mindy) S. Gillis</i> <i>Ji Yun Kang, Ph.D.</i>
10:00 a.m.	Refreshment Break / Poster Viewing
10:15 a.m.	Managing Time <i>Peace N. Eneh, M.D., M.P.H.</i> <i>Julie K. Heimbach, M.D.</i> <i>Dawn M. Mussallem, D.O.</i> <i>Kristen M. Scheitler, M.D.</i>
11:00 a.m.	Question & Answer <i>Peace N. Eneh, M.D., M.P.H.</i> <i>Julie K. Heimbach, M.D.</i> <i>Dawn M. Mussallem, D.O.</i> <i>Kristen M. Scheitler, M.D.</i>
11:15 a.m.	Leadership Styles <i>Devyani Lal, M.D.</i>

11:45 a.m.	Effective Mentorship and Sponsorship <i>Jasmine Marcelin, M.D.</i> <i>University of Nebraska</i>
12:15 p.m.	Question & Answer <i>Devyani Lal, M.D.</i> <i>Jasmine Marcelin, M.D.</i>
12:30 p.m.	Closing Remarks <i>Anjali Bhagra, M.D.</i> <i>Susan M. Moeschler, M.D.</i>
12:45 p.m.	Course Adjourns